



## **Helping Parents Help Their Kids**

ARCH (Area Residents Caring & Helping) is a coalition of parents, educators, and community members committed to promoting the wellbeing of youth in Tredyffrin and Easttown Townships. We serve as a resource to parents and families in our community, addressing topics impacting children and youth such as technology, substance use and mental health.

### **Programs for the 2024–2025 School Year**

- Transition to Middle School
- Nutrition and Mental Health
- Effects of Cannabis Use Update
- 2023 PAYS Survey Results for T/E

**For more information on monthly meeting dates and details for events visit...**

**[www.archcares.org](http://www.archcares.org)**