

Clear Creek ISD WELLNESS POLICY IMPLEMENTATION PLAN

Date: 2024 – 2025 School Year

The District shall follow nutrition guidelines that advance student health and shall promote the general wellness of all students through nutrition education, physical activity, and other school-based activities. Recognizing that nutrition and physical activity enhance education, the District is committed to providing a positive learning environment that supports the development of lifelong wellness practices.

Component 1: Nutrition Standards Goals: The District shall ensure that nutritional guidelines for reimbursable school meals shall be at least as restrictive as federal regulations and guidance, for schools participating in the federal meal programs.				
Guidelines	Exceptional	Acceptable	Needs Improvement	Comments:
1. For schools that participate in the federal meal programs, the District's nutrition guidelines for reimbursable school meals and all other foods and beverages sold or marketed to students during the school day shall be at least as restrictive as federal regulations.	✓			
2. For schools that participate in the federal meal programs, all foods provided, should comply with USDA Smart Snacks in Schools Standards when possible and any foods provided shall not interfere with the school meal program.		✓		Work with campus Principals regarding campus-approved activities to ensure that they do not take place during designated meal service.
3. All foods sold shall comply with state and local food safety and sanitation regulations. Prepackaged foods, from outside sources, are recommended.	✓			
4. Provide teachers with education regarding nutritious snacks.		✓		Campus can connect with district to have CCISD Child Nutrition marketing and communications coordinator and dietician come out to the campus to provide professional learning regarding nutritious snacks.
5. School staff shall not withhold food from students as punishment.	✓			

Component 3: Other School-Based Activities Goals and Guidelines:

The District establishes the following goals to create an environment conducive to healthy eating and lifetime wellness to express a consistent wellness message through other school-based activities:

Guidelines	Exceptional	Acceptable	Needs Improvement	Comments:
1. Each campus will promote an environment in which the District's core values support lifetime wellness.	✓			
2. Healthy eating and lifetime wellness education for students and their families will be promoted.		✓		
3. Sufficient time will be allowed for students to eat meals in lunchroom facilities that are clean, safe, and comfortable.		✓		
4. Elementary campuses will emphasize the value of recess for student wellness.		✓		

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3. SHAC meeting minutes and audio/video recordings will be submitted to the District no later than the 10 th day after the meeting. As soon as practicable, after receipt of the minutes and the audio/video recording, the District shall post the minutes and audio/video recording on the District's webpage.	✓			
4. An annual report will be submitted to the District's School Board Members to reflect on meeting discussions, initiatives, and future endeavors.		✓		

The Departments of Health Services, Child Nutrition, and Health/Physical Education and the School Health Advisory Council (SHAC), shall oversee the implementation, evaluation, and update of this policy.

Designee(s) responsible for measuring the implementation, evaluation, and update of the policy:

1. Fred Walker

Date: April 29, 2025

2. Jimmy Grier

Date: April 30, 2025

3. Kristina Ford

Date: April 24, 2025

4. _____

Date: _____

5. _____

Date: _____

6. _____

Date: _____

