



NELSEN MIDDLE SCHOOL

2025 – 2026 COURSE REGISTRATION - RISING 7TH GRADE

Hello Nelsen families, it's time for your student(s) to register for their 2025-2026 school year courses! This packet's information is for **6th-grade students transitioning to 7th grade** for the 2025-2026 school year. Please review and complete this packet with your student and return it to their Science teacher.

The middle school academic year is broken down into **three trimesters**. Each trimester, all students will take **six classes**.

- Four of these classes are required yearlong classes: Language Arts, Math, Social Studies, and Science.
- All 7th-grade students will take 2 trimesters of Physical Education (PE).
- All 7th-grade students have 2 – 4 class openings or elective opportunities depending on their chosen electives.
- For their electives, 7th grade students can choose either:
 - 1 yearlong elective and 1-trimester long elective OR Two trimester-long electives

See the example student schedule below:

Period	Schedule w/1-Yearlong Elective		
	Trimester 1 (Fall)	Trimester 2 (Winter)	Trimester 3 (Spring)
1	Language Arts 7	Language Arts 7	Language Arts 7
2	Science 7	Science 7	Science 7
3	Math 7	Math 7	Math 7
4	PNW History	PNW History	PNW History
5	Orchestra	Orchestra	Orchestra
6	PE	PE	Intro to Spanish

Period	Schedule w/Family Consumer Science & Two 1-Trimester Electives		
	Trimester 1 (Fall)	Trimester 2 (Winter)	Trimester 3 (Spring)
1	Language Arts 7	Language Arts 7	Language Arts 7
2	Honors Science 7	Honors Science 7	Honors Science 7
3	Math 7	Math 7	Math 7
4	Honors PNW History	Honors PNW History	Honors PNW History
5	Family Consumer Sci A	Family Consumer Sci B	Intro to Leadership
6	PE	PE	Art

7th GRADE 2025-26 SCHOOL YEAR COURSE REGISTRATION**STUDENT NAME:**

7th grade Core Courses	7th grade Self-Select Honors Courses Please note: Students should consider their strengths and interests when self-selecting an Honors course.
English Language Arts - Please select one course below	
Course Description: Students will investigate complex characters and the impact of setting on characters, conflict, and theme. They will participate in fiction and non-fiction texts and books clubs, and will practice various forms of writing, developing claims, and supporting ideas with evidence and explanation. ☐ I am registering for 7th grade English Language Arts	Course Description: Students can expect to learn similar skills and content to the core class, with a focus on complex texts, discussions, and vocabulary. ☐ I am registering for 7th grade Honors English Language Arts Honors
Social Studies - Please select one course below	
Course Description: Students learn about ancient civilizations throughout the globe by analyzing how geographic and environmental factors impact the development of civilizations and how the impact can be seen in our present world. ☐ I am registering for 7th grade Social Studies	Course Description: Students can expect to learn similar skills and content to the core class, with a focus on complex texts, discussions, application, and student-led inquiry. ☐ I am registering for 7th grade Honors Social Studies
Science - Please select one course below	
Course Description: Students explore resources in ecosystems, matter, and Planet Earth throughout the school year. They will learn how living things on our planet interact with each other and with the nonliving parts of the environment in dynamic ecosystems and identify Earth's systems and explore how the flow of energy causes changes to matter within those systems. ☐ I am registering for 7th grade Science	Course Description: Students can expect to learn similar skills and content to the core class, with a focus on application, vocabulary, and student-led inquiry. Students will engage in a Project-Based Learning (PBL) project each trimester. ☐ I am registering for 7th grade Honors Science

YEARLONG COURSES
☐ Band ☐ Orchestra ☐ Choir

Step 2: Please label the two classes you would like to take. Number 1 or 2 (#1 is the top choice). If you chose a yearlong elective above, please only choose 1 trimester elective below.

TRIMESTER COURSES	
☐ Art II ☐ Drama II ☐ Explore, Design, Create	☐ Family Consumer Science A ☐ Family Consumer Science B ☐ Intro to Leadership ☐ Spanish Intro

Student Name: _____

Student Signature: _____

Parent/Guardian Name: _____

Parent/Guardian Signature: _____

7TH GRADE ELECTIVE COURSE DESCRIPTIONS

BAND: Learn to play instruments such as flute, clarinet, trumpet, trombone and saxophone. Play different types of music like classical, jazz, musical theater, movie, and pop. Share learning by performing in concerts & events on and off campus. Yes, that means field trips! Students can rent instruments through Nelsen and scholarships are available for instrument rental.

ORCHESTRA: Learn to play instruments such as violin, viola, cello and stringed bass. Here you will learn technique, music theory skills and performance skills. Students share their learning by performing a wide variety of music in concerts and on fieldtrips. Students can rent instruments through Nelsen and scholarships are available for instrument rental.

CHOIR: Be part of the largest and best middle school choir program in the area! If you are interested in learning more about your voice, singing with purpose and performing great music, this is the class for you. Students will develop sight-reading skills, basic music theory knowledge, healthy vocal technique and performance skills while learning diverse music for concerts. There is also an opportunity for field trips.

ART II: Be prepared to create! This course is exploratory and good for all skill levels. New art experiences will be offered each trimester. Topics can include: drawing, painting, sculpture, ceramics, printmaking, collage, photography, crafts, and more!

DRAMA II: In Drama II students will learn 1) Acting: build acting skills, rehearse & perform 2) Play games to improve response time, storytelling and 3) Technical Design: costumes, set, lights, sound and makeup. Students will have the opportunity to be a designer or work as part of the production team.

EXPLORE DESIGN CREATE: Everyday you see problems that could be solved, if only someone would write an app, build an invention, or create a better tool. Now is your chance to be that problem solver. Come figure out how best to link two cities, keep a weather sensor in the air, or produce the perfect podcast. This is a project-based course with unique projects each trimester.

FAMILY CONSUMER SCIENCE A: Students will learn about personal finance, basic cooking, leadership and participate in Character Strong lessons.

FAMILY CONSUMER SCIENCE B: Students learn soft skills related to career, complete sewing projects and learn basic cooking skills.

LEADERSHIP I : Anyone can be a positive leader, even you! This course focuses on encouraging students to be empathetic, thoughtful, kind, and successful. Students will build character through community builders, projects, team work, and other fun activities.

SPANISH INTRO: Curious about the Spanish language? Give this class a try! This one trimester class will introduce you to the basics of Spanish. Students will learn to read, write, listen and speak while exploring the cultures of Spanish speaking countries.