



2025-2026 Sacred Heart Upper School Uniform Requirements

Flynn O'Hara: (800) 441-4122 – www.flynnohara.com

Lands' End: (800) 469-2222 – www.landsend.com

Sacred Heart Bookstore: (203) 532-3538 – www.shgreenwich.org

The Sacred Heart Greenwich dress code refers not only to wearing the specified attire, but also to looking neat and well groomed. The following dress code regulations apply from 8:25 a.m. to 3:25 p.m. and at school-sponsored events. Any teacher or administrator at Sacred Heart Greenwich has the right and responsibility to monitor and enforce uniform requirements and inform the Assistant Head of US for Student Life of any infraction. The Assistant Head may refer chronic uniform infractions to the Head of Upper School. Success of the dress code calls for the cooperation of students, parents, and teachers.

Daily Uniform:

Bottoms:

- **Upper School (Skirt):** Black Watch plaid kilt. Kilts must be an appropriate length. The kilts can be purchased from Flynn O'Hara or Lands' End.
 - Skirts are required to be no higher than 4 inches above the knee
- **The following are permitted to be worn under skirts**
 - Shorts or spandex may be worn under skirts but may not be visible
 - Tights: Plain navy blue, black, or white.
 - Leggings: Plain black or navy blue ankle-length leggings may be worn. No logos or designs are permitted except for school name or logo. **No flared leggings or sweatpants are allowed under the uniform skirt.**
- **Pants:** Navy blue uniform pants may be worn. The pants are available from both uniform vendors listed above and are the only pants accepted as part of the school uniform.

Tops: All approved tops included below must have a Sacred Heart logo, except for the turtleneck.

- **Polo Shirt:** White, navy blue, or hunter green polo shirt with the school logo. Polos must be purchased from either Lands' End or the Sacred Heart Bookstore (limited stock available in the Bookstore).
- **Turtlenecks:** White, navy blue, or hunter green.
 - Please note: cowl necks, oversized shirts, and ribbed turtlenecks are not permitted.
- **Sweater:** Cardigan or crew neck sweater with the school logo.
 - Please note: a polo shirt or turtleneck must be worn underneath the uniform-approved sweater
- **Sweatshirts:** Any Sacred Heart sweatshirt purchased through the school may be worn with the uniform except on Dress Uniform days. The sweatshirt should not be altered in any way and must be worn right side out. The fleece jacket purchased through the school with the school logo is also acceptable.
 - Please note: a polo shirt or turtleneck must be worn underneath the uniform-approved sweatshirt or fleece
- **Long-Sleeve T-Shirt:** Any long sleeve t-shirt, purchased through the school, with the school logo. Available for purchase through the Sacred Heart Bookstore.
 - Please note: a polo shirt or turtleneck must be worn underneath the uniform-approved long-sleeve t-shirt

Shoes/Socks:

- **Shoes:** Athletic sneakers. No boots, moccasins, slippers, or backless shoes.
- **Socks:** Any color ankle or no-show sock; white or navy athletic or knee sock; any school logo socks purchased through the school bookstore.

Dress Uniform:

Students will be notified in advance of when they will need to be in dress uniform. The dress uniform includes the following:

- **Bottom:** Black Watch plaid kilt
- **Top:** White short- or long-sleeve polo shirt with the school logo.
- **Optional:** Navy cardigan, crewneck, or ¼ zip-up navy sweatshirt or navy fleece with the school logo.

Jewelry/Accessories:

- Jewelry in good taste; no jewelry that causes distraction to others.
- No piercing of the tongue or of visible body parts except limited piercing of the ears.
- No hats, scarves, bandanas, sunglasses, or other such accessories are permitted.

Appearance:

- No visible tattoos.
- No non-conventional hair colors.

Senior Uniform Privileges:

- Seniors may wear their class rugby shirts.
- Seniors may wear a polo shirt of their class color.
- Seniors may wear college sweatshirts of any college to which they have been accepted, starting in January. Long or short-sleeve college t-shirts are acceptable with a school polo underneath.

Enforcement:

- Any student not in proper uniform will receive a warning and an email will be sent home. After three warnings, a student will receive detention. Chronic violations of the uniform requirements will result in more serious disciplinary action.

Non-Uniform Days:

Students are expected to present a neat appearance and adhere to the following guidelines on non-uniform or “civvies days.” If necessary, the Assistant Head of Upper School for Student Life or any Faculty member may request a student change into appropriate dress.

- No short skirts, tank tops, halter or strapless tops or dresses.
- No t-shirts with offensive wording or pictures as deemed by the Dean of Students/Faculty.
- No shirts that expose the midriff area or display cleavage.
- No flip-flops or slippers.
- Students will be expected to be in appropriate dress for special events.