



NYS Apples

# June

2025 6-8




# Lunch

## IROQUOIS



**Personal Touch**  
FOOD SERVICE

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Tenders	3 Tostitos Nachos Grande Sour Cream & Salsa	4 Steak Sub Peppers & Onions	5 Baked Chicken	6 Buffalo Chicken Macaroni & Cheese
Carrot Sticks 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Baked Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Green Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	NYS Potatoes 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Broccoli 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz
9 Popcorn Chicken Over Rice	10 Taco in a Bag Lettuce & Cheese	11 Hot Dog Bag of NY Chips	12 Mozzarella Sticks Dipping Sauce on Side	13 Flag Day!! Hamburger or Cheese- burger on wg bun
Corn 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Vegetarian Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Mixed Vegetables 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	1C Romaine Lettuce=1/2c Milk-8oz <b>**Stars &amp; Stripes** Sidekick Frozen Fruit Punch</b>
16 Chicken Tenders	17 Chef's Choice	18 Chef's Choice	19 Happy Juneteenth!!	20 EARLY RELEASE
Chef's Choice 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Chef's Choice 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Chef's Choice 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz		
23 EARLY RELEASE	24 EARLY RELEASE	25 EARLY RELEASE	26	27
30				

Approved by PTFS Dietitian: Perry Schmidt, MS, RD, CDN

### NYS LOCAL FOODS

\*Upstate Farms  
Milk, Yogurt, Sour Cream  
Eden Valley Growers  
Assorted Varieties of Apples  
Eden Valley Growers  
Assorted Fruits & Vegetables  
used in Meal Program  
highlighted in green

For Information for Summer Meals Please Visit  
[www.Summer-mealsny.Org](http://www.Summer-mealsny.Org) Or Call 211  
or 866-3-HUNGRY.

The Following Entrees  
Served Daily:

6" Subs and Wraps (2M2G)

Salads Made to Order  
(Includes Flatbread) 2M2G

Peanut Butter & Jelly  
Sandwich (2M2G)

Fruit & Yogurt Parfait  
w/Flatbread(2M2G)

Offered daily  
with all School Lunches:

Fresh or Prepared Fruit  
(Must take ½ cup of Fruit or Vegetable –  
may take up to 1 cup)

NY State 8oz 1% or Skim  
White Milk  
Fat Free Chocolate Milk



**PAY FOR MEALS ONLINE**

 MySchoolBucks.com

If your child has a particular food allergy,  
please contact the food service office @  
(716)652-3000/EXT 7701

**Student \$3.15**  
**Adult \$5.10**  
**CASH OR CHECK IS ACCEPTED**  
**FREE OF CHARGE**