



# Registration For Saddle Brook Junior Wrestling

## Typical Schedule/Calendar:

-Practice will be held every Monday, Tuesday and Wednesday (K & 1<sup>st</sup> Grade is Mon & Wed only)

-Season runs from November to February

-Matches held on Saturday and/or Sunday mornings

## SBHS 100 Career Win Club

- Gene Palko
- Matt Dickman
- Matt "Candyman" Jacobson
- Alex Cimiluca
- Joey Guerriero
- Michael Andreano
- CJ Limmatola

*All above wrestlers wrestled in the SB Recreation program with most of the current coaching staff*

## Questions?

Please ask a SB Wrestling representative or contact:  
Dave Celenza  
[DavidCelenza@gmail.com](mailto:DavidCelenza@gmail.com)

<b>Dates:</b>	September 19, 2018 7:30pm to 8:30pm September 24, 2018 7:30pm to 8:30pm
<b>Location:</b>	Saddle Brook Recreation House Veterans Field, 20 Sampson St
<b>Eligibility:</b>	All Saddle Brook children Kindergarten through 8 <sup>th</sup> grade

## ***Did you know?***

- No experience is necessary; Wrestler's matches are based on age, experience, weight and skill level
- Its never too late sign up for Wrestling; Each member will learn all the skills necessary before his 1<sup>st</sup> match
- Football players make some of the best wrestlers. John Madden famously stated *"I would have all of my offensive linemen wrestle if I could"*
- We have one of the best coaching staff's in the entire league:
  - All current coaches have HS varsity experience
  - 2 of our coaches previously wrestled for SBHS
  - Coach Oliver Ruiz is a former **NJ State HS Wrestling Champion and a Coach a Red Nose Wrestling (Club Team)**
  - Coach Mike Messenzio is also a **former 2x NJ State Wrestling Champion**
- Wayne Rogers, a Franklin School gym teacher and former SBHS Wrestler, is the SBHS wrestling coach
- The Saddle Brook Junior Wrestling program has produced 7 100-career wins since 2000 with our most recent being in 2018 with *CJ* Limmatola

## **Registration Requirements**

- Wrestlers must be age 5 by 12/31/19
- Must be a Saddle Brook resident and proof is required for new wrestlers
- A \$75 Registration fee (cost of uniform that each wrestler keeps)
- A \$50 cash refundable deposit is required for each wrestler's singlet and headgear
- Mandatory fundraiser will be distributed during registration or a \$100 fee; Late registrations will still be required to pay fee
- Each family must volunteer a 4-hour shift during our tournament
- All new wrestlers must provide a copy of their birth certificate at registrations