COUNTRY VIEW

CHRONICLE

May 2025



NOTES FROM MRS. BEEM

Greetings Country View Families!
As the school year draws to a close, I want to take a moment to celebrate the incredible journey of growth, the spark of genius, and the boundless joy we've witnessed in your child! Being part of their learning adventure this year has been a privilege.

The genius within each child has shone brightly, whether it's through their insightful questions, their innovative problem-solving, or their unique ways of understanding the world around them. And through it all, their joy in learning, in friendship, and in discovery has been contagious and inspiring.

I am so proud of all that your child has accomplished this year, and I thank you for your partnership in their education. Your support and encouragement have been invaluable in fostering their growth, nurturing their genius, and cultivating their joy.

I wish you a wonderful and restful summer filled with laughter and making cherished memories. We look forward to welcoming your child back next year and am eager to see how they continue to grow and shine their genius and joy!

Warmly~
Ms. Beem

UPCOMING EVENTS

May 16 --- Color Run 5:30-check-in, 6:00 run
May 22 --- 5th Grade Field Trip to UW Campus
May 23 --- Madison Reading Project FREE BookFair
May 27 & 28 --- Lunch Theater (Grades 1-5)
May 28 --- Kindergarten Haven's Petting Farm at Country View
May 29 --- 4th Grade Field Trip to Cave of the Mounds
May 30 --- 5th Grade End of Year Celebration
June 4 --- 1st Grade Field Trip to Folklore Village
June 5 --- Field Day
June 6 --- Dive into Reading Celebration Parade 8:30am
June 9 --- NO LATE START, school starts at 7:30



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COLOR RUN

All students get a **FREE** t-shirt! Come get drenched in color on Friday, May 16th, starting at 5:30PM!

Color Run Volunteers -
STILL NEEDED To make this event happen we need YOUR help with - Set up, check-in, powder throwers, or clean up Sign-up here



FIELD DAY

Mark your calendars! Field Day at CV will be on Thursday, June 5. Volunteers are needed to help run stations that students will rotate through. Sign-up here.

TIMES BY GRADE

7:20 - 8:50 - 5th Grade
8:35 - 9:50 - 4th Grade
9:35 - 10:50 - Kindergarten
11:10 - 12:30 - 2nd Grade
12:10 - 1:30 - 1st Grade
1:10 - 2:40 - 3rd Grade







SUPPORTING KIDS WITH...

SCHOOL CHANGES

HIGHLIGHTS

Help your child navigate school changes by engaging in **regular communication,** sticking to **routines**, and involving your child in **planning** when possible.

TYPES OF CHANGE

Change can be inherently stressful for children, as they naturally crave **predictability** and **routine**.

School-related changes might include:

- moving to a new school
- transitioning to a new grade
- adjusting to a new teacher
- even a new seating arrangement

Whatever change they may be experiencing, it is important to provide them with the appropriate support to navigate it.

BEHAVIOR

Be attentive to **behavioral change** that may indicate more sever change-related stress, such as withdrawal, irritability, or trouble sleeping, and reach out to your pediatrician, student servies, or a mental health professional for guidance.

HIDDEN FEELINGS

When experiencing changes at school, a child may feel:

- angry
- sad
- worried or anxious
- resentful
- lonley

They could also feel excited or hopeful!

START BY:

Offering Reassurance:
Remind your child of their stregths: “I know starting this change is tough, but you’re brave and strong. You can do this.”

Celebrating Small Wins:
Celebrate their successes, such as making a new friend, with special treats or extra playtime.

Acknowledge What’s the Same:
Together, identify the things that aren’t changing/staying the same.

SUPPORTING KIDS WITH...

NAVIGATE CHANGE

COMMUNICATE

Explain What to Expect:
Share details like, “Next week, you’ll start a new school. You’ll have Mrs. Smith as your teacher, and your classroom is right next to the library.

Visit the New Environment:
If possible, tour the school or classroom together to familiarize your child with the new setting. Show them where important places like the bathroom and cafeteria are located.

ROUTINES

Stick to regular routines such as mealtimes, bedtime rituals, and regular family activities as much as possible during transitions. Consistency in other areas of their lives helps children feel secure, even as they are adjusting to change.

SHARE

Tell your own stories about adapting to new situations to help them relate and feel reassured. For example, share a time when you had to move or start a new job and how it turned out positively.

POSITIVES

Focus on exciting aspects of the change, like potential new friends or a fun playground at the new school.

ACTIVITIES

Create a Transition Book:
Make a book with your child about the new school, teacher, or other change. Include photos or drawings of the changes.

Role-Playing:
Act out scenarios like meeting new classmates, talking to the teacher, or finding their way around the school to build confidence. For example: have your child practice introducing themselves to new friends or asking an adult for help.

Pack a Comfort Kit:
Include items like a family photo, a favorite small toy, or a note from their home in their backpack. Knowing it’s there whenever they need conmfort can help them feel more secure as they adjust to change.