# Because cheer is never really over... SBSL CHEER CLINIC

# JOIN us! JUNE 3 - 5, 2019

(Monday - Wednesday) 6:00 PM - 9:00 PM



Join in on the fun as SBSL teaches the cheer, dance and stunting techniques that will set up your cheerleader for success next season. Come see what competitive cheerleading is all about! This clinic is set up to introduce basic skills for beginners and assist with the building blocks of cheer, tumbling and stunting for cheerleaders at ALL LEVELS. If you are looking to focus on technique and core stunting, then this clinic is for you! If your child is thinking of joining Spirit, but isn't sure what it is like, then come and see what it is all about! Most of all, if your child wants to have fun and learn great cheer skills, then join us!

#### WHO CAN ATTEND

Any Saddle Brook child entering Kindergarten through 8<sup>th</sup> grade in September 2019 and all current SBSL Cheerleaders.

#### HOW TO REGISTER

Email Candi Calderone at <u>sbslcompcheer@gmail.com</u>

You will be sent the permission slip – bring the signed permission slip and fee on the first night of the clinic – pre-registration is preferred!

## WHAT TO WEAR/BRING

T-Shirt and shorts and sneakers (workout clothing) & please tie your hair up in a pony! Water! (the gym can get hot)

#### LOCATION INFORMATION

Saddle Brook High School Middle School Gym 355 Mayhill Street, Saddle Brook Gym entrance is at the back of the high school (through the side parking lot)

## PRICING

\$10.00 per athlete due at the start of the clinic.

BONUS: On the last night, we will ask all parents to come back a little early to see what the girls have learned through attending the clinic! And there will also be a parent information meeting for those of you who are new and want to learn more about SBSL!