MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1 Breakfast Pizza Choice of Cereal Fun with D&J Crackers Fresh Fruit Bar Canned Fruit Bar 100% Apple Juice Fat Free Chocolate Milk 1% Unflavored Milk	Mini Donut Choice of Cereal Goldfish Graham Crackers Fresh Fruit Bar Canned Fruit Bar 100% Apple Juice Choice of Milk
5 Brekkie Choice of Cereal Goldfish Graham Crackers Canned Fruit Canned Fruit Bar 100% Apple Juice Choice of Milk	6 Cinnamon Roll Choice of Cereal Goldfish Graham Crackers Canned Fruit Fresh Fruit Bar 100% Apple Juice Choice of Milk	7 Mini Pancakes Choice of Cereal Goldfish Graham Crackers Fresh Fruit Bar Canned Fruit Bar 100% Apple Juice Choice of Milk	Pancake on a Stick Choice of Cereal Fun with D&J Crackers Canned Fruit Fresh Fruit Bar 100% Apple Juice Choice of Milk	9 Mini Donut Choice of Cereal Goldfish Graham Crackers Fresh Fruit Bar Canned Fruit Bar 100% Apple Juice Choice of Milk
Banana Chocolate Loaf Choice of Cereal Goldfish Graham Crackers Fresh Fruit Bar Canned Fruit Bar 100% Apple Juice Choice of Milk	Apple Frudel Choice of Cereal Goldfish Graham Crackers Canned Fruit Fresh Fruit Bar 100% Apple Juice Choice of Milk	Maple Madness Mini Waffles Choice of Cereal Goldfish Graham Crackers Fresh Fruit Bar Canned Fruit Bar 100% Apple Juice Choice of Milk	Breakfast Pizza Choice of Cereal Goldfish Graham Crackers Canned Fruit Fresh Fruit Bar 100% Apple Juice Choice of Milk	Mini Donut Choice of Cereal Goldfish Graham Crackers Fresh Fruit Bar Canned Fruit Bar 100% Apple Juice Choice of Milk
Chocolate Chip Brekkie Choice of Cereal Goldfish Graham Crackers Fresh Fruit Bar Canned Fruit Bar 100% Apple Juice Choice of Milk	Cinnamon Roll Choice of Cereal Goldfish Graham Crackers Canned Fruit Fresh Fruit Bar 100% Apple Juice Choice of Milk	Mini Pancakes Choice of Cereal Goldfish Graham Crackers Fresh Fruit Bar Canned Fruit Bar 100% Apple Juice Choice of Milk	Pancake on a Stick Choice of Cereal Goldfish Graham Crackers Canned Fruit Fresh Fruit Bar 100% Apple Juice Choice of Milk	Mini Donut Choice of Cereal Goldfish Graham Crackers Fresh Fruit Bar Canned Fruit Bar 100% Apple Juice Choice of Milk
26	Apple Frudel Choice of Cereal Goldfish Graham Crackers Canned Fruit Bar Fresh Fruit Bar 100% Apple Juice Choice of Milk	28 Mini Pancakes Choice of Cereal Goldfish Graham Crackers Fresh Fruit Bar Canned Fruit Bar 100% Apple Juice Choice of Milk	Breakfast Pizza Choice of Cereal Goldfish Graham Crackers Canned Fruit Fresh Fruit Bar 100% Apple Juice Choice of Milk	Mini Donut Choice of Cereal Goldfish Graham Crackers Fresh Fruit Bar Canned Fruit Bar 100% Apple Juice Choice of Milk

Free For Students

Milk choice of 1% or chocolate, is included with

your Lunch.
For any questions or comments contact Vicky
Kroll FSD at v.kroll@komets.k12.mn.us
or 507-634-4462



Your MENUS plus more information on our app Taher Food4Life®



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