



Registration For Saddle Brook Junior Wrestling

Typical Schedule/Calendar:

-Practice will be held every Monday, Tuesday and Wednesday (K & 1st Grade is Mon & Wed only)

-Season runs from November to February

-Matches held on Saturday and/or Sunday mornings

SBHS 100 Career Win Club

- Gene Palko
- Matt Dickman
- Matt "Candyman" Jacobson
- Alex Cimiluca
- Joey Guerriero
- Michael Andreano

All above wrestlers wrestled in the SB Recreation program with most of the current coaching staff

Questions?

Please ask a SB Wrestling representative or contact:

Dave Celenza

DavidCelenza@gmail.com

Dates:	September 15, 2016 7pm to 8:15pm September 19, 2016 7pm to 8:15pm
Location:	Saddle Brook Recreation House Veterans Field, 20 Sampson St
Eligibility:	All Saddle Brook children Kindergarten through 8 th grade

Did you know?

- No experience is necessary; Wrestler's matches are based on age, experience, weight and skill level
- Its never too late sign up for Wrestling; Each member will learn all the skills necessary before his 1st match
- Football players make some of the best wrestlers. John Madden famously stated *"I would have all of my offensive linemen wrestle if I could"*
- We have one of the best coaching staff's in the entire league:
 - All current coaches have HS varsity experience
 - 3 of our coaches previously wrestled for SBHS
 - Coach Oliver Ruiz is a former **NJ State HS Wrestling Champion**
- Wayne Rogers, a Franklin School gym teacher and former SBHS wrestler, is the SBHS wrestling coach
- The Saddle Brook Junior Wrestling program has produced 6 100-career wins since 2000!

Registration Requirements

- Wrestlers must be age 5 by 12/31/17
- Must be a Saddle Brook resident and proof is required for new wrestlers
- A \$50 cash refundable deposit is required for each wrestler's singlet and headgear; Late registrations who do not participate in fundraiser will be required to pay a \$100 registration fee
- Mandatory fundraiser will be distributed during registration
- Each family must volunteer a 4-hour shift during our tournament
- All new wrestlers must provide a copy of their birth certificate at registrations

THIS PROGRAM IS NOT SPONSORED BY THE SADDLE BROOK BOARD OF EDUCATION