

School Health Advisory Council

December 16, 2024



Agenda

1. CALL TO ORDER

Summer Crow, Chair

2. REPORTS

A. Prevention Videos Review

Summer Crow, Chair

3. ACTION

A. Approval of SHAC Bylaws

Adeline Castleberry, Parliamentarian

4. NEW BUSINESS

A. Introduction of SHAC Scope Document

Summer Crow, Chair; Jodi Webster, Dir. of Health Services

B. Introduction of SHAC Goals

Summer Crow, Chair

5. ADJOURNMENT

Summer Crow, Chair



Alliance for Children Video Reviews

- 32% of SHAC Members Participated
- All 19 Videos were reviewed at least once
- 84 viewings of the 19 videos
- 13 possible community value concerns were reported, the reviewer's concerns were detailed, and other constructive feedback regarding the general presentation and content was documented
 - Feedback has been distributed to district sponsors for review
 - All SHAC members can view the feedback log
- Video links have expired but transcripts are available
- In-person video viewing can still be arranged upon request



Bylaw Review

- Draft E-Mailed to all SHAC Members on Monday, 12/9/2025
- Requested feedback of concerns/questions
- No feedback given
- Move to vote



Keller ISD SHAC - Voting Ballot



SHAC Scope Document

Purpose	Outline all current content/programs under SHAC's scope as outlined in EC§28.004
Intent	Build the foundation for an active KISD SHAC
How	SHAC summarizes EC§28.004 requirements and requests the district to provide insight on content/programs at district and individual campuses
Outcome	Comprehensive look at all student health accomplishments and undertakings within the district



SHAC: Scope Document Content Areas

Coordinated School Health

About Coordinated School Health

A Systematic Approach to Addressing the Needs of Students

Health is not just the absence of disease—it is complete physical, mental, and social well-being. A school health program that effectively addresses students' health consists of many different components. Each component makes a unique contribution while also complementing the others.

The components listed below encompass a school's instruction, services, and physical and social environments. Because individuals, institutions, needs, and resources differ from community to community, no two approaches are expected to look exactly alike. Each new setting brings together a unique group of people and agencies to determine the specific needs facing young people in their schools.

Schools by themselves cannot and should not be expected to solve the nation's most serious health and social problems. However, schools could provide a critical facility in which many agencies might work together to maintain the well-being of young people. The systematic approach must involve families, health care workers, the media, religious organizations, community organizations that serve youth, and young people themselves.

Components of Coordinated School Health

- Health Education
- Healthy and Safe School Environment
- Counseling and Mental Health Services
- Parent and Community Involvement
- Staff Wellness Promotion
- Health Services
- Physical Education
- Nutrition Services



SHAC Scope Document

Content Areas

- Health
 - Health Education
 - Human Sexuality Instruction
- Nutrition
 - Nutrition Services
 - Human Sexuality Instruction
- Counseling
 - Mental Health Services
 - Substance Abuse Prevention
 - Comprehensive School Counseling Program (EC§33.005)
- Physical
 - Physical Education
 - Physical Fitness

Content Captured for Each Content Area

- Pertinent SHAC requirements in EC§28.004
- Curriculum or Tool
- Source
- Method
- Programs/Activities

SHAC Scope Document: DRAFT

	District Contact	SHAC Duties (EC§28.004, per Education Code 28.004 or District Policies)	Curriculum or Tool	Source	Method	Programs / Activities	Gap Analysis
Health							
<i>Health Education</i>		<ul style="list-style-type: none"> - # of hours (EC§28.004, c-1) - Policies, procedures, strategies and curriculum to prevent physical & mental health concerns (EC§28.004, c-2) 					
<i>Human Sexuality Instruction</i>		<ul style="list-style-type: none"> - Recommend appropriate grade levels and methods of instruction (EC§28.004, c-3) - Review curriculum and ensure abstinence is presented as the preferred choice, more attention on abstinence than other sexual behaviors, abstinence is 100% effective birth control, abstinence prevents STDs, teach contraception (EC§28.004, e-1-5) - Hold 2 public meetings prior to adopting the curriculum and provide recommendations (EC§28.004, e-1-2) - Ensure condoms are not being distributed (EC§28.004, f) - Ensure the district is providing notice to parents, prior to the school year, if human sexuality will be a part of the curriculum that year (EC§28.004, i) - Ensure curriculum materials are made available to parents for review (EC§28.004, j) 					



SHAC Scope Document: DRAFT

	District Contact	SHAC Duties (EC§28.004, per Education Code 28.004 or District Policies)	Curriculum or Tool	Source	Method	Programs / Activities	Gap Analysis
Nutrition							
<i>Nutrition Services</i>		- Wellness Plan review (FFALOCAL) - Policies, procedures, strategies and curriculum to prevent physical & mental health concerns (EC§28.004, c-2)					
<i>Safe & Healthy School Environment</i>		- Wellness Plan review (FFALOCAL) - Policies, procedures, strategies and curriculum to prevent physical & mental health concerns, including school employee wellness (EC§28.004, c-2)					



SHAC Scope Document: DRAFT

	District Contact	SHAC Duties (EC§28.004, per Education Code 28.004 or District Policies)	Curriculum or Tool	Source	Method	Programs / Activities	Gap Analysis
Counseling							
<i>Mental Health Services</i>		<ul style="list-style-type: none"> -Policies, procedures, strategies, and curriculum to prevent physical & mental health concerns (EC§28.004, c-2) - Increase parent awareness of suicide risks and behaviors, mental health, behavioral health (EC§28.004, c-6-B) - Opioid dangers (EC§28.004, c-7) - Policy recommendations for suicide awareness to increase parental awareness (EC§28.004, o) - For all curriculum related to child abuse, family violence, dating violence and sex trafficking: hold two public meetings prior to adopting the curriculum and provide recommendations (EC§28.004, q1-2-A&B) - Ensure district obtains written consent from parents for instructions relating to prevention of child abuse, family violence, dating violence and sex trafficking and cannot be included with other consents and must be at least 14 days before instruction begins (EC§28.004, q-6) 					
<i>Substance Abuse Prevention</i>		<ul style="list-style-type: none"> - Policies, procedures, strategies and curriculum to prevent physical & mental health concerns (EC§28.004, c-2) - Opioid dangers (EC§28.004, c-7) - Increase parent awareness (EC§28.004, c-6-A) 					
<i>Comprehensive School Counseling Program (EC§33.005)</i>		<ul style="list-style-type: none"> - Policies, procedures, strategies and curriculum to prevent physical & mental health concerns (EC§28.004, c-2) - Recommend appropriate grade levels and instruction regarding child abuse, family violence, dating violence and sex trafficking (EC§28.004, c-8) 					



SHAC Scope Document: DRAFT

	District Contact	SHAC Duties (EC§28.004, per Education Code 28.004 or District Policies)	Curriculum or Tool	Source	Method	Programs / Activities	Gap Analysis
Physical							
<i>Physical Education</i>		<ul style="list-style-type: none"> - Recess recommendations (EC§28.004, l) - Policies, procedures, strategies and curriculum to prevent physical & mental health concerns (EC§28.004, c-2) - Wellness Plan review (FFALOCAL) 					
<i>Physical Activity</i>		<ul style="list-style-type: none"> - Required subcommittee to make policy recommendations to increase physical activity and improve fitness of students (EC§28.004, l-1) - Policies, procedures, strategies, and curriculum to prevent physical & mental health concerns (EC§28.004, c-2) - Wellness Plan review (FFALOCAL) 					
Applies to All of the Above		<ul style="list-style-type: none"> - Strategies for integrating curriculum of all the above (EC§28.004, c-4) - Joint use agreements for collaboration between school and community organizations (EC§28.004, c-5) - Ensure student handbook and website include policies and procedures related to physical and mental health, how many times SHAC met, vending machine restriction policies, penalties for tobacco products, notification that parents can request physical fitness assessment results, if campuses have full-time nurses (EC§28.004, k) - Create an annual board report (EC§28.004, m) - Liability agreements for any joint use agreements with community organizations (EC§28.004, n) 					



SHAC 2024-2025 Goals

- 1) Review/update SHAC Bylaws
- 2) Outline SHAC's Scope (per Education Code 28.004 and local policies)
 - a) Receive feedback
 - b) Publish on the website
- 3) Document district initiatives that fall within SHAC's scope
- 4) Establish processes and procedures that allow SHAC visibility and time to review new initiatives or content within defined scope
- 5) Update SHAC website to include:
 - a) Texas Education Code 28.004,
 - b) KISD SHAC-Pertinent Policies: BDFLOCAL, EHALEGAL/EHALOCAL, FFALOCAL
 - c) SHAC's Scope Document (once finalized)
 - d) SHAC's 2024/2025 and 2025/2026 Goals
- 6) Wellness Policy
 - a) Recommend KISD School Board change FFALOCAL to specify that the district develops the Wellness Policy and SHAC reviews it
 - i) Current: "the SHAC shall develop a wellness plan to implement the district's nutrition guidelines and wellness goals"
 - ii) This change aligns with Grapevine-Colleyville and Plano as well as other ISDs.
- 7) Define SHAC sub-committee structure and align with TEA recommended "Coordinated School Health" model



SHAC 2025-2026 Goals

- 1) Create a SHAC/District Review Scorecard that aligns with the scope documentation
- 2) Assign SHAC members to subcommittees
- 3) Foster active subcommittees:
 - a) Review existing content and activities
 - b) Brainstorm/seek out community organization partnerships
 - c) Establish district and community activities to promote
 - d) Further parent/guardian participation and knowledge
- 4) Review Wellness Policy



General SHAC Operations

- E-Mails
- Minutes Review Committee
- Upcoming Meetings
 - February 10, 2025
 - April 14, 2025
 - May 12, 2025

