

ACHS GYM • 9:00-10:30AM • MONDAY-THURSDAY

# Girls Summer WEIGHTS & CONDITIONING



Dates	Cost
Starting <b>June 2</b>	<b>\$75</b>



**JAGUAR SPORTS**

**MS AND HS GIRLS**

Venmo is available @StanaJefferson  
or make checks payable to:  
*Jag Summer Weights and Conditioning*  
MONEY WILL BE COLLECTED ON THE FIRST DAY OF WEIGHTS

**SIGN UP:** Text @ **workout 25** to 81010

## COACHES

Stana Jefferson  
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Rachel Tyner  
Cami Gee