

FAMILY FUN TIME VIRTUAL FITNESS FOR THE WHOLE FAMILY

WITH KATONYA
FROM GLORIFIED BODIES FITNESS
IN SADDLE BROOK

MONTHLY ON THURSDAYS AT 4PM MARCH 25 & APRIL 22

Join Katonya for fitness, movement, and fun for the whole family, through Zoom!

Session are 40 minutes.

Pre-registration is required.

Preference will be given to Saddle Brook residents.

To pre-register, please e-mail christine.tortora@saddlebrook.bccls.org with your child(ren)'s name, age(s), your town of residence, and which date(s) you'd like to attend, and we will send you the Zoom link.

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