

COUGAR VOLLEYBALL

CRMS GIRLS OPEN GYM & TRYOUTS

Camp Rd Middle School Gymnasium

RIISING...

6TH GRADE

SIGN UP HERE

OPEN GYM

5 - 6:30 PM

APRIL 22,24 MAY 1, 6 & 8

TRYOUTS

SEE SEASON INFO -> ->

7TH GRADE

SIGN UP HERE

OPEN GYM

6:30 - 8 PM

APRIL 22,24 MAY 1, 6 & 8

TRYOUTS

SEE SEASON INFO -> ->

8TH GRADE

SIGN UP HERE

OPEN GYM

3:30 - 5 PM

APRIL 22,24 MAY 1, 6 & 8

TRYOUTS

SEE SEASON INFO -> ->

2025-26 SEASON INFO



OPEN GYM

Recommend attending open gym dates. We will review what will be evaluated at tryouts.

TRYOUTS - MAY 13 & 15

SIGN UP HERE

8TH 4-6PM , 6TH 5:30-7:15, 7TH 6:45-8:30

- Check-in & warm-ups before the start time
- Best to attend both days for their age group
- Evaluations based on two days of tryouts
- Result pick-up date announced at tryouts
- No penalty if not attending both days



TEAMS

Expect to field (2) teams per grade, 10-12 players per team. the number determined by teams coaches



PRACTICES

During June & July, voluntary on-campus practices, dates determined by the coach. Mandatory team practices begin first week of August, taking place 2-3 times per week.



GAMES

Played early September through mid-October on weekday evenings. Be prepared for up to 2 games and 2 practices per week. Players are expected to attend all games. Players are not guaranteed equal playing time.



COST TO PARTICIPATE

If selected for a team, you will be required to pay a \$30 program fee and an MSVBL registration fee of \$50.00 for residents or \$75.00 for non-residents.

Please email all inquiries to: crmscougarvolleyball@gmail.com