

# June 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	No SAC This week	No SAC This week	No SAC This week	No SAC This week		
8	9	10	11	12	13	14
	SAC at High School Grades 9-12 from 7-9am, Grades 7 & 8 from 9-11am	SAC at High School Grades 9-12 from 7-9am, Grades 7 & 8 from 9-11am	SAC at High School Grades 9-12 from 7-9am, Grades 7 & 8 from 9-11am	SAC at High School Grades 9-12 from 7-9am, Grades 7 & 8 from 9-11am		
15	16	17	18	19	20	21
	SAC at High School Grades 9-12 from 7-9am, Grades 7 & 8 from 9-11am	SAC at High School Grades 9-12 from 7-9am, Grades 7 & 8 from 9-11am	SAC at High School Grades 9-12 from 7-9am, Grades 7 & 8 from 9-11am	SAC at High School Grades 9-12 from 7-9am, Grades 7 & 8 from 9-11am		
22	23	24	25	26	27	28
	SAC at High School Grades 9-12 from 7-9am, Grades 7 & 8 from 9-11am	SAC at High School Grades 9-12 from 7-9am, Grades 7 & 8 from 9-11am	SAC at High School Grades 9-12 from 7-9am, Grades 7 & 8 from 9-11am	SAC at High School Grades 9-12 from 7-9am, Grades 7 & 8 from 9-11am		
29	30	1	2	3	4	5
6	7	NOTES		<b>SAC = strength and conditioning. We will also be doing sport specific activities.</b>		

# July 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	1	2	3	4	5
	No SAC This week	No SAC This week	No SAC This week	No SAC This week		
6	7	8	9	10	11	12
	SAC at High School Grades 9-12 from 7-9am, Grades 7 & 8 from 9-11am	SAC at High School Grades 9-12 from 7-9am, Grades 7 & 8 from 9-11am	SAC at High School Grades 9-12 from 7-9am, Grades 7 & 8 from 9-11am	SAC at High School Grades 9-12 from 7-9am, Grades 7 & 8 from 9-11am		
13	14	15	16	17	18	19
	SAC at High School Grades 9-12 from 7-9am, Grades 7 & 8 from 9-11am	SAC at High School Grades 9-12 from 7-9am, Grades 7 & 8 from 9-11am	SAC at High School Grades 9-12 from 7-9am, Grades 7 & 8 from 9-11am	SAC at High School Grades 9-12 from 7-9am, Grades 7 & 8 from 9-11am		
20	21	22	23	24	25	26
	No SAC This week	No SAC This week	No SAC This week	No SAC This week		
27	28	29	30	31	1	2
	SAC at High School Grades 9-12 from 7-9am, Grades 7 & 8 from 9-11am	SAC at High School Grades 9-12 from 7-9am, Grades 7 & 8 from 9-11am	SAC at High School Grades 9-12 from 7-9am, Grades 7 & 8 from 9-11am	SAC at High School Grades 9-12 from 7-9am, Grades 7 & 8 from 9-11am		
3	4	NOTES		<b>SAC = strength and conditioning. We will also be doing sport specific activities.</b>		
	FIRST DAY OF High School FOOTBALL PRACTICE					