

A Beginner's Guide to School Lunch

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Assistant Superintendent for Business



Information on Lunch/Recess



- Students will have lunch in the cafeteria.
- Students can bring lunch from home or lunch can be purchased through our food service for \$3.00 in grades K-4 and \$3.20 for grades 5-12.
- ALL K-4 MEALS PROVIDED BY THE SCHOOL MUST BE PRE-ORDERED through FDMealPlanner.
- The class stays together during the lunch/recess period.
- We will be using our entire school grounds to provide opportunities for play and activities.



More Information on Lunch/Recess

- If your child has food allergies, information regarding the allergies must be sent to the school nurse.
- All food allergy information is shared by secure data transfer with the kitchen staff.
- Kitchen staff checks what you ordered against the recipes for the food offered to ensure your child does not consume allergens.
- You can view the ingredients and filter offerings to delete certain ingredients such as gluten, nuts and dairy from the menus you view on FDMealPlanner.



Meals pre-paid through MySchoolBucks

The screenshot shows the Plainview-Old Bethpage Central School District website. At the top, there is a dark blue header with the district's logo on the left, the name "PLAINVIEW-OLD BETHPAGE CENTRAL SCHOOL DISTRICT" and the tagline "Excellence in Education" in the center, and a "Translate" button and a "Search POB Schools" search bar on the right. Below the header is a large banner image of a graduation ceremony at John F. Kennedy High School. Overlaid on the bottom half of the banner is a white box for the "MY SCHOOL BUCKS" program. The box features the text "School payments made easy" and "From the cafeteria to the classroom, pay anytime, anywhere from your mobile phone or computer." It includes buttons for "Sign Up Free" and "Download App". A green arrow points from the text "Click on the Click on: \$ symbol 'My School Bucks'" to the "\$" icon in the right-hand navigation menu of the website. The navigation menu includes links for Schools, Calendar, My School Bucks, Portal, School Lunch Menu, and Staff Directory. At the bottom of the website, there are links for "OUR DISTRICT", "LIES", and "ATHLETICS".

Find your child's student ID number on the [Infinite campus parent portal](#) and click on the Click on:

\$ symbol "My School Bucks" on the district website:

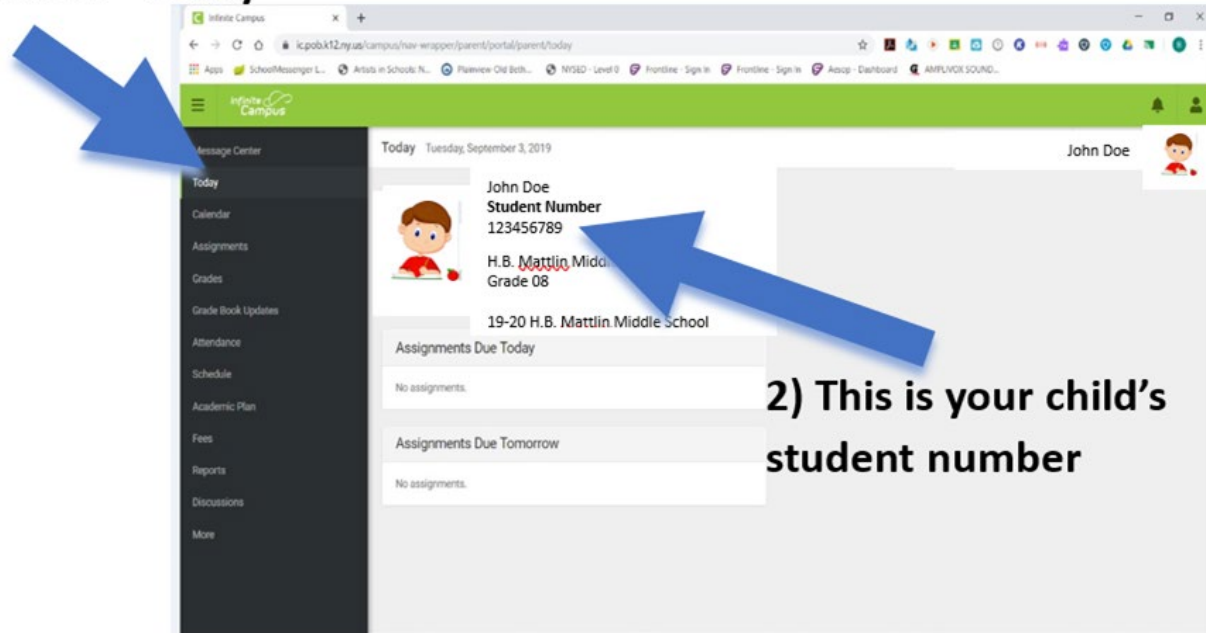
www.pobschools.org

Sign up for [MySchoolBucks!](#)

How to find your child's Student ID# and sign up for MySchoolBucks:

- 1) Log onto the [Infinite Campus Parent Portal](#)
- 2) Click on "Today" and you will see your child's student number next to their picture

1) Click on "Today"



2) This is your child's student number

Signing up for MySchoolBucks

After you choose New York, you will choose Plainview-Old Bethpage CSD from the drop-down menu

MY SCHOOL BUCKS

English Help Guest

Sign Up HOME SIGN UP

Sign Up

Search for your district by state or province

New York

Plainview-Old Bethpage CSD

Panama Central School
PARISHVILLE HOPKINTON CEN
PATCHOGUE MEDFORD UFSD
Pavilion Central School
Pawling Central School District
Pearl River Union Free School District
Peekskill City School District
Pelham UFSD
Pembroke Central School District
Penn Yan Central School District
Perry Central School
Peru Central School District
Phelps - Clifton Springs Central S.D.
Pine Bush CSD
Pine Plains Central School District
Pine Valley Central School
Pioneer Central School District
Pittsford Central Schools
Plainedge Union Free School

Plainview-Old Bethpage CSD

Heartland

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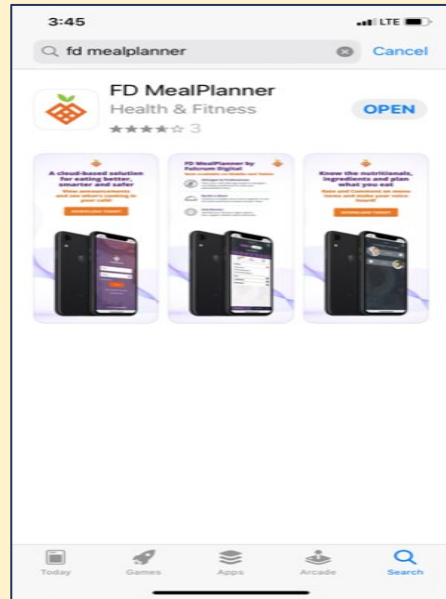
Available on the App Store GET IT ON Google Play

Social

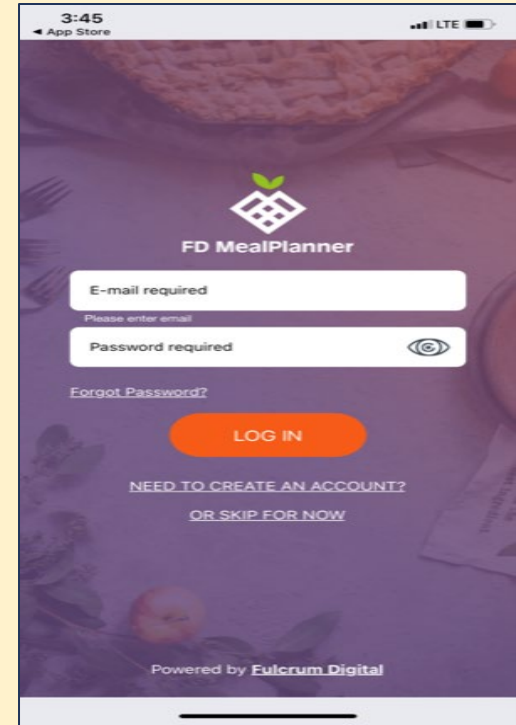
Continue to follow the prompts and remember to have your child's student ID # handy. You can find this on your child's [Infinite Campus Parent Portal](#).

How do we order meals using FD MealPlanner?

On your computer, go to fdmealplanner.com and follow the prompts -or- on your phone's App Store and search for "FDMealPlanner"

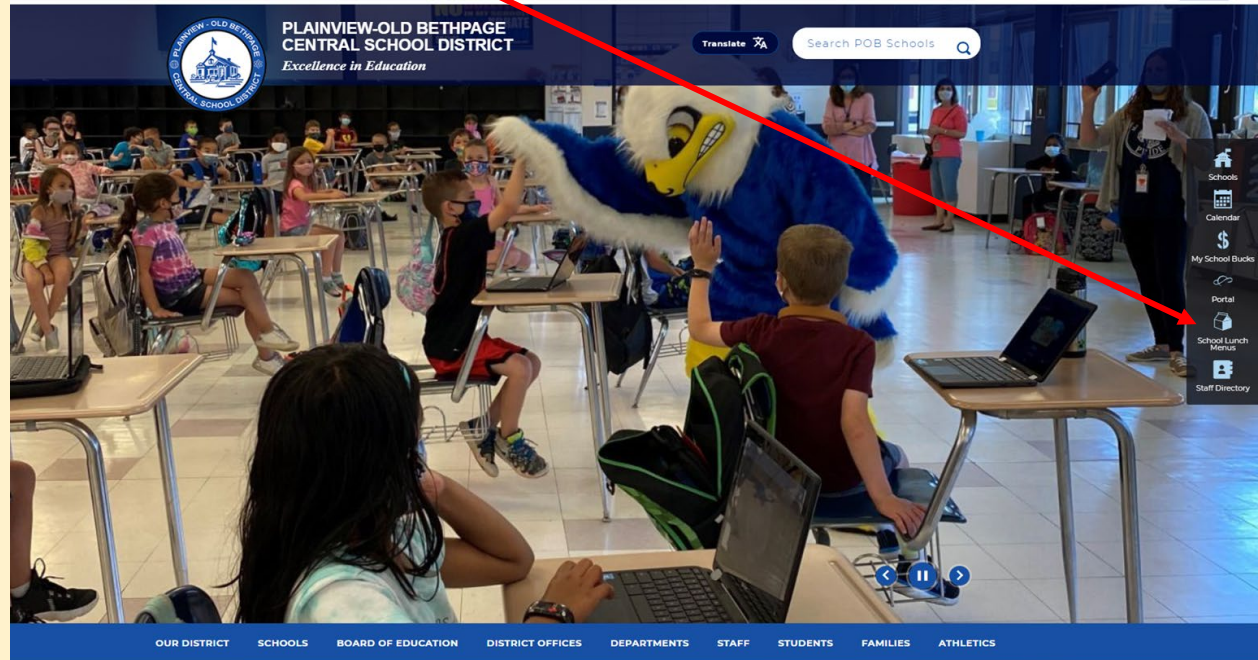


*Download the app
and sign up*



Menus and FD MealPlanner Online

On the district website you will find many useful links: www.POBSchools.org and click on the milk carton.



FD MealPlanner Online

The screenshot shows the Central School District website. The header includes the district logo, name, a 'Translate' button, and a search bar. A navigation bar lists various district sections. The main content area shows a breadcrumb trail leading to '2022-2023 Food Service Information'. On the left, a sidebar lists menu options, with 'Elementary School Menu' circled in red. A green arrow points from this circle to the text 'Menus for all schools can be found here'. In the main content area, the text 'Lunch is now \$2.80 for grades K-4 and \$3.00 for grades 5-12 during the 2022-2023 school year. Please fill out and return the form below to your school nurse.' is followed by a link to the 'Digital Version 2022-2023 Free and Reduced Meal Application'. Below this, the link 'Order Meals with FD Meal Planner' is circled in red. A green arrow points from this circle to the text 'A link to FDMealPlanner can be found here'. A right-hand sidebar contains icons for various services like Schools, Calendar, My School Bucks, Portal, School Lunch Menus, and Staff Directory.

Home > Our District > School Menus > 2022-2023 Food Service Information

School Menus

2022-2023 Food Service Information

- Elementary School Menu
- Middle School Menu
- High School Menu

Lunch is now \$2.80 for grades K-4 and \$3.00 for grades 5-12 during the 2022-2023 school year. Please fill out and return the form below to your school nurse.

[**NEW** Digital Version 2022-2023 Free and Reduced Meal Application](#)

[Order Meals with FD Meal Planner](#)

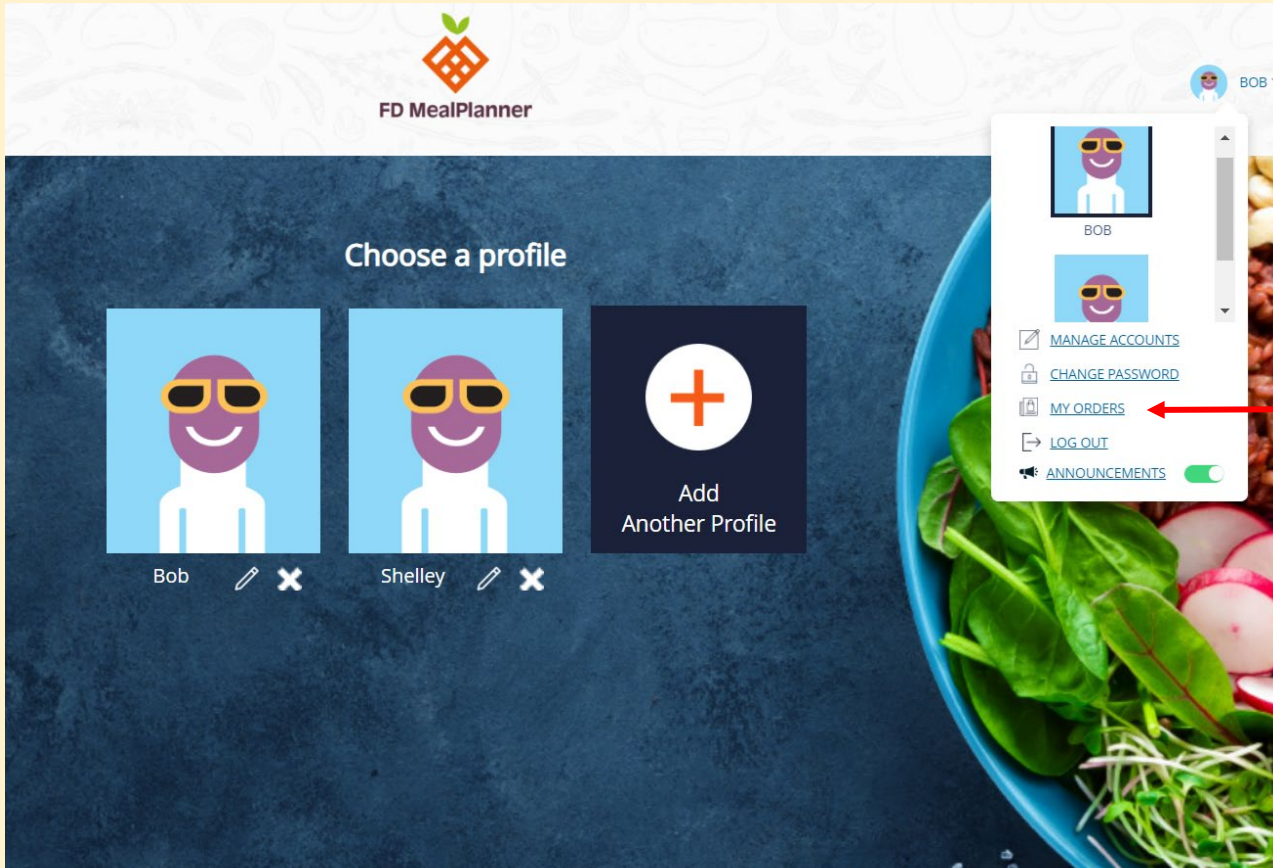
For any food service related questions please contact Food Service Director, Ms. Karen Ball, can be reached at ballk@whitons.com

Schools
Calendar
My School Bucks
Portal
School Lunch Menus
Staff Directory

Menus for all schools
can be found here

A link to [FDMealPlanner](#) can be found here

FD MealPlanner Online

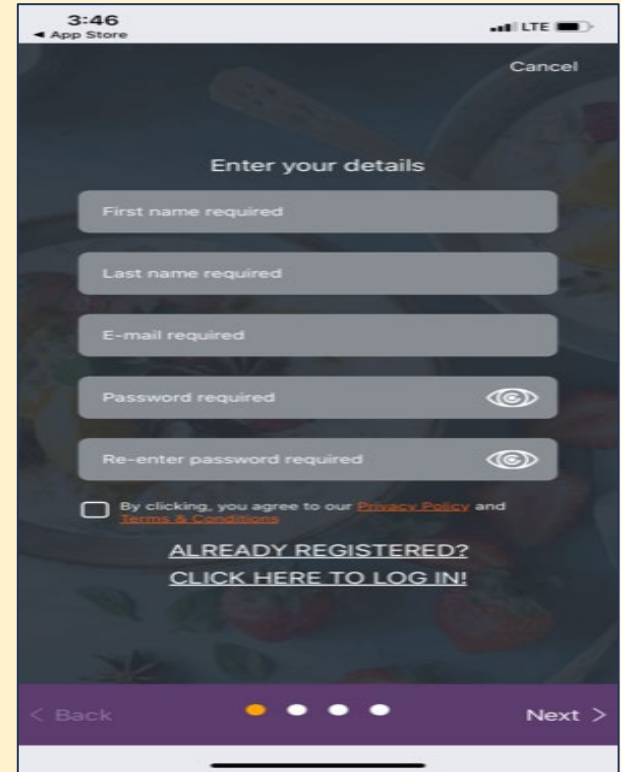


You may go back to review orders you placed and edit them as you wish.

FDMealPlanner Online

With FDMealPlanner you can:

- ✓ pre-order meals
- ✓ look up the ingredients in each meal
- ✓ filter meals based on allergy information



The screenshot shows the registration screen of the FDMealPlanner app. At the top, the status bar displays the time 3:46, LTE signal, and battery level. Below the status bar, there is a 'Cancel' button in the top right corner. The main heading is 'Enter your details'. Below this, there are five input fields: 'First name required', 'Last name required', 'E-mail required', 'Password required', and 'Re-enter password required'. The password fields have an eye icon to toggle visibility. Below the input fields, there is a checkbox with the text 'By clicking, you agree to our [Privacy Policy](#) and [Terms & Conditions](#)'. At the bottom, there are two links: 'ALREADY REGISTERED?' and 'CLICK HERE TO LOG IN!'. The bottom navigation bar has a '< Back' button, four dots (the first is orange), and a 'Next >' button.

School Lunch: Final Thoughts

- Lunch will need to be ordered at least twenty-four (24) hours in advance. You can place orders by the week and up to a month in advance.
- Consider sending your child to school with lunch for the first few days. Teachers will be focusing on developing the daily school routine, including the cafeteria experience.

