# LAKE TRAVIS ISD Community Health Resource Directory





# **Table of Contents**

General Information	3
Crisis Hotline Numbers	4
Alcohol and Substance Abuse Resources	5
Child Care Programs	6
Children's Services - Social Services	7
Community Area Hospitals	8
Community Behavioral Mental Health Providers	10
Community Health Centers	11
Community Mental Health Agencies	
Dental and Vision Services	13
Eating Disorder Support	14
Emergency Shelters	15
Food Assistance and Food Pantries	
Foster Children Programs	
General Assistance Services - Emergency Shelter and Rent Assistance	17
Grief Counseling & Support Groups	18
Housing Services	19
In Patient Programs for Adolescents and Children	20
Insurance Information	23
Job Training and Placement Programs	23
Legal Assistance - Legal Aid	24
Medical Equipment	25
Parent Training/Classes	26
Private Practice Mental Health Providers	28
Senior Services	
Social Services for Travis County	33
Support Groups	33
Transportation Providers	35
Utilities and Rent Assistance	35
Veterans Health Administration Clinics	37



# **General Information**

This Community Health Resource Guide is designed to support students, families, and staff in accessing essential health and wellness services within Lake Travis ISD and the greater Austin area. It provides information on local clinics, mental health support, nutrition programs, and other vital resources to promote the well-being of our community.

We understand that many families in our community face challenges when it comes to accessing essential services due to financial limitations or other barriers. This guide was created to help connect you with local resources that offer support in areas such as healthcare, food assistance, housing, mental health, and more—often at low or no cost.

Our goal is to ensure every family has the opportunity to find the help they need, when they need it. Whether you're looking for short-term support or long-term services, we hope this guide serves as a helpful starting point. You are not alone, and support is available.

This resource guide was created in collaboration with the Lake Travis Independent School District Counseling and Health Services Department, under the direct supervision of Tasha Barker, Assistant Superintendent of Organizational Services. Many of the individual providers listed in this guide reached out to the school district expressing interest in supporting our students, families, and staff. Their inclusion is based on their willingness to offer services and resources to our school community.

If you are a provider and are interested in being added to our Community Resource Guide, please contact the Director of Counseling and Health Services, Jennifer Garrigan, at <u>garriganj@ltisdschools.org</u>.

**Disclaimer:** The medical providers and organizations listed in this Community Resource Guide are offered for informational purposes only and do not constitute an endorsement by the school district. Families are encouraged to conduct their own research when selecting a provider that best meets their needs. If you have any questions or concerns regarding a specific medical provider or affiliate, please contact the appropriate professional licensing board for the most accurate and up-to-date information.



# **Crisis Hotline Numbers**

Crisis Textline.org Text "TX" to 741-741

Eating Disorder Hotline 1-800-931-2237

Family Violence Prevention 1-800-313-1310

Loveisrespect 1-866-331-9474/Text "Loveis" to 22522

National Suicide Hotline 988

National Teen Dating Violence Hotline 1-866-331-9474

S.A.F.E. (Self-Abuse Finally Ends) 1-800-366-8288

SAMHSA (Substance Use Support) 1-800-662-4357

Suicide Prevention Online Chat https://suicidepreventionlifeline.org/

**Teen Hope Hotline** 1-800-394-4673

Trevor Project (LGBTQ+ Support) 1-866-488-7386

**Youth Crisis Hotline** 1-800-448-4663



# Alcohol and Substance Abuse Resources

#### ALCOHOLICS ANONYMOUS

WEBSITE: https://www.narcotics.com/na-meetings/https://www.aa.org/ SERVICES/WHO IS ELIGIBLE: Find local support groups for alcohol dependency.

#### AL-ANON / AL-ATEEN

**WEBSITE:** https://www.narcotics.com/na-meetings/https://al-anon.org/ **SERVICES/WHO IS ELIGIBLE:** Find local support groups for families with loved ones suffering from addiction.

#### NARCOTICS ANONYMOUS

WEBSITE: https://www.narcotics.com/na-meetings/ SERVICES/WHO IS ELIGIBLE: Find local support groups for drug dependency.

#### **BEE CAVE RECOVERY**

**LOCATION:** 1114 Lost Creek Blvd., Ste. G-40, Austin, TX 78746 **CONTACT INFO:** 737-222-5155

WEBSITE: https://www.beecaverecovery.org/copy-of-who-we-are

**SERVICES/WHO IS ELIGIBLE:** Offers intensive outpatient treatment for people 17 or older battling drug and alcohol addiction. A dedicated team of professionals help individuals start their path to recovery. Includes family therapy.

FEES/COST FOR SERVICES: Most insurance is accepted; costs vary depending on the program.

#### PARADIGM TREATMENT CENTER

LOCATION: Multiple locations

CONTACT INFO: 855-521-1634

#### WEBSITE: https://paradigmtreatment.com/locations/residential-treatment-centers-texas/

**SERVICES/WHO IS ELIGIBLE:** Paradigm Treatment's residential centers for youth in Texas, specifically the center in Austin, is committed to providing a comprehensive care experience for teenage clients, ages 13-17. **FEES/COST FOR SERVICES:** Most insurance is accepted; costs vary depending on the program.

#### **PHOENIX HOUSE**

LOCATION: 3415 Greystone Dr., Ste. 104, Austin, TX 78731 HOURS: Vary CONTACT INFO: 512-440-0613 WEBSITE: https://phoenixhousetx.org/

**SERVICES/WHO IS ELIGIBLE:** Inpatient and outpatient programming in Central Austin for co-occurring substance use disorders. Residential care is offered for adolescent males and females in South, Central Austin, and Round Rock. Spanish-speaking counselors available.

FEES/COSTS FOR SERVICES: Most insurance accepted; costs can be on a sliding scale.



#### SAGE RECOVERY AND WELLNESS

LOCATION: 7004 Bee Caves Rd., Bldg. 2, Ste. 200, Austin, TX 78746 HOURS: Vary CONTACT INFO: 512-306-1394 WEBSITE: https://www.sagerecoveryaustin.com/adolescent-services/ SERVICES/WHO IS ELIGIBLE: Holistically-based mental health treatment center for adults and adolescents. Offers an intensive outpatient program for adolescents. FEES/COST FOR SERVICES: Most insurance is accepted; costs vary depending on the program.

#### **SOBER AUSTIN**

**CONTACT INFO:** 737-250-8024 **WEBSITE:** https://soberaustin.com/recovery/adolescent-young-adult-addiction-recovery/ **SERVICES/WHO IS ELIGIBLE:** Online resource for alcohol and drug abuse counseling and rehabilitation.

#### **REHAB REFERRAL ONLINE FORM**

https://www.rehab.com/

# **Child Care Programs**

# CHILD CARE AND EARLY LEARNING PROGRAM ASSISTANCE (CCS)

TEXAS WORKFORCE COMMISSION

LOCATION: 101 E. 15th St., Austin, TX 78778 HOURS: Monday - Friday, 8 am - 5 pm CONTACT INFO: 1-800-628-5115 WEBSITE: https://www.twc.texas.gov/programs/child-care

**SERVICES/WHO IS ELIGIBLE:** TWC manages the Child Care Services (CCS) program with funding from the Child Care and Development Fund. The program helps Texas families afford child care services and improves and expands child care services across the state.

FEES/COST FOR SERVICES: Submitting the application is free.

#### BARTON CREEK CDC/CHILD DEVELOPMENT CENTER

LOCATION: 5611 Travis Cook Rd., Austin, TX 78735 HOURS: Monday - Friday, 7 am - 5:30 pm CONTACT INFO: 512-301-4788

WEBSITE: https://www.bartoncreekkids.org/

**SERVICES/WHO IS ELIGIBLE:** 3 months - 5 yrs./Pre-K focused, infant, doddler, and early preschool-age child care program centered on the child's social-emotional, physical, mental, and intellectual development. Six oversized playgrounds shaded by native trees and an outdoor swimming pool for preschool swim lessons as an extracurricular activity offering.

FEES/COST FOR SERVICES: Costs vary depending on the program.



#### KIDDIE ACADEMY EDUCATIONAL CHILD CARE

LOCATION: 16003 Hwy. 71 W., Bee Cave, TX 78738 HOURS: Monday - Friday, 7 am - 6 pm CONTACT INFO: 512-379-7929

WEBSITE: https://kiddieacademy.com/academies/bee-cave/

**SERVICES/WHO IS ELIGIBLE:** 6 weeks - 5 yrs. Offering full- and part-time developmentally-based learning programs. Webcams are available for parents to check in on their little ones.

**FEES/COST FOR SERVICES:** Tuition varies depending on enrollment in an FT/PT program and the age of the child. They accept CCS.

#### LAKE TRAVIS ISD PRE-KINDERGARTEN PROGRAM

**LOCATIONS:** Serene Hills Elementary, Lake Travis Elementary, and Lake Pointe Elementary **HOURS:** Monday - Friday, 7:40 am - 3 pm; follows elementary school calendar **CONTACT INFO:** 512-533-6011

WEBSITE: https://www.ltisdschools.org/departments/curriculum-instruction/prekindergarten SERVICES/WHO IS ELIGIBLE: Children who are 4 yrs. old *on or before* Sept. 1, 2025 FEES/COST FOR SERVICES: Tuition-based and non-tuition-based options are available. See website for additional information.

#### LEARN AND LAUGH PRESCHOOL

LOCATION: 11715 Bee Cave Rd., Ste. 100, Bee Cave, TX 78738 HOURS: Monday - Friday, 7 am - 6 pm CONTACT INFO: 512-294-2520, admin@learnandlaughpreschool WEBSITE: https://learnandlaughpreschool.com/

**SERVICES/WHO IS ELIGIBLE:** 6 weeks - 4 yrs. Offers childcare for infants through Pre-K with a low student-to-teacher ratio (6 wks.-12 mos./max 4; 1-2 yrs./max 9; 2-3 yrs./max 10; 3-4 yrs./max 10; Pre-K/max 10), child-driven curriculum, and potty training assistance available.

FEES/COST FOR SERVICES: Tuition varies based on program enrollment. They accept CCS.

#### **PRIMROSE SCHOOL OF BEE CAVE**

LOCATION: 3801 Juniper Trace, Bee Cave, TX 78738 HOURS: Monday - Friday, 7:30 am - 6:30 pm CONTACT INFO: 512- 263-0388 WEBSITE: https://www.primroseschools.com/schools/bee-cave?utm\_source=gbp&utm\_medium=maplistings SERVICES/WHO IS ELIGIBLE: Infant through kindergarten FEES/COST FOR SERVICES: Tuition varies based on program enrollment. They will soon be accepting CCS.

#### **HELPFUL WEBSITES**

**Texas Early Learning Pathways:** https://www.pathstoliteracy.org/resource/texas-early-learning-pathways/ **Texas Early Learning Council:** https://earlylearningtexas.org/

#### Texas Education Agency (TEA) Prekindergarten Guidelines:

https://tea.texas.gov/academics/early-childhood-education/educator-resources/texas-prekindergarten-guidelines **TEA Early Childhood Education in Texas:** https://tea.texas.gov/academics/early-childhood-education



# **Children's Services - Social Services**

ANY BABY CAN - CHILD DEVELOPMENT, FAMILY HEALTH & RESOURCES, PARENT EDUCATION & SUPPORT

LOCATION: 6207 Sheridan Ave., Austin, TX 78723

HOURS: Monday - Friday, 8 am - 5 pm

**CONTACT INFO:** 512-454-3743

WEBSITE: https://anybabycan.org/

**SERVICES/WHO IS ELIGIBLE:** Parent education and support programs (Child Development and Childbirth classes, and a 16-wk. Nurturing Families Parent Education Class) to empower parents to feel confident and secure in their parenting. Also offers early intervention services to assess and support children 0-36 months with developmental or physical delays and challenges. Offerings include occupational therapy, physical therapy, speech therapy, specialized skills training, and medical case management.

FEES/COST FOR SERVICES: Most insurance is accepted, and assistance is provided for families in need.

#### **CHIP & CHILDREN'S MEDICAID - Texas Health and Human Services**

LOCATION: 4601 W. Guadalupe St., Austin, TX 78751 HOURS: Vary CONTACT INFO: 512-424-6500 WEBSITE:

https://www.hhs.texas.gov/services/health/medicaid-chip/medicaid-chip-programs-services/programs-children-n-adults-disabilities/programs-children-families/childrens-medicaid-chip

#### OAK HILL CLINIC/WIC MOBILE UNIT

LOCATION: 8656 State Hwy. 71 W., Bldg. A, Ste. B, Austin, TX 78735 HOURS: 1st and 3rd Thursday of each month, 9 am - 3:30 pm CONTACT INFO: 512-972-4942, WICmobileunit@austintexas.gov WEBSITE: http://www.austintexas.gov/wic

**SERVICES/WHO IS ELIGIBLE:** Pregnant women, breastfeeding women, and women who had a baby within the last 6 months; parents, stepparents, guardians of infants, and children up to the age of 5 yrs. Must be a Texas resident.

FEES/COST FOR SERVICES: Free services with application and eligibility.

#### THE SAFE ALLIANCE | Stop Abuse for Everyone

LOCATION: P. O. Box 19454, Austin, TX 78760 HOURS: Safe Line is open 24 hours CONTACT INFO: Crisis & information line: 512-267-7233 (SAFE); Text line: 737-888-7233 WEBSITE: www.safeaustin.org

**SERVICES/WHO IS ELIGIBLE:** Shelter and housing, community services/Planet SAFE: supervised visitation and exchange of children, prevention and education, and advocacy. Counseling and free custody and divorce legal services for children, teens, and families who are victims of child abuse, domestic violence, human trafficking, and sexual assault. Services the Travis County area.

FEES/COST FOR SERVICES: Free



# **Community Area Hospitals**

#### **ALLY MEDICAL ER - DRIPPING SPRINGS**

LOCATION: 333 U.S. Hwy. 290, Ste. 250, Dripping Springs, TX 78620 HOURS: Open 24 hours CONTACT INFO: 737-843-0030 WEBSITE: https://allymedical.com/ SERVICES/WHO IS ELIGIBLE: Emergency care, trauma care, testing, and x-rays. FEES/COST FOR SERVICES: Takes most insurance; costs vary depending on services.

#### **BAYLOR SCOTT & WHITE MEDICAL CENTER (Hospital) - LAKEWAY**

LOCATION: 100 Medical Pkwy., Lakeway, TX 78738 HOURS: Open 24 hours CONTACT INFO: 512-654-0000 WEBSITE: https://www.bswhealth.com/

SERVICES/WHO IS ELIGIBLE: Offers a wide network of inpatient full-service medical expertise and resources,

including 24/7 emergency care.

**FEES/COST FOR SERVICES:** Aetna, Blue Cross, Blue Shield, Cigna, DFW Connected Care, First Health/Coventry Health Smart, Humana, Tricare, and United Health Care, and more insurance accepted.

#### **DELL CHILDREN'S MEDICAL CENTER - ASCENSION**

LOCATION: 4900 Mueller Blvd., Austin, TX 78723

**HOURS:** Pediatric Emergency is open 24 hours; open 8 am - 6 pm for Level 1 trauma care, primary care, mental care, and specialty care.

CONTACT INFO: 512-324-0000

WEBSITE: https://healthcare.ascension.org/locations/texas/txaus/dcmc

**SERVICES/WHO IS ELIGIBLE:** Full-service children's hospital serving children and families. Pediatric emergency, level 1 trauma care, primary care, mental care, and specialty care.

**FEES/COST FOR SERVICES:** Most insurance, Medicaid, and The Children's Health Insurance Plan (CHIP)—which is based upon the family's income—is accepted.

#### FAMILY HOSPITAL AT LAKE TRAVIS

LOCATION: 5012 RR 620 N., Austin, TX 78732 (Located across from Randalls)

HOURS: Open 24 hours

CONTACT INFO: 737-787-7809

WEBSITE: https://familyhospitalsystems.com/locations/family-hospital-at-lake-travis/

**SERVICES/WHO IS ELIGIBLE:** Annual wellness, 24/7 emergency care, hospital care, labs and testing, mental health, primary care, prescriptions, RISE recovery, radiology, urgent care, and virtual care.

**FEES/COST FOR SERVICES:** Insurance accepted: Sana Health, Medicare, United Healthcare, BlueCross BlueShield, and Aetna. Self-pay pricing is available. Emergency room services are accepted by all insurance carriers. Some services may not be in-network with your insurance company. Contact them to verify your insurance is accepted.



#### ST. DAVID'S NORTH AUSTIN MEDICAL CENTER

LOCATION: 12221 N. MoPac Expy., Austin, TX 78758 HOURS: Open 24 hours CONTACT INFO: 512-901-1000

WEBSITE: https://www.stdavids.com/locations/st-davids-north-austin-medical-center

**SERVICES/WHO IS ELIGIBLE:** Comprehensive medical care. This location is home to multiple medical facilities, including St. David's Women's Center of Texas, St. David's Children's Hospital, St. David's Surgical Hospital, the Texas Institute for Robotic Surgery, and the Heart and Vascular Center.

**FEES/COST FOR SERVICES:** Accepts all forms of government insurance from the U.S., Canada, and other countries. Accepts Medicare, Medicaid, Civilian Health and Medical Program of the Uniformed Services (CHAMPUS), workers' compensation, and all forms of commercial insurance.

#### ST. DAVID'S SOUTH AUSTIN MEDICAL CENTER

**LOCATION:** 901 W. Ben White Blvd., Austin, TX 78704 **HOURS:** Emergency care is open 24 hours. Each department/physician has independent hours.

CONTACT INFO: 512-447-2211

WEBSITE: https://www.stdavids.com/

**SERVICES/WHO IS ELIGIBLE:** Offers a wide network of inpatient full-service medical expertise and resources. **FEES/COST FOR SERVICES:** Most insurance is accepted; costs vary depending on services needed.

#### ST. DAVID'S EMERGENCY CENTER - BEE CAVE

**LOCATION:** 12813 Galleria Circle, Bee Cave, TX 78738 (in the Hill Country Galleria) **HOURS:** Open 24 hours **CONTACT INFO:** 512-816-2100

WEBSITE: https://www.stdavids.com/locations/st-davids-emergency-center-bee-cave

**SERVICES/WHO IS ELIGIBLE:** Treats all urgent and emergency conditions, including abdominal pain, dehydration, head and spine injuries, and lacerations requiring sutures, orthopedic injuries, respiratory distress, sports injuries, strokes (cerebrovascular accidents).

FEES/COST FOR SERVICES: Accepts several types of insurance; costs vary depending on services needed.

# **Community Behavioral Mental Health Providers**

#### AUSTIN CHILD GUIDANCE CENTER

LOCATION: 810 W. 45th St., Austin, TX 78751

HOURS: Monday - Thursday, 8 am - 8 pm; Friday, 8 am - 6 pm (walk-ins not accepted)

CONTACT INFO: 512-451-2242

WEBSITE: https://www.austinchildguidance.org/

**SERVICES/WHO IS ELIGIBLE:** Individual, group, family therapy, group therapy, and psychological assessments. Children 2-17 yrs.

FEES/COST FOR SERVICES: Most insurance is accepted, and they offer a sliding scale for financial assistance.



AUSTIN FAMILY INSTITUTE

LOCATION: 7035 Bee Caves Rd., Ste. 101, Austin, TX 78746 HOURS: Wednesday, 9 am - 12 pm; Friday, 10 am - 2 pm CONTACT INFO: 512-329-6611 WEBSITE: https://www.austinfamilyinstitute.org/ SERVICES/WHO IS ELIGIBLE: Family, individual and couples therapy, and group therapy. FEES/COST FOR SERVICES: Sliding scale from \$30-75, based on household income and size.

#### **Community Health Centers**

AUSTIN REGIONAL CLINIC: ARC BEE CAVE

LOCATION: 15801 State Hwy. 71, Bldg. 1, Ste. 100, Bee Cave, TX 78738 HOURS: Monday - Friday, 8 am - 5 pm CONTACT INFO: 512-676-2500 WEBSITE: https://www.austinregionalclinic.com/clinics/arc-bee-cave SERVICES/WHO IS ELIGIBLE: General medicine, pediatrics, obstetrics, and general medical care.

**FEES/COST FOR SERVICES:** Accepts most insurance, Medicaid, and Medicare; costs vary depending on services needed.

#### AUSTIN REGIONAL CLINIC: ARC WESTLAKE

LOCATION: 5656 Bee Caves Rd., Ste. G-200, West Lake Hills, TX 78746 HOURS: Monday - Friday, 8 am - 5 pm CONTACT INFO: 512-338-3850 WEBSITE: https://www.austinregionalclinic.com/clinics/arc-westlake SERVICES/WHO IS ELIGIBLE: General medicine, pediatrics, obstetrics, and general medical care. FEES/COST FOR SERVICES: Accepts most insurance, Medicaid, and Medicare; costs vary depending on services needed.

#### **AUSTIN REGIONAL CLINIC: ARC FOUR POINTS**

LOCATION: 11714 Wilson Park Ave., Ste. 150, Austin, TX 78726 HOURS: Monday - Friday, 7:30 am - 5 pm CONTACT INFO: 737-247-7200 WEBSITE: https://www.austinregionalclinic.com/clinics/arc-four-points SERVICES/WHO IS ELIGIBLE: General medicine, pediatrics, obstetrics, and general medical care. FEES/COST FOR SERVICES: Accepts most insurance, Medicaid, and Medicare; costs vary depending on services needed.



#### AUSTIN REGIONAL CLINIC: ARC DRIPPING SPRINGS

LOCATION: 27600 RR 12, Bldg. 1, Dripping Springs, TX 78620 HOURS: Monday - Friday, 8 am - 5 pm CONTACT INFO: 512-829-9118

WEBSITE: https://www.austinregionalclinic.com/clinics/arc-dripping-springs

**SERVICES/WHO IS ELIGIBLE:** General medicine, pediatrics, obstetrics, and general medical care. **FEES/COST FOR SERVICES:** Accepts most insurance, Medicaid, and Medicare; costs vary depending on services needed.

#### TRAVIS COUNTY's CommUnityCare Clinics

**LOCATIONS:** 27 locations (East Austin Health Center, North Central Health Center, Oak Hill Health Center, Pflugerville Health Center, Manor Health Center, Rundberg Health Center, South Austin Health Center, William Cannon Health Center)

HOURS: Vary

**CONTACT INFO:** Appointments: 512-978-9015; Pediatric Appointments: 512-744-6000; OB/GYN Appointments: 512-978-8700

#### WEBSITE: https://communitycaretx.org/

SERVICES/WHO IS ELIGIBLE: Primary care services, except a select few locations that also include specialty and others specific to women's health, complex care management, and dental. Offers two convenient care/walk-in clinics that do not require appointments: Hancock and Southeast Health & Wellness Center. FEES/COST FOR SERVICES: Accepts many forms of health and dental insurance plans, including private insurance, Medicare, Medicaid, and payors such as MAP; costs vary depending on services needed.

# **Community Mental Health Agencies**

#### **INTEGRAL CARE / ST. JOHN CLINIC - NORTH AUSTIN**

LOCATION: 6937 N. IH-35, Austin, TX 78752

HOURS: Monday - Friday, 8 am - 5 pm

CONTACT INFO: 512-472- HELP (4357)

WEBSITE: https://integralcare.org/en/home-3/

**SERVICES/WHO IS ELIGIBLE:** Crisis services, adult services, child and family services, intellectual and developmental disabilities, and additional mental health resources.

FEES/COST FOR SERVICES: Most insurance accepted; costs vary depending on services needed.

#### **INTEGRAL CARE / DOVE SPRINGS CLINIC - SOUTH AUSTIN**

LOCATION: 5015 S. IH-35, Ste. 200, Austin, TX 78744

HOURS: Monday - Friday, 8 am - 5 pm

CONTACT INFO: 512-472- HELP (4357)

WEBSITE: https://integralcare.org/en/home-3/

**SERVICES/WHO IS ELIGIBLE:** Crisis services, adult services, child and family services, intellectual and developmental disabilities, and additional mental health resources.

FEES/COST FOR SERVICES: Most insurance accepted; costs vary depending on services needed.



#### INTEGRAL CARE PSYCHIATRIC EMERGENCY SERVICES

LOCATION: 1165 Airport Blvd., Austin, TX 78702 HOURS: Monday - Friday, 8 am - 10 pm; Saturday, Sunday, and holidays, 10 am - 8 pm CONTACT INFO: 512-472-HELP WEBSITE: https://integralcare.org/en/mental-health-resources/ SERVICES/WHO IS ELIGIBLE: Walk-in mental health urgent care. FEES/COST FOR SERVICES: Services are available regardless of ability to pay.

#### NAMI CENTRAL TEXAS (National Alliance on Mental Health)

LOCATION: 4110 Guadalupe St., Bldg. 781, Austin, TX 78751 HOURS: Vary CONTACT INFO: 512-451-7337 WEBSITE: https://namicentraltx.org/ SERVICES/WHO IS ELIGIBLE: Provides support, education, and resources to families. FEES/COST FOR SERVICES: Most insurance accepted; costs vary depending on services needed.

#### SAMARITAN WELLNESS COUNSELING & ACUPUNCTURE CENTER

LOCATION: 8956 Research Blvd., Bldg. 2, Austin, TX 78758 HOURS: Vary CONTACT INFO: 512-420-9810 WEBSITE: https://samaritan-center.org/

**SERVICES/WHO IS ELIGIBLE:** Mental health counseling for children, adolescents, adults, and families; group therapy; integrative medicine, including acupuncture, nutrition, herbal medicine, and bodywork; tele-therapy; peer support services; pastoral counseling; wellness education for communities, schools, churches, and organizations.

**FEES/COST FOR SERVICES:** Accepts insurance; offers low-cost or free services for those who meet financial criteria.

# **Dental and Vision Services**

LONE STAR PEDIATRIC DENTAL AND BRACES LOCATION: 14058 Bee Cave Pkwy., Bldg. D, Ste. B, Austin, TX 78738 HOURS: Monday - Friday, 8 am - 5 pm; closed on Wednesday CONTACT INFO: 512-402-9996 WEBSITE: https://www.lonestarpediatricdental.com/ SERVICES/WHO IS ELIGIBLE: Children and teen dentistry, comprehensive orthodontic solutions, and advanced

oral surgery.

FEES/COST FOR SERVICES: Accepts Medicaid (MCNA, Dentaquest, and United Healthcare).



OPEN EYES BEYOND BORDER

LOCATION: Pflugerville, TX 78691 HOURS: Vary CONTACT INFO: openeyesbb@gmail.com Facebook: openeyesbb WEBSITE: https://www.openeyesbb.org/ SERVICES/WHO IS ELIGIBLE: Helping disadvantaged families having access to vision care. FEES/COST FOR SERVICES: Free

SOUTH AUSTIN HEALTH CENTER DENTAL (additional locations for dental services: Carousel North Lamar, Carousel Riverside, Carousel Springdale, Chalmers Courts Health Center, North Central Dental, South Austin Dental, Southeast Health and Wellness Center) LOCATION: 2529 S. 1st St., Austin, TX 78704 HOURS: Monday - Friday, 7:30 am - 6 pm CONTACT INFO: 512-978-9865 WEBSITE: https://communitycaretx.org/all-locations/south-austin-health-center/ SERVICES/WHO IS ELIGIBLE: Dental exams, teeth cleaning, fillings, extractions, dentures, dental sealants, and

emergency treatment. Orthodontics (braces), implants, crowns, and bridges are not provided. Dental health exams for infants as young as 1 yr. of age as part of the child's well-child medical checkup.

**FEES/COST FOR SERVICES:** Accepts MAP (Medical Assistance Program) cardholders, Managed Care Patients, Medicaid patients under the age of 18, or a Medicare beneficiary who is a patient at one of our CommUnityCare Health Centers. General dentistry and emergency services are available to uninsured patients who meet established income guidelines.

# **Eating Disorder Support**

#### **CENTER FOR DISCOVERY**

LOCATION: 1717 W. 6th St., Ste. 300, Austin, TX 78703 HOURS: Monday - Friday, 12 - 7 pm CONTACT INFO: 855-668-9001 WEBSITE: https://centerfordiscovery.com/locations/austin/ SERVICES/WHO IS ELIGIBLE: Inpatient, outpatient, partial hospitalization. All genders, ages 10+. FEES/COSTS FOR SERVICES: Accepts insurance and offers payment plans and hardship waivers; costs vary depending on services provided.

#### EATING RECOVERY CENTER AUSTIN

LOCATION: 122221 Renfert Way, Ste. 250, Austin, TX 78758 HOURS: Vary CONTACT INFO: 512-814-8255 WEBSITE: https://www.eatingrecoverycenter.com/

**SERVICES/WHO IS ELIGIBLE:** Treatment of eating disorders in children, adolescents, and adults. Intensive outpatient and partial hospitalization programs are offered. They also offer a virtual program. **FEES/COSTS FOR SERVICES:** Accepts most insurance; costs vary depending on services needed.



# **Emergency Shelters**

AUSTIN SHELTER FOR WOMEN AND CHILDREN

LOCATION: 4613 Tannehill Ln., Bldg. 3, Austin, TX 78721 HOURS: Vary CONTACT INFO: 512-933-0600

WEBSITE: https://salvationarmyaustin.org/texas-austin/womenshelter/

**SERVICES/WHO IS ELIGIBLE:** A low-barrier, housing-focused emergency shelter serving women and dependent children experiencing homelessness. Case management, rapid rehousing services, employment assistance, a computer learning lab, childcare, and child/family therapy are provided on-site. **FEES/COSTS FOR SERVICES:** Free

#### LIFEWORKS

LOCATION: 835 N. Pleasant Valley Rd., Austin, TX 78702 HOURS: Vary CONTACT INFO: 512-735-2400 WEBSITE: www.lifeworksweb.org

**SERVICES/WHO IS ELIGIBLE:** Serves youth and young families, many of whom have experienced homelessness, by providing wrap-around services through our housing, counseling, education, and workforce programs. Meets clients where they are and supports their pursuit of a life they love. Successes can include finding stable housing, addressing trauma through counseling, earning a high school diploma, and finding employment.

FEES/COSTS FOR SERVICES: Free

#### SAFE

LOCATION: 4613 Tannehill Ln., Bldg. 3, Austin, TX 78721 CONTACT INFO: Text: 737-888-7233 24-HR SAFEline CALL: 512-267-SAFE (7233) WEBSITE: www.SafeAustin.org

**SERVICES/WHO IS ELIGIBLE:** Shelter and housing for children, young adults, families, and individuals; sexual assault victim advocacy, counseling, Deaf SHARE, forensic nursing exams, legal services, support for people who have been trafficked.

**FEES/COSTS FOR SERVICES:** Most insurance is accepted, and many services are free. Cost depends on services provided.

If you are experiencing homelessness or need immediate assistance, calling 3-1-1 can connect you to resources and services available in Austin and Travis County. Please contact Jennifer Garrigan, Director of Counseling and Health Services at <u>garriganj@ltisdschools.org</u>, for McKinney Vento eligibility.



# **Food Assistance and Food Pantries**

TRAVIS COUNTY COMMUNITY CENTER (Oak Hill) LOCATION: 8656 State Hwy. 71, Austin, TX 78735 HOURS: Monday - Friday, 8 am - 5 pm CONTACT INFO: 512-854-1550 WEBSITE: https://www.traviscountytx.gov/health-human-services/community-centers SERVICES/WHO IS ELIGIBLE: Apply online for rental, mortgage, and utility assistance. Call to schedule an appointment to visit the food pantry. FEES/COSTS FOR SERVICES: Free

#### LAKE TRAVIS CRISIS MINISTRIES

LOCATION: Foundation Communities - SW Trails, 8405 Old Bee Caves Rd., Austin, TX 78735 HOURS: Wednesday, 5 - 7 pm; Thursday, 10 am - 12 pm CONTACT INFO: 512-266-9810 SERVICES/WHO IS ELIGIBLE: Provides free groceries, counseling, referrals to other sources, financial assistance, back-to-school dental care for kids, and school supply assistance. Must live within LTISD boundaries and bring a current ID. FEES/COSTS FOR SERVICES: Free

# **Foster Children Programs**

#### **AUSTIN ANGELS**

LOCATION: 401 FM 967, Buda, TX 78610 CONTACT INFO: 737-210-1903, info@austinangels.com WEBSITE: https://www.austinangels.com/

**SERVICES/WHO IS ELIGIBLE:** Provides consistent support to children, youth, and families in the foster care community through intentional giving, relationship building, and mentorship. **FEES/COSTS FOR SERVICES:** Free

#### FOSTER CARE ALUMNI PROGRAM - THE SAFE ALLIANCE

LOCATION: 1515 Grove Blvd., Austin, TX 78741 CONTACT INFO: 512-267-7233

WEBSITE: https://www.safeaustin.org/our-services/prevention-and-education/alumni-services/

**SERVICES/WHO IS ELIGIBLE:** SAFE Alliance provides the Foster Care Alumni Program to help prepare children aging out of the foster care system to lead healthy, independent, and successful lives. Provides one-on-one support and assistance navigating community resources. Serves people who have aged out of the foster care system and who are in Austin, needing emotional support, case management, help in connecting to resources, and a way to come together with others.

FEES/COSTS FOR SERVICES: Free



# **FOSTER VILLAGE**

**LOCATIONS:** South: 15400 Fitzhugh Rd., Dripping Springs, TX 78620; North: 10545 Dessau Rd., Austin, TX 78754

CONTACT INFO: 512-599-4144, info@fostervillageaustin.org

**SERVICES/WHO IS ELIGIBLE:** Offers resource centers and therapeutic coaching to equip caregivers, helping them focus on supporting the children in their care.

FEES/COST FOR SERVICES: Varies depending on services needed.

# **TEXAS FOSTER YOUTH JUSTICE PROJECT - TEXAS RIOGRANDE LEGAL AID**

LOCATION: 4920 S. IH-35 Frontage Rd., Austin, TX 78745

CONTACT INFO: 877-313-3688, info@texasfosteryouth.org

WEBSITE: https://texasfosteryouth.org/

**SERVICES/WHO IS ELIGIBLE:** Provides legal advice, assistance, guidance, and representation in enforcing former and current foster youth rights. Educates the general public about the legal needs and concerns of foster youth and assists unaccompanied homeless youth. The Texas Foster Youth Justice Project is a program of Texas RioGrande Legal Aid (TRLA).

FEES/COSTS FOR SERVICES: Free

Please contact Jennifer Garrigan, Director of Counseling and Health Services at <u>garriganj@ltisdschools.org</u>, for Foster Care services eligibility.

# General Assistance Services - Emergency Shelter and Rent Assistance

#### LAKE TRAVIS CRISIS MINISTRIES

LOCATION: Foundation Communities - SW Trails, 8405 Old Bee Caves Rd., Austin, TX 78735 HOURS: Wednesday, 5 - 7 pm; Thursday, 10 am - 12 pm CONTACT INFO: 512-266-9810 SERVICES/WHO IS ELIGIBLE: Provides free groceries, counseling, referrals to other sources, financial assistance, back-to-school dental care for kids, and school supply assistance. Must live within LTISD boundaries and bring a current ID. EFES/COSTS FOR SERVICES: Free

FEES/COSTS FOR SERVICES: Free

#### SAFE

LOCATION: 4613 Tannehill Ln., Bldg. 3, Austin, TX 78721 CONTACT INFO: Text: 737-888-7233 24-HR. SAFEline CALL: 512-267-SAFE (7233) WEBSITE: www.SafeAustin.org

**SERVICES/WHO IS ELIGIBLE:** Shelter and housing for children, young adults, families, and individuals, sexual assault victim advocacy, counseling, Deaf SHARE, forensic nursing exams, legal services, support for people who have been trafficked.

**FEES/COSTS FOR SERVICES:** Most insurance accepted; many services are free. Costs depend on services provided.



#### TRAVIS COUNTY COMMUNITY CENTER (Oak Hill)

LOCATION: 8656 State Hwy. 71 W., Austin, TX 78735 HOURS: Monday - Friday, 8 am - 5 pm CONTACT INFO: 512-854-1550 WEBSITE: https://www.traviscountytx.gov/health-human-services/community-centers

**SERVICES/WHO IS ELIGIBLE:** Apply online for rental, mortgage, and utility assistance. Call to schedule an appointment to visit the food pantry.

FEES/COSTS FOR SERVICES: Free

# **Grief Counseling & Support Groups**

CHRISTI CENTER LOCATION: 2306 Hancock Dr., Austin, TX 78756 HOURS: Vary CONTACT INFO: 512-467-2600 WEBSITE: https://christicenter.org/ SERVICES/WHO IS ELIGIBLE: Peer-based grief support; compassionate, high-quality care to help individuals find hope after the death of a loved one. FEES/COST FOR SERVICES: Free

#### **THE DOUGY CENTER - ONLINE RESOURCES**

**WEBSITE:** https://www.dougy.org/ **SERVICES/WHO IS ELIGIBLE:** Provides grief support through web-based resources.

#### THE AUSTIN CENTER FOR GRIEF AND LOSS

LOCATION: 2413 Greenlawn Pkwy., Austin, TX 78757 HOURS: Vary CONTACT INFO: 512-472-7878, info@austingrief.org WEBSITE: https://www.austingrief.org SERVICES/WHO IS ELIGIBLE: Offers volunteer-facilitated support groups using an online video platform as well as in-person services for children and adults. FEES/COST FOR SERVICES: Free

#### WONDERS AND WORRIES

LOCATION: 901 Burnet Rd., Ste. 205, Austin, TX 78758 HOURS: Vary CONTACT INFO: 512-329-5757

WEBSITE: www.wondersandworries.org

**SERVICES/WHO IS ELIGIBLE:** Provides professional support for children and teens through a parent's serious illness or injury so they can reach their full potential. Services offered in English and Spanish. **FEES/COSTS FOR SERVICES:** Free



# **Housing Services**

#### **ECHO**

Location: 210 Barton Springs Rd., Ste. 400, Austin, TX 78704 CONTACT INFO: 512-234-3630 WEBSITE: https://www.austinecho.org/ SERVICES/WHO IS ELIGIBLE: Provides assistance to those experiencing homelessness. Contact them to complete an assessment. FEES/COST FOR SERVICES: Free

#### FOUNDATION COMMUNITIES

LOCATION: 3000 S. IH-35 Frontage Rd., Ste. 300, Austin, TX CONTACT INFO: 512-447-2026 WEBSITE: https://foundcom.org/ SERVICES/WHO IS ELIGIBLE: Can help provide affordable housing options to families in need. An intake is completed to assess the needs of the family. FEES/COSTS FOR SERVICES: Free

#### HOUSING AUTHORITY OF TRAVIS COUNTY (HATC)

LOCATION: 502 E. Highland Mall Blvd., Ste. 106-B, Austin, TX 78752 HOURS: Monday - Friday, 8 am - 12 pm and 1 - 4 pm CONTACT INFO: 512-854-8245 WEBSITE: https://hatctx.com/ SERVICES/WHO IS ELIGIBLE: Provides stable, affordable housing opportunities for low- and moderate-income families. FEES/COST FOR SERVICES: Free

#### LIFEWORKS

LOCATION: 835 N. Pleasant Valley Rd., Austin, TX 78702 HOURS: Vary CONTACT INFO: 512-735-2400 WEBSITE: www.lifeworksweb.org

**SERVICES/WHO IS ELIGIBLE:** Serves youth and young families, many of whom have experienced homelessness, by providing wrap-around services through our Housing, Counseling, Education & Workforce programs.Offers various programs that meet clients where they are and support their pursuit of a life they love. Successes can include finding stable housing, addressing trauma through counseling, earning a high school diploma, and finding employment.

FEES/COSTS FOR SERVICES: Free



#### **TEXAS STATE AFFORDABLE HOUSING**

LOCATION: 6701 Shirley Ave., Austin, TX 78752 HOURS: Monday - Friday, 9 am - 5 pm CONTACT INFO: 512-477-3555

WEBSITE: https://www.tsahc.org/about

**SERVICES/WHO IS ELIGIBLE:** Facilitates, preserves, and expands affordable housing opportunities for Texans. **FEES/COST FOR SERVICES:** Free consultation services.

# In Patient Programs for Adolescents and Children

ASCENSION SETON SHOAL CREEK BEHAVIORAL HEALTH

LOCATION: 3501 Mills Ave., Austin, TX 78731

HOURS: Vary

CONTACT INFO: 512-324-2000

**SERVICES/WHO IS ELIGIBLE:** Diagnose and treat a wide range of mental illnesses. Offers programs to address complications linked to mental illness, including drug and alcohol addiction, family conflicts, and social isolation. Ages 18+.

FEES/COSTS FOR SERVICES: Most insurance accepted; costs vary depending on services needed.

#### **AUSTIN OAKS HOSPITAL**

LOCATION: 1407 W. Stassney Ln., Austin, TX 78745 HOURS: Vary CONTACT INFO: 512-593-7347 WEBSITE: https://austinoakshospital.com/

**SERVICES/WHO IS ELIGIBLE:** Serves children, adolescents, and adults and provides inpatient hospitalization. Outpatient services include Intensive Outpatient Programming and Partial Hospitalization Program, during which patients go to the hospital for daytime therapies and medication management and sleep at home. **FEES/COSTS FOR SERVICES:** Most insurance accepted; costs vary depending on services needed.

#### **AUSTIN STATE HOSPITAL**

LOCATION: 4110 Guadalupe St., Austin, TX 78751 Hours: Open 24 hours CONTACT INFO: 512-452-0381 WEBSITE:

https://www.hhs.texas.gov/services/mental-health-substance-use/state-hospitals/austin-state-hospital SERVICES/WHO IS ELIGIBLE: Adult, child, and adolescent psychiatric services. Forensic competency restoration services and specialty psychiatric services for people who are older or have an intellectual or developmental disability.

FEES/COST FOR SERVICES: Most insurance accepted; costs vary depending on services needed.



#### **CROSS CREEK HOSPITAL**

LOCATION: 8402 Cross Park Dr., Austin, TX 78754 HOURS: Vary CONTACT INFO: 855-993-0130

WEBSITE: www.crosscreekhospital.com

**SERVICES/WHO IS ELIGIBLE:** Specializes in providing compassionate treatment for individuals who are struggling with mental health issues and substance abuse concerns. Teen and adult inpatient hospitalization. **FEES/COSTS FOR SERVICES:** Most insurance accepted; costs vary depending on services needed.

#### **DELL CHILDREN'S MENTAL HEALTH**

LOCATION: 4900 Mueller Blvd., Austin, TX 78723 HOURS: Open 24 hours CONTACT INFO: 512-324-0029 WEBSITE: https://www.dellchildrens.net/behavioral-health/ SERVICES/WHO IS ELIGIBLE: Inpatient and outpatient programming for children and adolescents. FEES/COSTS FOR SERVICES: Most insurance accepted; costs vary depending on services needed.

#### **GEORGETOWN BEHAVIORAL HEALTH INSTITUTE**

LOCATION: 3101 S. Austin Ave., Georgetown, TX 78626 HOURS: Vary CONTACT INFO: 512-819-1154 WEBSITE: https://www.georgetownbehavioral.com/ SERVICES/WHO IS ELIGIBLE: Inpatient and outpatient programming for adolescents and adults. FEES/COSTS FOR SERVICES: Most insurance accepted; costs vary depending on services needed.

#### **HELPING HAND HOME**

LOCATION: 3804 Ave. B, Austin, TX 78751 HOURS: 24-hour daily psychiatric care CONTACT INFO: 512-459-3353

**WEBSITE:** https://helpinghandhome.org/residential-treatment-program/

**SERVICES/WHO IS ELIGIBLE:** Their Residential Treatment Program provides comprehensive care for children experiencing emotional and behavioral problems so severe they are unable to remain safe in a home setting. **FEES/COSTS FOR SERVICES:** Most insurance accepted; costs vary depending on services needed.

#### **ROCK SPRINGS**

**LOCATIONS:** Cedar Park: 1335 E. Whitestone Blvd., Ste. Z200, Cedar Park, TX 78613; Georgetown: 700 Southeast Inner Loop, Georgetown, TX 78626; Killeen: 5610 E. Central Texas Expy., Ste. 4, Killeen, TX 76543 **HOURS:** Vary

**CONTACT INFO:** 512-948-3636

WEBSITE: https://rockspringshealth.com/

**SERVICES/WHO IS ELIGIBLE:** Inpatient and outpatient programming for adolescents and adults. **FEES/COSTS FOR SERVICES:** Most insurance accepted; costs vary depending on services needed.



#### SAGE RECOVERY AND WELLNESS

LOCATION: 7004 Bee Caves Rd., Bldg, 2, Ste. 200, Austin, TX 78746 HOURS: Vary CONTACT INFO: 512-306-1394 WEBSITE: https://www.sagerecoveryaustin.com/adolescent-services/ SERVICES/WHO IS ELIGIBLE: Holistically-based mental health treatment center for adults and adolescents.

FEES/COST FOR SERVICES: Most insurance accepted; costs vary depending on the program.

#### THE SETTLEMENT HOME FOR CHILDREN

**LOCATION:** 1600 Payton Gin Rd., Austin, TX 78758 **HOURS:** Monday - Friday, 9 am - 5 pm

CONTACT INFO: 512-836-2150

WEBSITE: https://www.settlementhome.org/

**SERVICES/WHO IS ELIGIBLE:** A licensed nonprofit organization that serves individuals who have experienced severe emotional trauma, abuse, and neglect. Programs are administered on our 10-acre campus, which features a residential treatment center, group home program, transitional living program, foster and adoption program, post-adoption services, and a University of Texas Charter School.

FEE/COSTS FOR SERVICES: Services are paid for by referring agencies and donations.

#### **TEXAS CHILD STUDY CENTER- DELL CHILDREN'S MEDICAL CENTER**

LOCATION: 4900 Mueller Blvd., Austin, TX 78723 HOURS: Monday - Thursday, 8 am - 6 pm; Friday, 8 am - 5 pm CONTACT INFO: 512-324-3315 WEBSITE:

https://healthcare.ascension.org/locations/texas/txaus/dcmc/our-locations/austin-dell-childrens-medical-cent er/texas-child-study-center

**SERVICES/WHO IS ELIGIBLE:** Treat children and adolescents dealing with mental health issues, including anxiety, ADD, autism, depression, mood disorder, and trauma.

FEES/COSTS FOR SERVICES: Most insurance accepted; costs vary depending on services needed.

# UT HEALTH AUSTIN PEDIATRIC PSYCHIATRY AT DELL CHILDREN'S HOSPITAL GRACE GREGO MAXWELL MENTAL HEALTH UNIT

LOCATION: 4900 Mueller Blvd., 2nd floor, Austin, TX 78723 HOURS: Open 24 hours CONTACT INFO: 512-324-0029 WEBSITE:

https://healthcare.ascension.org/locations/texas/txaus/dcmc/our-locations/austin-dell-childrens-medical-cent er/grace-grego-maxwell-mental-health-unit

**SERVICES/WHO IS ELIGIBLE:** Treats anxiety, bipolar disorder, major depressive disorder, mood disorders, and suicidal ideation. Inpatient and outpatient hospitalization.

FEES/COSTS FOR SERVICES: Most insurance accepted; costs vary depending on services needed.



#### YES WAIVER PROGRAM

**CONTACT INFO:** 512-804-3191 **WEBSITE:** 

https://www.hhs.texas.gov/services/mental-health-substance-use/childrens-mental-health/yes-waiver SERVICES/WHO IS ELIGIBLE: Helps children and youth ages 3-18 with serious mental, emotional, and behavioral difficulties. Services are family-centered, coordinated, and effective at preventing out-of-home placement and promoting lifelong independence.

FEES/COST FOR SERVICES: Free

**Insurance Information** 

CHIP AND CHILDREN'S MEDICAID WEBSITE: https://www.superiorhealthplan.com/

MEDICAL ASSISTANCE PROGRAM CONTACT INFO: 512-978-8130 WEBSITE: https://www.centralhealth.net/map/

**SERVICES/WHO IS ELIGIBLE:** Provides access to local doctors, specialists, and pharmacies through the Medical Access Program (MAP) or MAP Basic by Central Health, or through one of our healthcare partners. Available to Travis County residents who are uninsured.

FEES/COSTS FOR SERVICES: Costs vary depending on services needed.

MEDICAID/CHIP - TEXAS DEPARTMENT OF HEALTH AND HUMAN SERVICES

**CONTACT INFO:** 1-800-735-2989

WEBSITE: https://www.hhs.texas.gov/services/health/medicaid-chip

# **Job Training and Placement Programs**

#### **AUSTIN COMMUNITY COLLEGE - HIGHLAND CAMPUS**

LOCATION: 6101 Airport Blvd., Ste. 1402, Austin, TX 78752 HOURS: Monday, 8 am - 5 pm; Tuesday, 9 am - 6 pm; Wednesday, 9 am - 4 pm; Thursday, 9 am - 6 pm; Friday, 9 am - 1 pm CONTACT INFO: 512-457-8610 WEBSITE: https://www.austincc.edu/campuses/highland-campus/ SERVICES/WHO IS ELIGIBLE: Income-based qualification, high school diploma or GED, or first time in college.

FEES/COSTS FOR SERVICES: Free tuition in the ACC service area.



GOODWILL CENTRAL TEXAS EDUCATION & JOB TRAINING LOCATION: 1015 Norwood Park Blvd., Austin, TX 78753 HOURS: Monday - Friday, 8:30 am - 5 pm CONTACT INFO: 512-531-5500 WEBSITE: https://gctatraining.org/ SERVICES/WHO IS ELIGIBLE: Free public charter high school that offers certificates in various programs. FEES/COSTS FOR SERVICES: Free tuition

# **TEXAS WORKFORCE COMMISSION**

LOCATION: 101 E. 15th St., Ste. 122, Austin, TX 78701 HOURS: Monday - Friday, 8 am - 5 pm CONTACT INFO: 512-463-2222 WEBSITE: https://www.twc.texas.gov/ SERVICES/WHO IS ELIGIBLE: Unemployment benefits information, job matching, career matching, job seeker

placement services, and unemployment tax services. FEES/COST FOR SERVICES: Free

# Legal Assistance - Legal Aid

# AMERICAN GATEWAYS

LOCATION: 314 E. Highland Mall Blvd., Ste. 501, Austin, TX 78752 HOURS: Monday - Thursday, 9 am - 12 pm CONTACT INFO: 512-478-0546 SERVICES/WHO IS ELIGIBLE: Nonprofit organization offering legal services for immigration, asylum, VAWA, T Visas, U Visas, permanent residency and naturalization, DACA, and family-based petitions. FEES/COSTS FOR SERVICES: Free; application is required for services.

# OFFICE OF THE ATTORNEY GENERAL

LOCATION: 5500 E. Oltorf St., Austin, TX 78741 HOURS: Monday - Friday, 8 am - 5 pm CONTACT INFO: 1-800-252-8014 WEBSITE: https://www.texasattorneygeneral.gov/ SERVICES/WHO IS ELIGIBLE: Enforcement of child support orders. Free legal assistance for low-income families in civil cases. FEES/COSTS FOR SERVICES: Some services are free.

# **TEXAS ADVOCACY PROJECT**

Family Violence Line: 1-800-372-4673 Family Law Hotline: 1-800-777-3274 Sexual Assault Legal: 880-296-7233 WEBSITE: https://www.texasadvocacyproject.org/ SERVICES/WHO IS ELIGIBLE: Free legal assistance in family, domestic violence, or sexual assault matters. FEES/COSTS FOR SERVICES: Free



#### **TEXAS LEGAL SERVICES CENTER**

LOCATION: 1920 E. Riverside Dr., Ste. A-120, #501, Austin, TX 78741 HOURS: Monday - Friday, 9 am - 5 pm CONTACT INFO: 512-477-6000 WEBSITE: https://www.tlsc.org/

**SERVICES/WHO IS ELIGIBLE:** Nonprofit that provides statewide help in matters of abuse and violence, family parenting, welfare, veterans programs, senior care, financial planning, discrimination, and social justice. **FEES/COSTS FOR SERVICES:** Application required for services to determine eligibility (low-income).

#### **TRAVIS COUNTY LAW LIBRARY**

LOCATION: 314 W. 11th St., Ste. 140, Austin, TX 78741 HOURS: Monday - Friday, 9 am - 1 pm CONTACT INFO: 512-854-8677 WEBSITE: https://lawlibrary.traviscountytx.gov/ SERVICES/WHO IS ELIGIBLE: Civil legal aid on Mondays, Wednesdays, and Fridays; family law involving violence on Tuesdays and Thursdays. FEES/COSTS FOR SERVICES: Free; application is required for services.

#### **TEXAS RIOGRANDE LEGAL AID (TRLA)**

LOCATION: 4920 N. IH-35, Austin, TX 78751 HOURS: Monday - Friday, 8 am - 5 pm CONTACT INFO: 512-374-2700 SERVICES/WHO IS ELIGIBLE: Legal aid must meet the income, asset, and immigration requirements established by the U.S. Congress, Texas Legislature, and other funding sources. Offers various legal services. FEES/COSTS FOR SERVICES: Free legal service; must submit online application.

#### Medical Equipment

#### **CANCER CARE SUPPLIES CAREBOX PROGRAM**

**LOCATION:** P.O. Box 9033, Austin, TX 78766 **HOURS:** Monday - Friday, 9 am - 5 pm **CONTACT INFO:** 512-296-2180

WEBSITE: https://www.careboxprogram.org/

**SERVICES/WHO IS ELIGIBLE:** Delivers free care supplies to cancer patients at home to prevent malnutrition, infections, and injuries.

FEES/COSTS FOR SERVICES: No fee for care package; application is required.



#### CPATH - CEREBRAL PALSY AWARENESS TRANSITION HOPE EQUIPMENT CLOSET (Pediatric)

LOCATION: 5555 N. Lamar Blvd., Bldg. J, Ste. 125, Austin, TX 78751

HOURS: Monday, Wednesday, Friday, 9 am - 1:30 pm (by appointment only)

**CONTACT INFO:** info@cpathtexas.org; to place equipment on hold or schedule an appointment, email equip@cpathtexas.org

WEBSITE: https://cpathtexas.org/equipment-closet/

**SERVICES/WHO IS ELIGIBLE:** CPATH's Equipment Closet program facilitates the reuse and exchange of pediatric durable medical equipment, ensuring access to equipment to meet individual needs. Available to anyone who can use outgrown pediatric medical equipment.

FEES/COSTS FOR SERVICES: No cost for services. Equipment is given to individuals who need it.

#### **HOSPICE CARE BY HOSPICE AUSTIN**

LOCATION: In-home services HOURS: Monday - Friday, 8 am - 5 pm CONTACT INFO: 1-800-445-3261

WEBSITE: https://www.hospiceaustin.org/

**SERVICES/WHO IS ELIGIBLE:** For patients who are focusing on maximizing their quality of life and have a life expectancy of up to six months. Helps with medical supplies, end-of-life care, pain management, counseling, and spiritual support.

FEES/COSTS FOR SERVICES: All ages facing end-of-life; low-income, uninsured, and underinsured.

# **Parent Training/Classes**

ANY BABY CAN - CHILD DEVELOPMENT, FAMILY HEALTH & RESOURCES, PARENT EDUCATION & SUPPORT LOCATION: 6207 Sheridan Ave., Austin, TX 78723

HOURS: Monday - Friday, 8 am - 5 pm

CONTACT INFO: 512-454-3743

WEBSITE: https://anybabycan.org/

**SERVICES/WHO IS ELIGIBLE:** Parent education and support programs (Child Development and Childbirth Classes, and a 16-week Nurturing Families Parent Education Class) to empower parents to feel confident and secure in their parenting. Also offers early intervention services to assess and support children 0-36 months with developmental or physical delays and challenges. Occupational therapy, physical therapy, speech therapy, specialized skills training, and medical case management.

FEES/COST FOR SERVICES: Most insurance is accepted, and assistance is provided for families in need.



#### AUSTIN CHILD GUIDANCE CENTER

LOCATION: 810 W. 45th St., Austin, TX 78751 HOURS: Monday - Thursday, 8 am - 8 pm; Friday, 8 am - 6 pm (walk-ins not accepted) CONTACT INFO: 512-451-2242 WEBSITE: https://www.austinchildguidance.org/

**SERVICES/WHO IS ELIGIBLE:** Individual, group, family therapy, group therapy, and psychological assessments. Children 2-17 yrs. Parenting classes available.

FEES/COST FOR SERVICES: Most insurance is accepted; a sliding scale is offered for financial assistance.

#### **NURTURING CHANGE - EQUIPPING CAREGIVERS TO HEAL KIDS**

LOCATION: TBRI classes at Lirios Pediatrics, 4201 S. Congress Ave., Ste. 202, Austin, TX 78745 HOURS: Vary CONTACT INFO: parents@nurturing-change.org WEBSITE: https://nurturing-change.org/ SERVICES/WHO IS ELIGIBLE: TBRI classes for parents and caregivers available in-person and virtually. FEES/COST FOR SERVICES: Discounted rate of \$50 is available for each participant.

#### STRONG START PARENTING SUPPORT

LOCATION: 4800 Manor Rd., Ste. A, Austin, TX 78723 HOURS: Vary depending on classes CONTACT INFO: 512-264-4100 WEBSITE: https://www.safeaustin.org/our-services/prevention-and-education/parenting-support/ SERVICES/WHO IS ELIGIBLE: Parenting support groups, lessons for children 3-5 yrs., mental health services, and crisis intervention. Offers free individual parenting classes for parents of children 0-11 yrs. of age. Male

caregivers can also receive support from fatherhood specialists.

FEES/COSTS FOR SERVICES: Free



# **Private Practice Mental Health Providers**

Disclaimer: The following providers are located in Travis County. As a District, we do not endorse any of the mental health providers mentioned above. These are some options based on location.

#### **PSYCHOLOGY TODAY**

**WEBSITE:** https://www.psychologytoday.com/us **SERVICES/WHO IS ELIGIBLE:** Find a therapist, psychologist, and/or psychiatrist.

#### AUSTIN ANXIETY AND OCD SPECIALISTS

LOCATION: 205 Wild Basin Rd. S., #3, Ste. 202, Austin, TX 78746 HOURS: Vary CONTACT INFO: 512-270-4248 WEBSITE: https://www.austinanxiety.com SERVICES/WHO IS ELIGIBLE: Private therapy for kids and teens experiencing anxiety and/or OCD. FEES/COSTS FOR SERVICES: Costs vary depending on services needed.

#### **AUSTIN FAMILY COUNSELING**

LOCATION: 5000 Bee Caves Rd., Ste. 100, Austin, TX 78746 HOURS: Vary CONTACT INFO: 512-298-3381 WEBSITE: https://austinfamilycounseling.com/

**SERVICES/WHO IS ELIGIBLE:** Provides expert-level guidance and support for families, children, couples, and individuals. Offers parenting workshops and groups for individuals seeking community and support. **FEES/COSTS FOR SERVICES:** Costs vary depending on services needed.

#### **AUSTIN THERAPY FOR GIRLS**

LOCATION: 8701 Menchaca Rd., Bldg. 2, Ste. 201, Austin, TX 78748 HOURS: Vary CONTACT INFO: 512-981-5279 WEBSITE: https://austintherapyforgirls.com/

**SERVICES/WHO IS ELIGIBLE:** Individual counseling, groups, and workshops for children and adolescents. **FEES/COSTS FOR SERVICES:** Costs vary depending on services needed.



#### **CAPITAL AREA COUNSELING**

LOCATION: 9111 Jollyville Rd., Ste. 250, Austin, TX 78759 HOURS: Vary CONTACT INFO: 512-302-1000

WEBSITE: https://cacaustin.org/

**SERVICES/WHO IS ELIGIBLE:** Counseling for adults, adolescents, children, couples, and families in English and Spanish. Offers in-person or telehealth counseling sessions.

**FEES/COSTS FOR SERVICES:** Fees range from \$15-60 per session and are based on income and household size unless you are part of our contracted partners like Foundation Communities, CASA Marianella, Marbridge Foundation, Texas Workforce Commission, Teachers Appreciation Project, or the Mike and Sherry Project.

#### **ELIZABETH MINGER COUNSELING**

LOCATION: 3006 Bee Caves Rd., Ste. D205, Austin, TX 78746 HOURS: Vary CONTACT INFO: 512-710-5359, hello@elizabethmingercounseling.com WEBSITE: https://www.elizabethmingercounseling.com/ SERVICES/WHO IS ELIGIBLE: Private therapy; play therapy, pre-teen, teen, and adult therapy, expressive arts, and parenting coaching. FEES/COSTS FOR SERVICES: Costs vary depending on services needed.

#### JUST MIND COUNSELING

LOCATION: 7004 Bee Caves Rd., Bldg. 3, Ste. 200, Austin, TX 78746 HOURS: Vary CONTACT INFO: 512-887-7070 WEBSITE: https://justmind.org SERVICES/WHO IS ELIGIBLE: Private therapy for children, teens, and families. FEES/COSTS FOR SERVICES: Costs vary depending on services needed.

#### **KARA LUCAS COUNSELING**

LOCATION: Austin, TX HOURS: Vary CONTACT INFO: 512-729-8932 WEBSITE: https://www.karalucascounseling.com/ SERVICES/WHO IS ELIGIBLE: Private therapy. FEES/COSTS FOR SERVICES: Costs vary depending on services needed.

#### KATHRYN M. BATES COUNSELING, PLLC

LOCATION: 1007 RR 620 S., Lakeway, TX 78734 HOURS: Vary CONTACT INFO: 512-522-7635, katie@KoseligCounselingTX.com WEBSITE: http://koseligcounselingtx.com SERVICES/WHO IS ELIGIBLE: Private therapy for children and adults, family therapy, and parenting classes. FEES/COSTS FOR SERVICES: Costs vary depending on services needed.



#### LAKEWAY EMDR - KAREN GOLDAPP, LCSW

LOCATION: 907 RR 620 S., Ste. 202-H, Lakeway, TX 78734 HOURS: Vary EMAIL: Karen@LakewayEMDR.com WEBSITE: https://www.lakewayemdr.com SERVICES/WHO IS ELIGIBLE: Private therapy for treating trauma, dissociation, chronic pain, and more. FEES/COSTS FOR SERVICES: Costs vary depending on services needed.

#### LILY PAD COUNSELING, PLLC - MICHELLE MONAHAN, LPC, MSEd, NCC

LOCATION: 1017 RR 620 S., Ste. 203, Lakeway, TX 78734 HOURS: Vary CONTACT INFO: 512-256-3367 WEBSITE: https://lilypadcounseling.com SERVICES/WHO IS ELIGIBLE: Private therapy for children and teens. FEES/COSTS FOR SERVICES: Costs vary depending on services needed.

#### **NEW ANGLE THERAPY, LLC**

LOCATION: 2951 RR 620 S., Ste. 102, Lakeway, TX 78738 HOURS: Vary CONTACT INFO: 737-387-4599 SERVICES/WHO IS ELIGIBLE: Provides private therapy for children, teens, or adults struggling with stress, anxiety, depression, trauma, school, relationship issues, or life transitions. FEES/COSTS FOR SERVICES: Costs vary depending on services needed.

#### NURTURE FAMILY COUNSELING

LOCATION: 1213 RR 620 S., Ste. 105, Lakeway, TX 78734 HOURS: Vary CONTACT INFO: 512-851-7945, info@nurturefamilycounseling.com WEBSITE: https://nurturefamilycounseling.com SERVICES/WHO IS ELIGIBLE: Private therapy. FEES/COSTS FOR SERVICES: Costs vary depending on services needed.

#### PAM NEWTON COUNSELING - PAM NEWTON, MS, LCDC

**CONTACT INFO:** 214-390-9597 **SERVICES/WHO IS ELIGIBLE:** Licensed Chemical Dependency Counselor; specializes in addiction. **FEES/COSTS FOR SERVICES:** Costs vary depending on services needed.



# POSITIVELY HEALTHY COACHING FOR TEENS AND PARENTS

LOCATION: Austin, TX HOURS: Vary CONTACT INFO: 512-431-6102

WEBSITE: https://www.positivelyhealthycoaching.com/

**SERVICES/WHO IS ELIGIBLE:** Teen & parent well-being coach empowering teenagers and parents with essential tools for personal growth, fostering resilience, emotional mastery, and self-certainty. **FEES/COSTS FOR SERVICES:** Costs vary depending on services needed.

#### **SAMARITAN CENTER**

LOCATION: 8956 Research Blvd., Bldg. 2, Austin, TX 78758 HOURS: Vary CONTACT INFO: 512-451-7337 WEBSITE: https://samaritan-center.org/

**SERVICES/WHO IS ELIGIBLE:** Holistic counseling, integrative medicine, peer support, and education for children, adolescents, adults, and families.

FEES/COSTS FOR SERVICES: Costs vary depending on services needed.

#### SHELLEY COLEMAN, MA, LPC-S, RPT

LOCATION: 1007 RR 620 S., Ste. 202, Lakeway, TX 78734 HOURS: Vary WEBSITE: https://shelleybcolemanlpc.com/ SERVICES/WHO IS ELIGIBLE: Play therapy, child and adolescent counseling, family therapy, and EMDR. FEES/COSTS FOR SERVICES: Costs vary depending on services needed.

#### **SPRING COUNSELING - PLAY THERAPY**

LOCATION: 3008 Bee Caves Rd., Austin, TX 78746 HOURS: Vary CONTACT INFO: 214-724-6471 WEBSITE: https://springcounselingaustin.com SERVICES/WHO IS ELIGIBLE: Play therapy, teen counseling, and parent coaching.

FEES/COSTS FOR SERVICES: Costs vary depending on services needed.



# **Senior Services**

# AGING & DISABILITY RESOURCE CENTER (ADRC) - TEXAS HEALTH AND HUMAN SERVICES

LOCATION: 6800 Burleson Rd., Bldg. 310, Ste. 165, Austin, TX 78744

CONTACT INFO: 855-937-2372

**WEBSITE:** https://www.hhs.texas.gov/services/aging/long-term-care/aging-disability-resource-centers

**SERVICES/WHO IS ELIGIBLE:** Operated by the Capital Area Council of Governments, the ADRC serves as a single access point for long-term services and support programs for older adults and individuals with disabilities. Assists with information and referrals, benefits counseling, and service coordination to help individuals navigate available resources.

FEES/COSTS FOR SERVICES: Costs vary depending on services needed.

#### SENIOR SERVICES OF AUSTIN

LOCATION: 1507 North St., Unit 1B, Austin, TX 78756 HOURS: Vary CONTACT INFO: 512-572-1722

WEBSITE: https://www.seniorservicesofaustin.com/

**SERVICES/WHO IS ELIGIBLE:** Comprehensive geriatric assessment, driving assessments, counseling, crisis intervention, advocacy, planning, home evaluations and modification, medication review and management, advanced directives and estate planning, financial management and bill pay, care coordination consultation, long-term planning, housing referrals, guardianship, community resources and referrals, support, tailored care plans to address needs, transport, and attending doctor appointments.

FEES/COSTS FOR SERVICES: Costs vary depending on services needed.

#### **VISITING ANGELS**

LOCATION: 9811 Anderson Mill Rd., Ste. 175, Austin, TX 78750 HOURS: Vary CONTACT INFO: 1-800-365-4189 WEBSITE: https://www.visitingangels.com/

**SERVICES/WHO IS ELIGIBLE:** Provides in-home care for seniors including personal hygiene assistance, medication reminders, and companionship; tailored to each individual's needs.

FEES/COSTS FOR SERVICES: Costs vary depending on services needed.



# **Social Services for Travis County**

#### TRAVIS COUNTY HEALTH AND HUMAN SERVICES (HHS)

LOCATION: 4601 W. Guadalupe St., Austin, TX 78751 HOURS: Vary

**CONTACT INFO:** 512-424-6500

WEBSITE: https://www.hhs.texas.gov/

**SERVICES/WHO IS ELIGIBLE:** Provides various programs to support individuals and families, including family support services: assistance with utility payments, home repairs, food pantries, clothing, senior lunch programs, and more. Eligibility depends on residency, income, and other factors.

FAMILY SUPPORT SERVICES: 512-854-4116

https://www.traviscountytx.gov/health-human-services/divisions/family-support-services?utm\_

**COMMUNITY SERVICES:** 512-854-4109. Offers programs such as housing services, work-based learning, after-school programs, and services for the deaf and hard of hearing.

https://www.traviscountytx.gov/health-human-services/divisions/community-services?utm\_

**CHILDREN SERVICES:** 512-854-7874. Offers initiatives such as Healthy Families Travis County and Family First, focusing on child welfare and family support.

https://www.traviscountytx.gov/health-human-services/divisions/office-children-services?utm\_

COSTS/FEES FOR SERVICES: Free

# **Support Groups**

#### AUSTIN CHILD GUIDANCE CENTER (ACGC)

LOCATION: 810 W. 45th St., Austin, TX 78751 HOURS: Vary CONTACT INFO: 512-451-2242 WEBSITE: https://austinchildguidance.org

**SERVICES/WHO IS ELIGIBLE:** Offers group therapy sessions for both children and caregivers, providing a supportive environment to address various behavioral and emotional challenges. Group therapy sessions typically last 1-1.5 hours, and free child care assistance is available during sessions.

**COSTS/FEES FOR SERVICES:** Fees are based on a sliding scale determined by family size and income.

#### **INFORMED PARENTS OF AUSTIN**

WEBSITE: https://informedparentsofaustin.com/ SERVICES/WHO IS ELIGIBLE: Resources for parents and families. COSTS/FEES FOR SERVICES: Free



#### NAMI CENTRAL TEXAS - FAMILY SUPPORT GROUPS

LOCATION: Various locations in Central Texas, including Round Rock and Austin

**CONTACT INFO:** 512-420-9810

WEBSITE: https://namiaustin.org

**SERVICES/WHO IS ELIGIBLE:** Offers support groups for parents and family members of children and teens exhibiting signs of mental health or behavioral conditions. Meetings are free and available both in-person and online, providing a confidential space to share experiences and receive support. **COSTS/FEES FOR SERVICES:** Free

#### **OUTYOUTH - LGBTQIA+ Youth Support Groups**

LOCATION: Austin, TX (specific venue details provided upon registration) HOURS: Vary CONTACT INFO: 512-419-1233 WEBSITE: https://www.outyouth.org/ SERVICES/WHO IS ELIGIBLE: Provides free support groups for LGBTQIA+ youth, teens, young adults, and

caregivers, fostering a supportive community and offering resources tailored to their needs. COST/FEES FOR SERVICES: Free

#### PARTNERS IN PARENTING (PIP) - Solo Parent Groups

LOCATION: Cedar Park, TX (specific venue details provided upon registration) HOURS: Vary CONTACT INFO: 512-829-1704

WEBSITE: https://pipaustin.org

**SERVICES/WHO IS ELIGIBLE:** Provides weekly peer support groups for single parents, fostering a sense of community and shared experience. Groups are available for parents with children of various age ranges, including newborns to 12-month-olds. An 8-wk. group for solo parents with newborns through 12-month-olds meets once a week in Cedar Park, TX.

**COSTS/FEES FOR SERVICES:** Fees are based on a sliding scale determined by family size and income.

PARENTS, FAMILIES AND FRIENDS OF LESBIANS AND GAYS (PFLAG) - AUSTIN LOCATION: P.O. Box 49881, Austin, TX 78757 HOURS: Vary CONTACT INFO: 512-302-3524 WEBSITE: https://pflagaustin.org/ SERVICES/WHO IS ELIGIBLE: Support groups available throughout Austin for parents, families, and friends of those who identify as LGBTQIA+. COSTS/FEES FOR SERVICES: Free



#### **VELA - MONTHLY SUPPORT GROUP FOR FAMILIES**

LOCATION: Austin, TX (specific venue details provided upon registration) HOURS: Vary CONTACT INFO: 512-900-0304 WEBSITE: https://velafamilies.org

**SERVICES/WHO IS ELIGIBLE:** Hosts monthly support groups for parents of children with disabilities, offering a platform to share experiences, discuss challenges, and learn self-care strategies. While virtual programming is available to any parent with internet access, in-person sessions are held at their Austin location. **COSTS/FEES FOR SERVICES:** Costs vary depending on services needed.

#### **Transportation Providers**

CAPITAL METROPOLITAN TRANSPORTATION AUTHORITY (CapMetro) LOCATION: 1705 Guadalupe St., Austin, TX 78701 HOURS: Vary CONTACT INFO: 512-474-1200, customer.service@capmetro.org WEBSITE: https://www.capmetro.org/ SERVICES/WHO IS ELIGIBLE: Offers bus, hybrid rail, vanpool, rideshare, bike share, and paratransit services throughout Austin and surrounding areas. COST/FEES FOR SERVICES: Costs vary depending on services needed.

#### **Utilities and Rent Assistance**

TEXAS 211 CONTACT INFO: Call 2-1-1 or 1-877-541-7905 SERVICES/WHO IS ELIGIBLE: A free social service hotline available 24 hours a day, seven days a week. WEBSITE: www.211Texas.org FEES/COSTS FOR SERVICES: Free

#### **GRAND LOVE**

LOCATION: 600 Hays Rd., Ste. 110, Prosper, TX 75078 HOURS: Vary CONTACT INFO: 469-224-3355 WEBSITE: https://grand-love.com/our-programs SERVICES/WHO IS ELIGIBLE: Offers financial assistan

**SERVICES/WHO IS ELIGIBLE:** Offers financial assistance to grandparents who are raising their grandchildren. The program helps supply additional support in a time of need. **FEES/COSTS FOR SERVICES:** Free

#### I BELONG IN AUSTIN - RENTAL ASSISTANCE

WEBSITE: https://www.austintexas.gov/rent SERVICES/WHO IS ELIGIBLE: Provides rental assistance to residents vulnerable to eviction. FEES/COSTS FOR SERVICES: Free



#### **INTEGRAL CARE - HOUSING SERVICES**

LOCATION: 1430 Collier St., Austin, TX 78704 HOURS: Vary

CONTACT INFO: 512-472-4357

WEBSITE: https://integralcare.org/program/housing-services/

**SERVICES/WHO IS ELIGIBLE:** Helps adults who live with mental illness and/or use alcohol or drugs find safe and stable housing. This includes help for people at risk of losing their homes. **FEES/COSTS FOR SERVICES:** Free

#### LAKE TRAVIS CRISIS MINISTRIES

LOCATION: Foundation Communities - SW Trails, 8405 Old Bee Caves Rd., Austin, TX 78735 HOURS: Wednesday, 5 - 7 pm; Thursday, 10 am - 12 pm CONTACT INFO: 512-266-9810 SERVICES/WHO IS ELIGIBLE: Provides free groceries, counseling, and referrals to other sources, financial assistance, back-to-school dental care for kids, and school supply assistance. Must live within LTISD boundaries and bring a current ID. FEES/COSTS FOR SERVICES: Free

#### QUEEN OF ANGELS CONFERENCE - Society of St. Vincent de Paul

LOCATION: Various locations in the Austin area CONTACT INFO: 512-251-6995 WEBSITE: https://ssvdp.org/contact-us

**SERVICES/WHO IS ELIGIBLE:** Assists individuals and families with basic unmet needs. This program provides emergency financial assistance for rent, utilities, medical, and prescription bills. **FEES/COSTS FOR SERVICES:** Free

#### TRAVIS COUNTY HEALTH AND HUMAN SERVICES - FAMILY SUPPORT SERVICES

LOCATION: 8656 State Hwy. 71, Austin, TX 78735 HOURS: Vary CONTACT INFO: 512-854-2130 WEBSITE: https://www.traviscountytx.gov/health-human-services/divisions/family-support-services SERVICES/WHO IS ELIGIBLE: The largest provider of basic needs assistance in Travis County. FEES/COSTS FOR SERVICES: Free



# **Veterans Health Administration Clinics**

#### **AUSTIN VA CLINIC**

LOCATION: 7901 Metropolis Dr., Austin, TX 78744 HOURS: Vary CONTACT INFO: 1-800-423-2111 VA HEALTH CONNECT: 833-284-7212 MENTAL HEALTH PHONE: 512-823-4040 WEBSITE: https://www.va.gov/central-texas-health-care/locations/austin-va-clinic/ SERVICES/WHO IS ELIGIBLE: Variety of medical services for veterans. FEES/COSTS FOR SERVICES: Varies depending on services needed.

#### **SALUTE, INC**

**WEBSITE:** https://www.saluteinc.org/financial-assistance-application/ **SERVICES/WHO IS ELIGIBLE:** Financial assistance for veterans.