



NYS Apples

June


2025 K-12



Breakfast

IROQUOIS



Monday	Tuesday	Wednesday	Thursday	Friday
2 Pop Tart & 4 oz Yogurt	3 Mini French Toast	4 Breakfast Sandwich Egg, Sausage, & Cheese	5 Mini Maple Waffle	6 Apple Frudel
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
9 Muffin & 4 oz Yogurt	10 Cinni Mini	11 Breakfast Wrap Egg, Cheese, & Sausage	12 Mini Blueberry Waffle	13 Breakfast Pizza
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
16 Pop Tart & 4oz Yogurt	17 Mini French Toast	18 Breakfast Sandwich Egg, Sausage, & Cheese	19 Happy Juneteenth!	20 Apple Frudel
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz		4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
23 Chef's Choice	24 Chef's Choice	25 Chef's Choice	26	27
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz		
30				

NYS LOCAL FOODS

*Upstate Farms
Milk, Yogurt, Sour Cream
Eden Valley Growers
Assorted Varieties of Apples
Eden Valley Growers
Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

For Information for Summer Meals Please Visit
www.summer-mealsny.org Or Call 211
or 866-3-HUNGRY.

Breakfast Options Daily

*Daily Entrée-1 (2g) or

*Cereal 2oz (2G)

Offered with all Breakfasts

*Whole Grain (WG) Entrees

*Daily Selection of

Fresh or Prepared Fruit

100% juice -1/2 cup

may take up to 1 cup

*NY State Non-Fat or 1% White Milk

8oz

Approved by PTFS Dietitian: Perry Schmidt, MS, RD, CDN



PAY FOR MEALS ONLINE

 MySchoolBucks.com

If your child has a particular food allergy, please
contact the food service office @
(716)652-3000/EXT 7701

Student \$1.90
Adult \$2.75
CASH OR CHECK IS ACCEPTED
FREE OF CHARGE