

KM Middle School Breakfast

May
2025

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily
on the Fruit & Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1	2
			Breakfast Pizza Choice of Cereal Fun with D&J Crackers Fresh Fruit Bar Canned Fruit Bar 100% Apple Juice Fat Free Chocolate Milk 1% Unflavored Milk	Plain Long John Choice of Cereal Goldfish Graham Crackers Fresh Fruit Bar Canned Fruit Bar 100% Apple Juice Choice of Milk
5	6	7	8	9
Brekkie Choice of Cereal Goldfish Graham Crackers Canned Fruit Canned Fruit Bar 100% Apple Juice Choice of Milk	Cinnamon Roll Choice of Cereal Goldfish Graham Crackers Canned Fruit Fresh Fruit Bar 100% Apple Juice Choice of Milk	Mini Pancakes Choice of Cereal Goldfish Graham Crackers Fresh Fruit Bar Canned Fruit Bar 100% Apple Juice Choice of Milk	Pancake on a Stick Choice of Cereal Fun with D&J Crackers Canned Fruit Fresh Fruit Bar 100% Apple Juice Choice of Milk	Plain Long John Choice of Cereal Goldfish Graham Crackers Fresh Fruit Bar Canned Fruit Bar 100% Apple Juice Choice of Milk
12	13	14	15	16
Banana Chocolate Loaf Choice of Cereal Goldfish Graham Crackers Fresh Fruit Bar Canned Fruit Bar 100% Apple Juice Choice of Milk	Apple Frudel Choice of Cereal Goldfish Graham Crackers Canned Fruit Fresh Fruit Bar 100% Apple Juice Choice of Milk	Egg & Cheese Bagel Sandwich Choice of Cereal Goldfish Graham Crackers Fresh Fruit Bar Canned Fruit Bar 100% Apple Juice Choice of Milk	Breakfast Pizza Choice of Cereal Goldfish Graham Crackers Canned Fruit Fresh Fruit Bar 100% Apple Juice Choice of Milk	Plain Long John Choice of Cereal Goldfish Graham Crackers Fresh Fruit Bar Canned Fruit Bar 100% Apple Juice Choice of Milk
19	20	21	22	23
Chocolate Chip Brekkie Choice of Cereal Goldfish Graham Crackers Fresh Fruit Bar Canned Fruit Bar 100% Apple Juice Choice of Milk	Cinnamon Roll Choice of Cereal Goldfish Graham Crackers Canned Fruit Fresh Fruit Bar 100% Apple Juice Choice of Milk	Mini Pancakes Choice of Cereal Goldfish Graham Crackers Fresh Fruit Bar Canned Fruit Bar 100% Apple Juice Choice of Milk	Pancake on a Stick Choice of Cereal Goldfish Graham Crackers Canned Fruit Fresh Fruit Bar 100% Apple Juice Choice of Milk	Plain Long John Choice of Cereal Goldfish Graham Crackers Fresh Fruit Bar Canned Fruit Bar 100% Apple Juice Choice of Milk
26	27	28	29	30
	Apple Frudel Choice of Cereal Goldfish Graham Crackers Canned Fruit Bar Fresh Fruit Bar 100% Apple Juice Choice of Milk	Egg & Cheese Bagel Sandwich Choice of Cereal Goldfish Graham Crackers Fresh Fruit Bar Canned Fruit Bar 100% Apple Juice Choice of Milk	Breakfast Pizza Choice of Cereal Goldfish Graham Crackers Canned Fruit Fresh Fruit Bar 100% Apple Juice Choice of Milk	Plain Long John Choice of Cereal Goldfish Graham Crackers Fresh Fruit Bar Canned Fruit Bar 100% Apple Juice Choice of Milk

Student Meal

Free

PRICES

EXTRA INFO

Milk choice of 1% or chocolate, is included with your Lunch.
For any questions or comments contact Vicky Kroll FSD at v.kroll@komets.k12.mn.us or 507-634-4462

HARVEST OF



THE MONTH

Menus and nutrition
our app
Taher Food4Life®



www.taher.com

Menus are subject to change without notice. This institution is an equal opportunity provider.