

School Health Advisory Council Meeting Minutes

05/01/2025

12:00 pm to 1:00 pm

Administration Building, Dining Room

802 N Sam Houston

Odessa, Tx 79761

Call Meeting to Order:

Lauren Lucio initiated meeting at 12:02 PM

SHAC Members Present:

- Tom Lechtenberg – Parent
- Lauren Lucio – Parent
- Abigail Carrasco – Parent
- Jennifer Weston – Community Member
- Christina Acosta – ECISD Teacher
- Baldo Valeriano – ECISD Teacher

SHAC Members Absent:

- Molly Vega – Parent
- Amy Marquez-Pando – Parent
- Lupe Torrez – Parent
- Roxann Castillo – Parent
- Abena Cann – Parent
- Mellessa Brenem – Community Member

Others Present:

- Gracie Flores – TTUHSC
- Alexandra Flores – TTUHSC
- Jumon Hailey – The Life Center
- Mollie Jones – ECISD Student Well Being Support Coordinator
- Ali Hernandez – ECISD Nursing & Health Services Director
- Amanda Castellanos – ECISD School Nurse

- Jein Pando – ECISD Director of School Nutrition
- Molly Castillo – ECISD School Nutrition Specialist
- Daniel Ramirez – ECISD School Nutrition Dietician
- Crystal Day – ECISD Director of Athletics
- Letty Bernal – ECISD Director of Student Support Services
- Taylor Laing – ECISD Executive Director of Guidance, Counseling & Support Services
- Rose Valderaz – ECISD Teen Pregnancy Service Coordinator

Approval of February Meeting Minutes:

Christina Acosta made the motion to approve the February meeting minutes and was seconded by Jennifer Weston. The minutes were approved by unanimous vote.

Presentation:

- Crystal Day presented the current PE Health Curriculum
 - Is in alignment with the district strategic plan
 - This is the third year this curriculum has been in implementation
 - Is a three-part program:
 - Talent development
 - Provides professional development and support for coaches and PE and health teachers
 - Learning journey
 - Provides relevant curriculum for students
 - Quaver Health – Kindergarten through fifth grade curriculum
 - GoodHeart Wilcox – Sixth through twelfth grade curriculum
 - Foundational Excellence
 - Utilizes IHT (Interactive Health Technology)
 - Fitness Gram data collection
 - Extends beyond the classroom to provide support for staff
 - Wellness Wednesday program
 - Physical Education & Health Nest – provides data, forms, information, and a place for teachers to provide feedback
 - Texas Association of Health
 - Keeps staff apprised of changes in health education and legislative updates
 - Bills that are currently being reviewed in legislature
 - SB25
 - SB2849
 - HB1295
 - HB742

- ECISD Policy
 - 135 min of physical education is required in a week
- Crystal Day opened the floor for questions:
 - Daniel Ramirez asked if there is any kind of nutritional information
 - Crystal Day responded: Yes, it is incorporated in the Quaver education curriculum and at least once per week a health topic should be addressed

Presentation:

- Gracie Flores and Alex Flores from Texas Tech Health Sciences Center presented the current Human Growth and Development program
 - Resources for the human growth and development program is on ECISD website
 - The programs require parent/guardian's Opt-In consent
 - Program has been provided since 2010 and is no cost to the district
 - Data was presented to compare Texas to National rates of teen pregnancy and STI's
 - Big Decisions is curriculum provided for seventh, eighth, and tenth grades
 - Addresses anatomy and reproduction
 - Abstinence focused
 - STI education
 - Education aligns with Health Department and CDC
 - Challenges faced with providing curriculum:
 - Scheduling conflicts
 - Recruiting and volunteer challenges
 - Laura Bush Institute assists with volunteers and monetary funding
 - Jumon Hailey from the Life Center presented the current programs for fifth through eighth grades and high school
 - Impact 5 program
 - Curriculum provided for 5th grade
 - The programs require parent/guardian's Opt-In consent
 - Curriculum is no cost to the district
 - Curriculum addresses:
 - Values, character, body safety rules, puberty, and hygiene
 - Y Wud I program
 - Curriculum provided for sixth through eighth grades
 - Encourages students to ask the question "why would I?"
 - Encourages good decision making, goal setting and self-value
 - Addresses personal boundaries
 - Pornography and why it is harmful
 - Drugs, alcohol, peers, social media, etc.

- Relationship red flags
- No Gray program
 - Curriculum for high school students
 - Addresses conception, STI's, and decision making

Other Announcements:

- Tom Lechtenberg announced that this is his last SHAC meeting because his son is graduating this year.
- Taylor Laing thanked everyone for serving on the SHAC.

Meeting Adjourned:

Christina Acosta made a motion to adjourn the meeting, and Baldo Valeriano seconded the motion. The meeting was adjourned at 1:01 PM.