



Breakfast in the Classroom!

Since 2012, Dallas ISD has proudly participated in Breakfast in the Classroom (BIC), a federally funded program that ensures students start their day with a free, nutritious breakfast. This initiative helps improve focus, academic performance, and overall well-being by giving students the energy they need to succeed.

The program was expanded to all elementary schools on February 10, 2025. This expansion reflects our commitment to fostering a healthy learning environment for all students. Breakfast assists students with a healthy start to their day, preparing both their bodies and minds for exceptional learning and student achievement! Numerous studies show that students who start their day with a healthy breakfast exhibit higher standardized tests scores, and improved retention and memory. In short, breakfasts served through the BIC program are a great way for students to start a successful day

Breakfast is delivered directly to classrooms, creating a welcoming, inclusive experience for students while allowing them to fuel up without missing valuable instructional time.

For principals, teachers, and cafeteria staff, your collaboration is essential to the success of this program. To ensure a smooth transition, we've developed resources and training to familiarize cafeteria staff with BIC procedures.

Training and Exam for Campus Teachers and Administrators

Teachers and administrators can access a step-by-step guide and training materials by clicking the link below. Completing the training is mandatory, followed by a brief exam to ensure everyone is prepared to support the program effectively.

Training link below
[25-26 Teacher BIC training](#)

Test link below
[25-26 Teacher BIC test](#)



We're excited to continue building on the success of BIC, working together to ensure every student starts their day with the nutrition they need to thrive. Thank you for your support in making this program a success!