# **RISING STAR VOLLEYBALL CAMP** JULY 7TH | LAGRANGE HIGH SCHOOL (NEW FACILITY)

Get ready to level up your volleyball game this summer! The Rising Star Volleyball Camp is designed for players entering 5th-12th grades who want to sharpen their skills, boost their confidence, and have a blast on the court.



### CAMP DETAILS:

*TIME: 9:00 AM – 12:00 PM (MORNING* SESSION)

LUNCH: 12:00 PM – 1:00 PM (LUNCH NOT PROVIDED — PLEASE PACK A LUNCH)

TIME: 1:00 PM - 5:00 PM (AFTERNOON SESSION)

# **SKILLS COVERED:**

#### WHAT'S INCLUDED:

- CAMP T-SHIRT
- · MORNING SNACK
- · 6 DYNAMIC SKILL SESSIONS!

sign

avinent or angers volley ball or scan to pay QLady Grangers Volley ball or scan to pay

- · PASSING
- FOOTWORK
- SERVING
- mouture registration formant your of the source of the sou · ROTATION & ZONES
- HITTING
- SETTING

Fill out the registration form and make your sayment to Lady Granders vollow ball

#### **REGISTRATION DEADLINES:**

· UNOFFICIAL DEADLINE: MAY 23RD (EARLY HEADCOUNT) • FINAL DEADLINE: MAY 30TH (SECURE YOUR SPOT!)

# Questions? Contact: Smithma@troup.org

venmo

# REGISTRATION

#### **SCAN HERE**

