



WESTERN SCHOOL

FAMILY RESOURCE GUIDE



Naugatuck Public Schools
Western Elementary PTO



Naugatuck Public Schools
Western Elementary School



100 PINE STREET

Naugatuck, CT 06670

Principal

BRENDA M. GOODRICH



Naugatuck
Public Schools



More Info: ☎ 203-720-5244

🌐 western.naugatuck.k12.ct.us



Dear Western Families,

The state of Connecticut offers various resources for families in need of support, ranging from financial assistance with childcare to health services and other programs aimed at improving the well-being of families. Here's an overview of some key resources available:

Connecticut 211

Offers residents many different types of help. There are professionals available to assist callers with a variety of complex issues.

<https://www.211ct.org>

Some topics in 211 include: *(available online or by clicking an easy access link below)*

[Access Health CT: Connecticut Health Insurance Exchange](#)

[Avoiding Scams and Frauds After a Disaster/During a Pandemic](#)

[Connecticut Energy Assistance Program – CEAP: 2023-2024](#)

[How to Prepare and Safely Weather a Hurricane/Tornado](#)

[How to Help with Humanitarian Efforts in Israel and Gaza](#)

[Operation Fuel](#)

[Opioid Substance Abuse Treatment Options in Connecticut](#)

[Preparing Connecticut Residents with HUSKY/CHIP, SNAP or Cash Benefits with](#)

[End of COVID-19 Public Health Emergency Benefit Renewal Process](#)

[School Lunch and School Breakfast Programs](#)

[State and Federal Resources to Assist Connecticut Residents with Expected Electricity Cost Increases](#)

[WIC Farmers Market Nutrition Program](#)

Connecticut 211 for Children & Families

This all-access tab provides information on various services and interventions:

Early Care and Education (childcare, birth to three, Headstart, Help Me Grow),

Child Nutrition Programs, Mental Health, and Parenting Support.

<https://uwc.211ct.org/categorysearch/children>

Care4Kids

Helps low to moderate-income families in Connecticut pay for child care costs.

<https://www.ctcare4kids.com/>

Crisis

This all-access tab allows CT residents immediate access to services related to mental health, food insecurity, and shelter.

<https://uwc.211ct.org/categorysearch/crisis/>

Food

Residents can obtain information pertaining to food pantries, soup kitchens, food stamps/SNAP, and commodity supplemental food programs for the elderly. Additionally, there is information about congregate meals/nutrition sites, home delivered meals, summer food program meals, farmers markets, and holiday meal programs.

<https://uwc.211ct.org/categorysearch/food>

Housing

The housing tab provides residents with an immediate guide to emergency housing and shelters in crisis housing filtered by area. There is also information related to affordable housing, i.e. low low-income/subsidized, etc., as well as the renter's assistance tab, CTHousing Choice Voucher Program (CTHCVP). In addition, there are articles related to Subsidized housing tips, fair housing, landlord/tenant rights and responsibilities, and information on rent increases.

https://www.211ct.org/topic_pages/housing

Mental Health

The link below provides comprehensive, up-to-date information on programs and services that can offer direction to mental health service providers in our area. It delineates various treatment options, respite, support groups, and inpatient and outpatient services, as well as categorizing between children, adolescents, and adults. There is a subcategory that offers guidance related to domestic violence services.

<https://uwc.211ct.org/categorysearch/mental-health/>

Substance Use

Resources and links to various substance use disorders programs and services, as well as other important resources to assist with addiction and recovery.

<https://uwc.211ct.org/categorysearch/substance-abuse/> or text CT Recovery to 898211

Transportation

<https://uwc.211ct.org/categorysearch/transportation/> provides a guide to transportation programs and services such as disability transport, medical appointment transport, senior rideshare, and public transit access.

Utility assistance

This link provides information related to resources to assist with utility expenses:

https://www.211ct.org/topic_pages/utilityassistance

Connecticut Energy Assistance Program

<https://www.211ct.org/search/17345592>

Naugatuck Adult Education

543 Rubber Avenue Naugatuck, CT 06770

Offering free classes in: High School Completion, English as a Second Language, Citizenship & Adult Basic Education

Call today to make an appointment to register: 203-720-5282

<https://adulthood.naugatuck.k12.ct.us/>

Naugatuck Board of Education: Food Services

We provide breakfast and lunch at all Naugatuck Public Schools in accordance with USDA and state regulations. Foods are prepared by trained staff who strive to offer students high-quality, nutritious, kid-friendly meals at a reasonable price. The district participates in the Community Eligibility Provision, (CEP), a program of the USDA that provides free meals to all Naugatuck students. CEP allows schools that predominantly serve low-income children to offer free, nutritious school meals to all students through the National School Lunch Program (NSLP) and School Breakfast Program (SBP). The CEP uses information from other programs, including the Supplemental Nutrition Assistance Program (SNAP) and Temporary Family Assistance (TFA), instead of traditional paper lunch applications. If, at any time, you have questions about your child's account, please contact our Food Service Director, Chris Avtges at (203)720-5279.

Stokes Counseling Services

16 Hillside Avenue, Naugatuck, CT, 06770

203-729-0341 or 203-723-0702

info@stokescounseling.com or www.stokescounseling.com

