



Registration For Saddle Brook Junior Wrestling

Typical Schedule/Calendar:

-Practice will be held every Monday, Tuesday and Wednesday (K & 1st Grade is Mon & Wed only)

-Season runs from November to February

-Matches held on Saturday and/or Sunday mornings

SBHS 100 Career Win Club

- Gene Palko
- Matt Dickman
- Matt "Candyman" Jacobson
- Alex Cimiluca
- Joey Guerriero
- Michael Andreano
- CJ Limmatola

All above wrestlers wrestled in the SB Recreation program with most of the current coaching staff

Questions?

Please ask a SB Wrestling representative or contact:
Dave Celenza
DavidCelenza@gmail.com

Dates:	October 1, 2019 7:30pm to 8:30pm October 3, 2019 7:30pm to 8:30pm
Location:	Saddle Brook Recreation House Veterans Field, 20 Sampson St
Eligibility:	All Saddle Brook children Kindergarten through 8 th grade

Did you know?

- No experience is necessary; Wrestler's matches are based on age, experience, weight and skill level
- Its never too late sign up for Wrestling; Each member will learn all the skills necessary before his 1st match
- Football players make some of the best wrestlers. John Madden famously stated "*I would have all of my offensive linemen wrestle if I could*"
- We have one of the best coaching staff's in the entire league:
 - All current coaches have HS varsity experience
 - 2 of our coaches previously wrestled for SBHS
 - Coach Oliver Ruiz is a former **NJ State HS Wrestling Champion and a Coach a Red Nose Wrestling (Club Team)**
 - Coach Mike Messenzio is also a **former 2x NJ State Wrestling Champion**
- The Saddle Brook Junior Wrestling program has produced 7 100-career wins since 2000 with our most recent being in 2018 with *CJ Limmatola*

Registration Requirements

- Wrestlers must be age 5 by 12/31/20
- Must be a Saddle Brook resident and proof is required for new wrestlers
- A \$75 Registration fee (cost of uniform that each wrestler keeps)
- A \$50 cash refundable deposit is required for each wrestler's singlet and headgear
- Mandatory fundraiser will be distributed during registration or a \$100 fee; Late registrations will still be required to pay fee
- Each family must volunteer a 4-hour shift during our tournament
- All new wrestlers must provide a copy of their birth certificate at registrations

THIS PROGRAM IS NOT SPONSORED BY THE SADDLE BROOK BOARD OF EDUCATION