

Food

Chicken Pot Pie

Ingredients:

- 2 cups cooked, diced chicken breast
- 1 (15 ounce) can mixed vegetables, drained
- 1 (10.5 ounce) can condensed cream of chicken soup
- ½ cup milk
- 2 (9-inch) deep-dish frozen pie crusts, thawed

Directions:

1. Preheat the oven to 350 degrees F (175 degrees C).
2. Combine chicken, mixed vegetables, condensed soup, and milk in a bowl..
3. Pour the mixture into the bottom pie crust.
4. Cover with second crust. Seal the edges and poke holes in top crust.
5. Bake in the preheated oven until crust is golden brown, about 30 minutes
6. Bake at 400 until cups are golden brown (14—16 minutes)

Nutrition facts: 1 Serving – 6 Servings per Pie – Calories-463, Fat-25g, Carbs-40g; Protein-19g

Fun

Try playing a game of tag outside! Kids are always ready to play a game with their parents! Make some wonderful memories and get away from the “screens.”

Family

Play an outdoor game together!

Try any of the following games you probably played as a kid!

Tag You're It - Freeze Tag - Hide and Seek - Red Rover - Kick Ball - Toss a baseball or softball - Draw a Hopscotch on the driveway or sidewalk - Simon Says - Capture the Flag - Scavenger Hunts - Jumping Rope - Cloud Watching



Food - Fun - Family
Ozark City Schools
Child Nutrition Department
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