



MENTAL HEALTH

2025-2026

Audubon Public School District

Summary

Our comprehensive multifaceted approach



Clayful



DREAMS



Care Solace



Professional
Development/Mental Health
Counselor K-12

Introduction

CLAYFUL

Meets the needs
for students.



CARE SOLACE

For the families - To
find outside resources
as needed

DREAMS

For the staff and
school personnel



PROFESSIONAL DEVELOPMENT & MENTAL HEALTH COUNSELOR (K-12)

For School Counselors
and other staff

Clayful

TRANSFORMING HOW STUDENTS ACCESS SUPPORT SERVICES

- On demand chat based coaching for every student
- Uses a universal screener to identify at risk students
- Data shows its success:

46% of Clayful users are boys

77% of students feel less alone after a session

76% of students feel more hopeful (key to suicide prevention)

Clayful

17

App looks to improve student mental health outcomes in Allegan Co.


Share



5:09
42°

FOX
17

Watch on  YouTube



DREAMS

DEVELOPING RESILIENCY WITH ENGAGING APPROACHES TO MAXIMIZE SUCCESS

Partnerships



-  Develop and implement trauma-informed and healing-centered practices, including the Nutured Heart Approach®



DREAMS

COMPONENTS OF BEING TRAUMA - INFORMED

- Considering how trauma impacts relationships, learning, and behavior
- Realizing trauma may be present and recognizing that behaviors may be a stress response to traumatic experiences
- Learning how to respond to behavior in ways that resist retraumatizing
- Understanding our own responses to trauma and needs to self regulate

Care Solace

CONNECTS FAMILIES TO IN-NETWORK MENTAL HEALTH PROVIDERS



Care solace helps school districts to provide wraparound support for every student, staff member, and family member in need

Warm Handoff Referral
service

Care Match Self Service
Tool

24/7/365 Multilingual
Support

Resource Center

Care Solace



Care Solace: Calming the Chaos of Mental Health Care in Your School District



Watch on  YouTube

Professional Development/Mental Health Counselor K-12

-  School Counselors will attend training in grief counseling, trauma, crisis intervention, as needed
-  Administrators will be trained in trauma informed strategies
-  Mental Health Counselor will move around all buildings providing support and training
-  Teachers will be trained on how trauma effects students in the classroom

Conclusion

Audubon Public School District is dedicated to addressing the need for Mental Health Support in the school and in the community. The plan moving forward is to make resources available to ALL

our students, our teachers, our staff, and our families.

We are all in this together!



thank you

