

ShopRite of Lodi

is offering a Health & Wellness Flu Clinic at
Saddle Brook Library!

Thursday, September 13, 2018 @ 2:00 PM

Please join our Pharmacist and Dietitian team to help prepare
you for the 2018 cold & flu season.

Our highly trained **Pharmacist**
will:

Administer **FREE FLU SHOTS**
covered under most insurance
plans:

- Medicare Part B
- Aetna
- Cigna
- Horizon BCBS

Answer questions on medication use,
side effects, and interactions.

Our qualified **Registered Dietitian**
will:

- Offer information on flu-fighting foods
- Conduct cooking demonstrations and taste-testing
- Provide recipes, product sampling, and coupons
- Discuss nutritional advice for diabetes, heart disease, weight loss, and more!

Pharmacist:

Christian Ost, Pharm D

Email: sr0122rx@wakefern.com

P: 973-365-2289

F: 973-365-0925

Registered Dietitian:

Julianne Gallo, MS, RD

Email:

julianne.gallo@wakefern.com

P: 201-250-5042

No waiting at your doctor's office

No office copays

No appointments needed

Don't wait to vaccinate!