



# Upland Unified School District

## Breakfast daily

Whole Grain Breakfast  
Bread Variety  
Bagel & Cream Cheese  
Whole Grain Cereal Variety  
Whole Grain Breakfast Bars  
Yogurt (9 g of sugar)  
Mozzarella String Cheese

## Breakfast specials

### Monday



Cinnamon Glazed French Toast Sticks

### Wednesday



Chicken Sausage and Cheese Waffle

### Friday



Jimmy Dean Pancake and Turkey  
Sausage Stick



Local Farm-Fresh Seasonal Fruit & Veggies  
Local Driftwood Dairy California Milk 1% White Milk  
or Non-Fat Chocolate Milk (Lunch Only)



[BIT.LY/46QT6JB](https://bit.ly/46QT6JB)



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\*Menu subject to change  
\*This institution is an equal opportunity  
provider and employer"

**served  
daily**

Farm Fresh  
Salad Bar is  
Offered Daily  
Local  
Driftwood  
Dairy  
California Milk  
1% White Milk  
or  
Non-Fat  
Chocolate  
Milk (Lunch  
Only)



**NEW  
ITEM**



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**ALLERGENS:**



**SESAME**



**EGGS**



**FISH**



**SHELLFISH**



**PEANUTS**



**WHEAT**



**SOY**



**MILK**



**TREE NUTS**

**2**

**Walking Taco**  
reduced fat chips  
ground turkey  
fiesta salad bar



**MILK**

**3**

**Hawaiian BBQ Drumstick**  
chicken drumstick glazed in a  
sweet marinade served with  
potato salad and a hawaiian  
roll  
seasonal salad bar



**MILK**



**SOY**



**WHEAT**



**SESAME**



**4**

**Shark Nuggets**  
reduced fat chips  
served with a cookie  
american salad bar



**EGGS**



**MILK**



**SOY**



**WHEAT**

**5**

**Minimum Day  
Chef's Choice**



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