



# Flagler Palm Coast High School

## Athletic Physical Check Sheet 2025-2026



☐ Complete student-athlete profile registration at:

[www.AthleticClearance.com](http://www.AthleticClearance.com)

- Sign all digital forms in the Athletic Clearance platform *(no need to print out and sign)*:
  - EL3 – Consent and Release from Liability Certificate
  - EL3 – Consent and Release from Liability Certificate for Concussions
  - EL3 – Consent and Release from Liability Certificate for Sudden Cardiac Arrest & Heat-Related Illness
  - EL3 -FHSAA Established Rules and Eligibility
  - Flagler Palm Coast High School Student-Athlete Contract
  - Annual Sports Activity Participation Form
  - Concussion Baseline Form (Advent Health)
  - 'Return to Play' Form (FPC Sports Medicine)
  - Notification of Payment of Fines & Game Suspension Form
  - Flagler Schools Insurance Notification Form

☐ **EL2- FHSAA Physical Form** (02/25)

- Athletic physical completed and signed by a doctor.
- Upload scanned or photo file of **\*PAGE 4 ONLY\*** to Athletic Clearance profile under 'FILES' tab. Pages 1-3 of the EL2 form are to be kept on file with each family and/or medical provider.
  - **\*Student-Athlete & parent signature required on the bottom of page 4\***
- If the doctor refers the student for additional evaluation, families must upload the 'PREPARTICIPATION PHYSICAL EVALUATION – SUPPLEMENT' form in addition to page 4 of the EL2.

☐ **ECG FORM** (03/25)

- Students must have one (1) cleared ECG heart screening completed which will count for all four years in high school.
- The ECG form and cleared documentation will be uploaded to the ECG tab on your clearance each year.

☐ **NFHS Videos**

- Students must watch the following free videos, then upload their completion certificate to the Athletic Clearance Profile:
  - Concussion
  - Heat Related Illness
  - Sudden Cardiac Arrest
- Visit [NFHSLearn.com](http://NFHSLearn.com) to access the free courses.



## **ATHLETIC CLEARANCE – Online Portal Registration**

1. Visit **AthleticClearance.com**
2. Select Florida
3. **First Time Users:**
  - Create an Account. PARENTS/GUARDIANS will register with a valid email username and password.
4. **Returning Users:**
  - Enter login information and click “Sign In”
5. Sign In using your email address that you registered with.
6. Select “Start Clearance Here” to start the process.
7. Choose:
  - School Year in which the student plans to participate. Example: Football in August 2025 would be the 2025-2026 School Year.
  - Select FLAGLER PALM COAST HIGH SCHOOL as the school your student attends and will compete at.
  - Sport/s (We recommend that if the student will be participating in multiple sports, that those sports are added all at once).
8. Complete all required fields for Student Information, Parent/Guardian Information, Medical History, Signature Forms and upload a File if applicable.
  - (If you have gone through the Athletic Clearance process before, you will select the Student and Parent/Guardian from the dropdown menu on those pages and the information will autofill)
9. Once you reach the ‘Confirmation Message’ you have completed the online registration process.
10. **The student-athlete is not ‘Cleared’ yet!** This data will be electronically filed with your school’s athletic department for review. When the student has been cleared for participation, an email notification will be sent. Please allow for 1-2 business days for review of the students profile.

*Questions? Use the yellow Help option on the bottom right of the screen and submit a ticket.*

## **Online Athletic Clearance FAQ:**

### **What is my Username?**

- Your username is the email address that you registered with.

### **How do I register for multiple Sports?**

- If you know you are going to play multiple sports when registering, it is best to add all sports on the first step where you also select the school year and school. If you are registering for additional sports after completing your initial clearance for the year, you will have to complete the process again. The good news is that if you select the student & parent/guardian info from the dropdown on those respective pages, the information will autofill.

### **What is the 'Physicals' Page?**

- This is where you will submit your EL2 physical form for clearance. The physical form can also be downloaded on the Medical History page should you need to access it later. Our school will accept a physical uploaded to this section without a hard copy submission, but if you wish to turn in the hard copy physical as well please drop it off in the athletic office on campus.

### **What is 'Your Files'?**

- This area is meant to store your files so they can be accessed later in the year or perhaps years following. Files do not carry over year to year automatically. You will be asked to click on the files tab when creating a new clearance to carry over your EL2 (athletic physical), birth certificate, and ECG results each year for each clearance submitted.

### **Why haven't I been cleared?**

- The FPOCHS athletic department will review the information you have submitted before clearing you for participation. Once they review your clearance, they will update your status to either 'Cleared' or 'Denied'. You will receive an email when you have been either cleared for participation, or if you have been denied and requested to fix certain documents to re-upload. Please allow up to 48 hours for a staff member to review.

### **I was "Denied" clearance, now what?**

- You should have received an email with the reason for denial. Please update your clearance accordingly then contact your school's athletic department and ask them to review your information again.
  - **Sample Reasons for your profile being 'Denied':**
    - "Missing FHSAA EL2: Please upload a picture or PDF copy of the completed FHSAA EL2 Physical Form"
    - "Wrong EL2: Per FHSAA policy, only the FHSAA EL2 forms are accepted for the sports physical"
    - "Missing parent and/or student signature on Page Four (4) of the FHSAA EL2 (Athletic Physical Form. Please sign your original form and re-upload to your Athletic Clearance profile"
    - "You are missing the completion certificates for the required three NFHS Videos: 1) Concussions, 2) Heat Related Illness, and 3) Sudden Cardiac Arrest. Please visit [NFHSLearn.com](http://NFHSLearn.com) to complete the short videos, and upload your completion certificates to your Athletic Clearance portal"



## **Course Ordering**

**Step 1:** Go to [www.nfhslearn.com](http://www.nfhslearn.com)

**Step 2:** “*Sign In*” to your account using the e-mail address and password you provided at time of registering for an nfhslearn account.

OR

If you do not have an account, “*Register*” for an account.

**Step 3:** Click “*Courses*” at the top of the page.

**Step 4:** Scroll down to the specific course from the list of courses : 1) FHSAA Concussion Video, 2) FHSAA Heat Illness Video, 3) FHSAA Sudden Cardiac Arrest Video.

**Step 5:** Click “*View Course*”.

**Step 6:** Click “*Order Course*.”

**Step 7:** Select “*Myself*” if the course will be completed by you.

**Step 5:** Click “*Continue*” and follow the on-screen prompts to finish the checkout process.

(Note: There is no fee for these courses.)

## **Beginning a Course**

**Step 1:** Go to [www.nfhslearn.com](http://www.nfhslearn.com)

**Step 2:** “*Sign In*” to your account using the e-mail address and password you provided at time of registering for an nfhslearn account.

**Step 3:** From your “*Dashboard*,” click “*My Courses*”.

**Step 4:** Click “*Begin Course*” on the course you wish to take.

*For help viewing the course, please contact the help desk at NFHS. There is a **HELP** tab on the upper right hand corner of [www.nfhslearn.com](http://www.nfhslearn.com). If you should experience any issues while taking the course, please contact the **NFHS Help Desk** at (317) 565-2023*





**PREPARTICIPATION PHYSICAL EVALUATION (Page 1 of 4)**  
*This medical history form should be retained by the healthcare provider and/or parent.*  
*This form is valid for 365 calendar days from the date of exam.*

**EL2**

Revised 2/25

**MEDICAL HISTORY FORM**

**Student Information** (to be completed by student and parent) *print legibly*

Student's Full Name: \_\_\_\_\_ Biological Sex: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_  
School: \_\_\_\_\_ Grade in School: \_\_\_\_\_ Sport(s): \_\_\_\_\_  
Home Address: \_\_\_\_\_ City/State: \_\_\_\_\_ Home Phone: (\_\_\_\_) \_\_\_\_\_  
Name of Parent/Guardian: \_\_\_\_\_ E-mail: \_\_\_\_\_  
Person to Contact in Case of Emergency: \_\_\_\_\_ Relationship to Student: \_\_\_\_\_  
Emergency Contact Cell Phone: (\_\_\_\_) \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_\_ Other Phone: (\_\_\_\_) \_\_\_\_\_  
Family Healthcare Provider: \_\_\_\_\_ City/State: \_\_\_\_\_ Office Phone: (\_\_\_\_) \_\_\_\_\_

List past and current medical conditions:

Have you ever had surgery? If yes, please list all surgical procedures and dates:

Medicines and supplements (please list all current prescription medications, over-the-counter medicines, and supplements (herbal and nutritional):

Do you have any allergies? If yes, please list all of your allergies (i.e., medicines, pollens, food, insects):

**Patient Health Questionnaire version 4 (PHQ-4)**

*Over the past two weeks, how often have you been bothered by any of the following problems? (Circle response)*

	Not at all	Several days	Over half of the days	Nearly everyday
Feeling nervous, anxious, or on edge	0	1	2	3
Not being able to stop or control worrying	0	1	2	3
Little interest or pleasure in doing things	0	1	2	3
Feeling down, depressed, or hopeless	0	1	2	3

GENERAL QUESTIONS		Yes	No
Explain "Yes" answers at the end of this form. Circle questions if you don't know the answer.			
1	Do you have any concerns that you would like to discuss with your provider?		
2	Has a provider ever denied or restricted your participation in sports for any reason?		
3	Do you have any ongoing medical issues or recent illnesses?		
HEART HEALTH QUESTIONS ABOUT YOU		Yes	No
4	Have you ever passed out or nearly passed out during or after exercise?		
5	Have you ever had discomfort, pain, tightness, or pressure in your chest during exercise?		
6	Does your heart ever race, flutter in your chest, or skip beats (irregular beats) during exercise?		
7	Has a doctor ever told you that you have any heart problems?		
HEART HEALTH QUESTIONS ABOUT YOU (continued)		Yes	No
8	Has a doctor ever requested a test for your heart? For example, electrocardiography (ECG) or echocardiography (ECHO)?		
9	Do you get light-headed or feel shorter of breath than your friends during exercise?		
10	Have you ever had a seizure?		
HEART HEALTH QUESTIONS ABOUT YOUR FAMILY		Yes	No
11	Has any family member or relative died of heart problems or had an unexpected or unexplained sudden death before age 35? (including drowning or unexplained car crash)		
12	Does anyone in your family have a genetic heart problem such as hypertrophic cardiomyopathy (HCM), Marfan Syndrome, arrhythmogenic right ventricular cardiomyopathy (ARVC), long QT syndrome (LQTS), short QT syndrome (SQTS), Brugada syndrome, or catecholaminergic polymorphic ventricular tachycardia (CPVT)?		
13	Has anyone in your family had a pacemaker or an implanted defibrillator before age 35?		

**This form is not considered valid unless all sections are complete.**



**PREPARTICIPATION PHYSICAL EVALUATION (Page 2 of 4)**  
*This medical history form should be retained by the healthcare provider and/or parent.*  
*This form is valid for 365 calendar days from the date of exam.*

**EL2**

**Revised 2/25**

Student's Full Name: \_\_\_\_\_ Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ School: \_\_\_\_\_

BONE AND JOINT QUESTIONS		Yes	No
14	Have you ever had a stress fracture?		
15	Did you ever injure a bone, muscle, ligament, joint, or tendon that caused you to miss a practice or game?		
16	Do you have a bone, muscle, ligament, or joint injury that currently bothers you?		

MEDICAL QUESTIONS		Yes	No
17	Do you cough, wheeze, or have difficulty breathing during or after exercise or has a provider ever diagnosed you with asthma?		
18	Are you missing a kidney, an eye, a testicle, your spleen, or any other organ?		
19	Do you have groin or testicle pain or a painful bulge or hernia in the groin area?		
20	Do you have any recurring skin rashes or rashes that come and go, including herpes or methicillin-resistant staphylococcus aureus (MRSA)?		
21	Have you had a concussion or head injury that caused confusion, a prolonged headache, or memory problems?		
22	Have you ever had numbness, had tingling, had weakness in your arms or legs, or been unable to move your arms or legs after being hit or falling?		
23	Have you ever become ill while exercising in the heat?		
24	Do you or does someone in your family have sickle cell trait or disease?		
25	Have you ever had or do you have any problems with your eyes or vision?		

MEDICAL QUESTIONS (continued)		Yes	No
26	Do you worry about your weight?		
27	Are you trying to or has anyone recommended that you gain or lose weight?		
28	Are you on a special diet or do you avoid certain types of foods or food groups?		
29	Have you ever had an eating disorder?		

Explain "Yes" answers here:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**This form is not considered valid unless all sections are complete.**

Participation in high school sports is not without risk. The student-athlete and parent/guardian acknowledge truthful answers to the above questions allows for a trained clinician to assess the individual student-athlete against risk factors associated with sports-related injuries and death. Florida Statute 1006.20 requires a student candidate for an interscholastic athletic team to successfully complete a preparticipation physical evaluation as the first step of injury prevention. This preparticipation physical evaluation shall be completed each year before participating in interscholastic athletic competition or engaging in any practice, tryout, workout, conditioning, or other physical activity, including activities that occur outside of the school year.

We hereby state, to the best of our knowledge, that our answers to the above questions are complete and correct. In addition to the routine physical evaluation required by Florida Statute 1006.20, and FHSAA Bylaw 9.7, we understand and acknowledge that we are hereby advised that the student should undergo a cardiovascular assessment, which may include such diagnostic tests as electrocardiogram (ECG), echocardiogram (ECHO), and/or cardio stress test. The FHSAA Sports Medicine Advisory Committee strongly recommends a medical evaluation with your healthcare provider for risk factors of sudden cardiac arrest which may include the special tests listed above.

Student-Athlete Name: \_\_\_\_\_ (printed) Student-Athlete Signature: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Parent/Guardian Name: \_\_\_\_\_ (printed) Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Parent/Guardian Name: \_\_\_\_\_ (printed) Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_



**PREPARTICIPATION PHYSICAL EVALUATION (Page 3 of 4)**  
*This medical history form should be retained by the healthcare provider and/or parent.*  
*This form is valid for 365 calendar days from the date of exam.*

**EL2**

Revised 2/25

**PHYSICAL EXAMINATION FORM**

Student's Full Name: \_\_\_\_\_ Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ School: \_\_\_\_\_

**HEALTHCARE PROFESSIONAL REMINDERS:**

Consider additional questions on more sensitive issues.

• Do you feel stressed out or under a lot of pressure?	• Do you ever feel sad, hopeless, depressed, or anxious?
• Do you feel safe at your home or residence?	• During the past 30 days, did you use chewing tobacco, snuff, or dip?
• Do you drink alcohol or use any other drugs?	• Have you ever taken anabolic steroids or used any other performance-enhancing supplement?
• Have you ever taken any supplements to help you gain or lose weight or improve your performance?	• Have you experienced performance changes, felt fatigued, and/or experienced times of low energy during the past year?

- ☐ Verify completion of FHSAA EL2 Medical History (pages 1 and 2), review these medical history responses as part of your assessment.  
Cardiovascular history/symptom questions include Q4-Q13 of Medical History form. *(check box if complete)*

**EXAMINATION**

<b>Height:</b>	<b>Weight:</b>
<b>BP:</b> /    (    /    )	<b>Pulse:</b> <b>Vision:</b> R 20/                      L 20/ <b>Corrected:</b> Yes    No

<b>MEDICAL - healthcare professional shall initial each assessment</b>	<b>NORMAL</b>	<b>ABNORMAL FINDINGS</b>
Appearance • Marfan stigmata (kyphoscoliosis, high-arched palate, pectus excavatum, arachnodactyl, hyperlaxity, myopia, mitral valve prolapse [MVP], and aortic insufficiency)		
Eyes, Ears, Nose, and Throat • Pupils equal • Hearing		
Lymph Nodes		
Heart • Murmurs (auscultation standing, auscultation supine, and Valsalva maneuver)		
Lungs		
Abdomen		
Skin • Herpes Simplex Virus (HSV), lesions suggestive of Methicillin-Resistant Staphylococcus Aureus (MRSA), or tinea corporis		
Neurological		

<b>MUSCULOSKELETAL - healthcare professional shall initial each assessment</b>	<b>NORMAL</b>	<b>ABNORMAL FINDINGS</b>
Neck		
Back		
Shoulder and Arm		
Elbow and Forearm		
Wrist, Hand, and Fingers		
Hip and Thigh		
Knee		
Leg and Ankle		
Foot and Toes		
Functional • Double-leg squat test, single-leg squat test, and box drop or step drop test		

**This form is not considered valid unless all sections are complete.**

\*Consider electrocardiography (ECG), echocardiography (ECHO), referral to a cardiologist for abnormal cardiac history or examination findings, or any combination thereof. The FHSAA Sports Medicine Advisory Committee strongly recommends to a student-athlete (parent), a medical evaluation with your healthcare provider for risk factors of sudden cardiac arrest which may include an electrocardiogram.

Name of Healthcare Professional (print or type): \_\_\_\_\_ Date of Exam: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Address: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_ E-mail: \_\_\_\_\_

Signature of Healthcare Professional: \_\_\_\_\_ Credentials: \_\_\_\_\_ License #: \_\_\_\_\_



## PREPARTICIPATION PHYSICAL EVALUATION (Page 4 of 4)

SUBMIT THIS MEDICAL ELIGIBILITY FORM TO THE SCHOOL

This form is valid for 365 calendar days from the date of exam.

**EL2**

Revised 2/25

### MEDICAL ELIGIBILITY FORM

**Student Information** (to be completed by student and parent) *print legibly*

Student's Full Name: \_\_\_\_\_ Biological Sex: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

School: \_\_\_\_\_ Grade in School: \_\_\_\_\_ Sport(s): \_\_\_\_\_

Home Address: \_\_\_\_\_ City/State: \_\_\_\_\_ Home Phone: (\_\_\_\_) \_\_\_\_\_

Name of Parent/Guardian: \_\_\_\_\_ E-mail: \_\_\_\_\_

Person to Contact in Case of Emergency: \_\_\_\_\_ Relationship to Student: \_\_\_\_\_

Emergency Contact Cell Phone: (\_\_\_\_) \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_\_ Other Phone: (\_\_\_\_) \_\_\_\_\_

Family Healthcare Provider: \_\_\_\_\_ City/State: \_\_\_\_\_ Office Phone: (\_\_\_\_) \_\_\_\_\_

#### SHARED EMERGENCY INFORMATION - completed at the time of assessment by practitioner and parent

☐ Check this box if there is no relevant medical history to share related to participation in competitive sports.

Provider Stamp (if required by school)

Medications: *(use additional sheet, if necessary)*

List: \_\_\_\_\_

Relevant medical history to be reviewed by athletic trainer/team physician: *(explain below, use additional sheet, if necessary)*

☐ Allergies ☐ Asthma ☐ Cardiac/Heart ☐ Concussion ☐ Diabetes ☐ Heat Illness ☐ Orthopedic ☐ Surgical History ☐ Sickle Cell Trait ☐ Other

Explain: \_\_\_\_\_

Signature of Student: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

We hereby state, to the best of our knowledge the information recorded on this form is complete and correct. We understand and acknowledge that we are hereby advised that the student should undergo a cardiovascular assessment, which may include such diagnostic tests as electrocardiogram (ECG), echocardiogram (ECHO), and/or cardio stress test.

☐ Medically eligible for all sports without restriction

☐ Medically eligible for all sports without restriction after clearance by medical specialist for: \_\_\_\_\_

*(If this option is checked, additional medical follow-up and clearance prior to sports participation is required. Use EL2 Page 5 for documentation.)*

☐ Medically eligible for only certain sports as listed below: \_\_\_\_\_

☐ Not medically eligible for any sports

Recommendations: *(use additional sheet, if necessary)*

In accordance with §1006.20(2)(c), F.S., I hereby certify that I am a practitioner licensed under Florida chapter 458, chapter 459, chapter 460, §464.012, or registered under §464.0123, and in good standing with my regulatory board and that I, or a clinician under my direct supervision, have examined the above-named student-athlete using the FHSAA EL2 Preparticipation Physical Evaluation and have provided the conclusion(s) listed above. A copy of the exam has been retained and can be accessed by the parent as requested. Any injury or other medical conditions that arise after the date of this medical clearance should be properly evaluated, diagnosed, and treated by an appropriate healthcare professional prior to participation in activities.

Name of Healthcare Professional (print or type): \_\_\_\_\_ Date of Exam: \_\_\_\_/\_\_\_\_/\_\_\_\_

Address: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Signature of Healthcare Professional: \_\_\_\_\_ Credentials: \_\_\_\_\_ License #: \_\_\_\_\_

**This form is not considered valid unless all sections are complete.**





## PREPARTICIPATION PHYSICAL EVALUATION (Supplement)

SUBMIT THIS MEDICAL ELIGIBILITY FORM TO THE SCHOOL

This form is valid for 365 calendar days from the date of exam.

**EL2**

Revised 2/25

This form is only used, or requested, if a student-athlete has been referred for additional evaluation, prior to full medical clearance.

### MEDICAL ELIGIBILITY FORM - Referred Provider Form

#### Student Information (to be completed by student and parent) *print legibly*

Student's Full Name: \_\_\_\_\_ Biological Sex: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

School: \_\_\_\_\_ Grade in School: \_\_\_\_\_ Sport(s): \_\_\_\_\_

Home Address: \_\_\_\_\_ City/State: \_\_\_\_\_ Home Phone: (\_\_\_\_) \_\_\_\_\_

Name of Parent/Guardian: \_\_\_\_\_ E-mail: \_\_\_\_\_

Person to Contact in Case of Emergency: \_\_\_\_\_ Relationship to Student: \_\_\_\_\_

Emergency Contact Cell Phone: (\_\_\_\_) \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_\_ Other Phone: (\_\_\_\_) \_\_\_\_\_

Family Healthcare Provider: \_\_\_\_\_ City/State: \_\_\_\_\_ Office Phone: (\_\_\_\_) \_\_\_\_\_

Referred for: \_\_\_\_\_ Diagnosis: \_\_\_\_\_

I hereby certify the evaluation and assessment for which this student-athlete was referred has been conducted by myself or a clinician under my direct supervision with the conclusions documented below:

- ☐ Medically eligible for all sports without restriction as of the date signed below
- ☐ Medically eligible for all sports without restriction after completion of the following treatment plan: *(use additional sheet, if necessary)*

☐ Medically eligible for only certain sports as listed below:

☐ Not medically eligible for any sports

Further Recommendations: *(use additional sheet, if necessary)*

Name of Healthcare Professional (print or type): \_\_\_\_\_ Date of Exam: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Address: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Signature of Healthcare Professional: \_\_\_\_\_ Credentials: \_\_\_\_\_ License #: \_\_\_\_\_

Provider Stamp *(if required by school)*

# ELECTROCARDIOGRAM (ECG) CLEARANCE

**Parents/Guardians:** An electrocardiogram (ECG) helps identify those who are at risk for sudden cardiac arrest or death. An ECG screening may assist in diagnosing several different heart conditions that contribute to sudden cardiac arrest. In accordance with School Board Policy 406.1, The School Board of Flagler County, Florida requires each high school student wishing to participate in athletics, JROTC, Marching Band, or Color Guard to have one (1) ECG screening on file prior to participation. The ECG must be completed by a licensed physician, including a primary care physician (PCP), pediatrician, licensed physician assistant (PA), or certified advanced registered nurse practitioner (ARNP).

**If the student's ECG comes back as "Abnormal", they must be cleared by a cardiologist prior to participation.**

Student Name: \_\_\_\_\_ Student ID#: \_\_\_\_\_ DOB: \_\_\_\_\_

\_\_\_\_\_  
Parent/Legal Guardian Name      Parent/Legal Guardian Signature      Date

☐ My child has completed an ECG through **Who We Play For** or **Advent Health** within the past 365 days.

*If so, you can stop here. Please submit the email you received from the respective organization and the top portion of this form through your schools' website under Athletics/Activities.*

**ECG's performed by a PCP, Urgent Care Center, or Walk-in Clinic must complete the form below:**

**PHYSICIAN INSTRUCTIONS:** This form is to be completed in full by an appropriate health care provider. After completing the ECG, select the appropriate box below. If the initial ECG is interpreted as "**ABNORMAL**", the student must be cleared by a Cardiologist prior to participation.

## Electrocardiogram Clearance

I hereby certify that an ECG was performed by myself or an individual under my direct supervision with the following conclusion:

- ☐ **NORMAL** : Low Risk/Cleared for Participation
- ☐ **ABNORMAL** : An Abnormal ECG was found and the student has been referred to cardiology prior to being able to participate.

Name of Physician/PA/ARNP	Physician/PA/ARNP Signature	Date
Stamp of Physician Office: _____	Phone: _____	Date: _____
Address: _____	City: _____	Zip: _____

Submission:

- 1) Athletics - Submit this form as part of annual athletic clearance for interscholastic athletic participation through Athletic Clearance.
- 2) Marching Band, JROTC, Colorguard - Visit [www.athleticclearance.com](http://www.athleticclearance.com) to create a profile and clearance for the current school year and submit this form and ECG documentation.