RESOURCE LIST

THIS IS A PARTIAL LIST OF MENTAL HEALTH SERVICES. SCOTTSALE UNIFIED SCHOOL DISTRICT DOES NOT ENDORSE OR RECOMMEND ANY OF THESE SERVICES. THIS IS FOR YOUR CONVENIENCE AND SELF-REFERRAL.

CRISIS HOTLINES & SERVICES

Mental Health and Suicide Crisis: Text 988

Teen Lifeline call/text: 602-248-TEEN (8336)

BEHAVIORAL HEALTH AGENCIES - Outpatient, Inpatient and IOP Services

Agave Ridge Behavioral Hospital	844-521-2669
Aurora Behavioral Health	877-870-7012
Avery's House	866-971-2829
Banner Behavioral Health Hospital	480-448-7500
Canyon Health Centers	480-903-6463
Embark Behavioral Health	877-691-1135
Horizon Recovery - Mental Health and Addictions	602-755-7858
Meadows Behavioral Healthcare	866-787-5974
Oasis Behavioral Health	855-594-4608
Quail Run Behavioral Health	602-455-5694
St. Luke's Behavioral Health	602-251-8535
The Rosemary Tree	602-932-3436
Transitions Counseling and Consulting	602-363-0629
Via Linda Behavioral Health	480-476-7000

Behavioral Health Agencies - Individual, Family, and/or Group Therapy

ASU Clinical Psychology Center	480-965-7296
Calm OCD - OCD disorders & Eating Disorders	480-687-3435
Charlie Health ONLINE ONLY*	866-219-5070
Integrated Mental Health Associates	480-261-5015
Lighthouse Psychiatry	480-565-6440
Not My Kid	602-652-0163
reVIBE Mental Health	480-674-9220

COMMUNITY AGENCIES

Hope Social Teen and young adult wellness program	602-884-1470
City of Scottsdale - Family Advocacy Center	480-312-6300
bloom365 - creating safe and healthy relationships.	888-606-4673
Denova Collaborative Health - Medical and Mental	602-230-7373

EATING DISORDERS

A New Beginning	480-941-4247
Healthy Futures	480-451-8500
Meadows Behavioral Healthcare	866-787-5974

LGBTQ+ SUPPORT

The Trevor Project | For Young LGBTQ Lives	
PFLAG - LGBTQ+	

SUBSTANCE ABUSE

Adolescent Substance Abuse Program	602-434-0249
Anasazi FoundationWilderness Program	480-892-7403
Community Bridges	877-931-9142
Family Institute for Health & Recovery	602-249-6674
The Pathway Program	877-921-4050
Parents of Addicted Loved Ones	

GRIEF

New Song Center for Grieving Children	480-951-8985

REDUCED FEE OPTIONS

Jewish Family & Children's Service sliding scale	602-279-7655
NOAH Health Center – medical and dental for uninsured	480-882-4545
Resilient Health AHCCCS insurance	877-779-2470
City of Scottsdale Youth and Family Services	

FEE ASSISTANCE:

Arizona Rx Card	
Maricopa County Discount Drug Card	602-372-7034
LaloBoy Foundation Mental Health Fee Assistance	480-612-4656

Updated 4/2025