

## **Upland Unified School District**

**Breakfast daily** 

Whole Grain Breakfast
Bread Variety
Bagel & Cream Cheese
Whole Grain Cereal Variety
Whole Grain Breakfast Bars
Yogurt (9 g of sugar)
Mozzarella String Cheese

## **Breakfast specials**

**Monday** 



WHEAT SOY EGGS SESAME

Cinnamon Glazed French Toast Sticks

Wednesday



Chicken Sausage and Cheese Waffle

**Friday** 



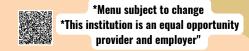
Jimmy Dean Pancake and Turkey Sausage Stick



Local Farm-Fresh Seasonal Fruit & Veggies
Local Driftwood Dairy California Milk 1% White Milk
or Non-Fat Chocolate Milk (Lunch Only)









## served daily

Farm Fresh Salad Bar is Offered Daily Local Driftwood Dairy California Milk 1% White Milk or Non-Fat Chocolate Milk (Lunch



Only)



**MONDAY** 

**WEDNESDAY** 

**THURSDAY** 

**Minimum Day** 

**Chef's Choice** 

## **ALLERGENS:**



















**SESAME** 

**EGGS** 

**FISH SHELLFISH** 

**PEANUTS** 

WHEAT

SOY

**MILK** TREE NUTS

5

**Walking Taco** 

reduced fat chips ground turkey fiesta salad bar

MILK

3 Hawaiian BBQ Drumstick

chicken drumstick glazed in a sweet marinade served with potato salad and a hawaiian roll

seasonal salad bar









MILK SOY WHEAT SESAME

**Shark Nuggets** reduced fat chips

served with a cookie american salad bar











