

# PRE-SEASON TRAINING

## Girls' Hockey

### Hockey Tour and Pre-season training for U14's to 1st XI

The Junior and Senior Hockey squads are touring Amsterdam from Monday 25th August to Friday 29th August.

The tour will take place during the normal pre-season dates, so this will mean there is a slight change to the annual camp. The girls will have the weekend off and all teams will meet for a pre-season day on **Monday 1st September**.

Year 9 and 10 pupils should meet at the Cockett Astro (the pitch furthest from Follyfield House) and year 11, 12 and 13 pupils should meet at the Philipp's Astro (the pitch nearest to Follyfield House). Pupils do not have to wear Felsted sports kit, but can do so if they wish.

If your daughter would like to attend the pre-season day please can I ask you to complete this google form so I can confirm numbers for each session.

[Sign up form - Pre-season Girls Hockey](#)

**Jo Westwood, Director of Hockey [jorw@felsted.org](mailto:jorw@felsted.org)**

## Boys' Rugby

### Rugby Tour and Pre-season training for U14's to 1st XV

The senior rugby squad is touring South Africa from Friday 25th July to Wednesday 13th August this will mean there is a slight change to the annual pre-season camp.

In preparation for our next rugby season, the U14's and U15's pre-season Week 1 will take place from **Monday 18th August to Friday 22nd August then restart after the Bank Holiday Weekend on Tuesday 26th August to Friday 29th August from 10:00 to 16:00 each day.**

The U16, 2nd and 1st XV squads will meet for pre-season on **Tuesday 26th August to Friday 29th August.**

I am hoping to end with a pre-season squad match or tournament for all teams on **Saturday 31st August**, details to follow.

I will keep you up to date if things change but for now please can you save the dates and look out for further information about the camp.

[Sign up form - Pre-season Rugby U14s & U15s](#)

[Sign up form - Pre-season Rugby U16s, 2nd XV & 1st XV Squads](#)

Thank you in advance for your continued support of Felsted Rugby.

**Andrew Le Chevalier, Director of Rugby [alc@felsted.org](mailto:alc@felsted.org) / 07801 341075**

### Football Pre-Season training for 1st and 2nd XI (Year 12 and 13)

In preparation for the next football season, we will be holding a football pre-season for all those boys who would like to be considered for the 1st and 2nd XI at the end of the summer break. It will take place from **Tuesday 26th August to Friday 29th August 2025**. The sessions will run from 10.00am - 14.00pm each day. We are hoping to end the pre-season with a match v The Old Felstedians on **Sunday 31st August**.

[Sign up form - Pre-season Football](#)

Thank you in advance for your continued support of Felsted Sport.

Charlie Knightley, Director of Sport [csk@felsted.org](mailto:csk@felsted.org)