



Tomball ISD School Health Advisory Council

May 12, 2025

Meeting Dates



October 8, 2024

3:30 P.M. – 4:30 P.M.

December 10, 2024

3:30 P.M. – 4:30 P.M.

February 11, 2025

3:30 P.M. – 4:30 P.M.

April 15, 2025

3:30 P.M. – 4:30 P.M.



SHAC Members 2024-2025

Parents

Monique Bennett
Jennifer Conner
Lorrie Goudek
David Grimme
Lacie Housel
Beth Isernhagen
Leslie Johnson
Shannon Lewis
Rebecca Masciola
Jocelyn Ray
Michelle Redd
Mark Segaloff
Allison Turner
Janice Wagoner

Staff

Karen Graves
Cathy Pool
Whitney Johnson
Bob Thompson
Steven Shiels
Bliss Bailey
Kevin Flanigan



2024-2025 Officers

- Leslie Johnson: Parent Co-Chair
- Jocelyn Ray: Parent Co-Chair
- Eric Zwerneman: Secretary



BDF(LEGAL)



In addition to its other duties, the SHAC shall submit to the board, at least annually, a written report that includes:

1. Any SHAC recommendation concerning the district's health education curriculum and instruction or related matters that the SHAC has not previously submitted to the board;
2. Any suggested modification to a SHAC recommendation previously submitted to the board;
3. A detailed explanation of the SHAC's activities during the period between the date of the current report and the date of the last prior written report; and
4. Any recommendations made by the physical activity and fitness planning subcommittee
5. The manner of communicating to the public applicable information about the District's wellness policy and plan.

Education Code 28.004(m)



October Meeting



- Presentation from Harris County Public Health (HCPH)
 - Area health resources
- SHAC overview for new members
 - Review of by-laws, guidelines and role of members
- Officer Nominations
 - Parent Co-Chairs and Secretary
- Hope Squad updates:
 - 75 students participating across 3 high schools



Hope Squad - In December ...



End the semester with



“ENCOURAGE-MINT”



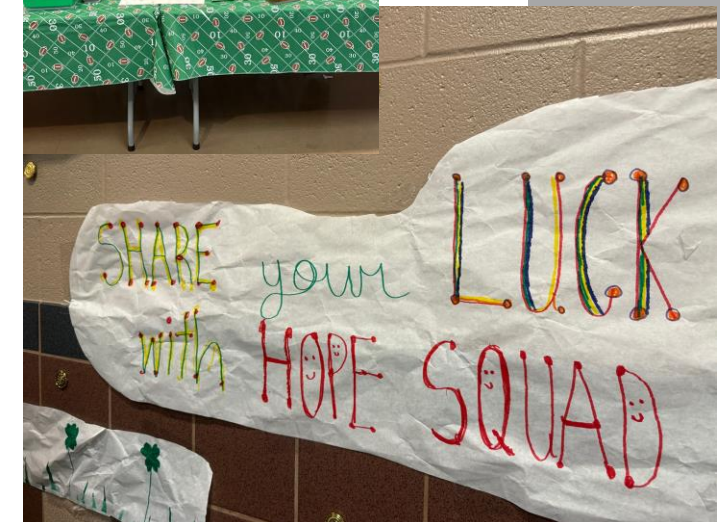
Hope Squad - March Connections Week

This activity promoted THS as all connected as we had students write what they are lucky for!

Dress Up Days

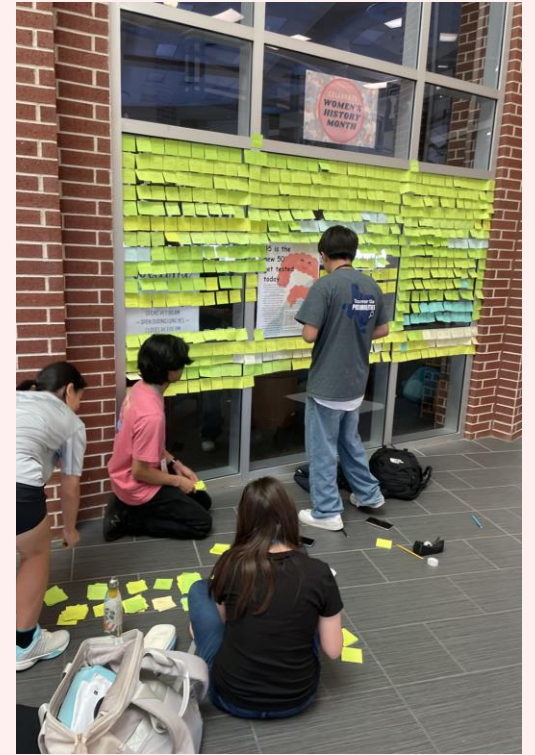


Chain Connections



Hope Squad Sticky Note Wall

Hope Squad members wrote an
encouraging note for EVERY
student in the school!



December Meeting



- Officer Elections
- Quaver Ready Discussion for new chapter (lesson 29 – 1st and 4th grade)
 - Lessons address child abuse/victimization and are intended for small counseling groups
 - SHAC recommended a pilot at one campus first but found the lessons age-appropriate and relevant
- Department updates
 - Health Services; Child Nutrition; Athletics



February Meeting



- Student Attendance Presentation by Mark White
- Committee discussed exam exemption waivers and learned about the process in place at the high schools
- Members reviewed Council on Recovery- Positive Action Curriculum
 - Determined curriculum was age-appropriate and relevant
- Physical Fitness Subcommittee asked about ensuring recess equipment would be available at the new intermediate school



April Meeting



- Department updates
 - Fun Run (1250 participants)
 - Nutrition legislation updates
- Discussion of Board Presentation for May
- Membership discussion per by-laws
 - 3-year term limit for members



Thank You



- Recognition of departing members who have served 3 years
 - Beth Isernhagen
 - David Grimme
 - Monique Bennett
 - Leslie Johnson
 - Rebecca Masciola
 - Jennifer Conner
 - Janice Wagoner
 - Mark Segaloff
 - Allison Turner
 - Lorrie Goudeket



Recommendations



- SHAC approves counselor continued use of Quaver Ready anti-victimization units and Council on Recovery lessons for small groups
- SHAC recommends continued use of exam exemption waiver process in order to ensure students who are too sick to come to school or have chronic illnesses are encouraged to stay home when appropriate
- SHAC recommends continued support for Hope Squad program
- SHAC continues to encourage the District and campuses to find ways to educate students and families regarding healthy sleep habits



Questions?
Comments?

