



OPSTAD ELEMENTARY

LEARNING ABOUT CARING, CARING ABOUT LEARNING

Kindergarten Readiness Checklist

Welcome, future Otters! Before your child starts Kindergarten, here's a helpful checklist in addition to the [Kindergarten Website](#) to make sure you are fully prepared for a smooth and successful start:

✓ Registration and Enrollment

- ☐ [Complete online registration](#) through the school district website.
- ☐ **Submit required documents:** birth certificate, immunization records, and proof of residence.
- ☐ Custody/Court Order if a student lives with someone other than those named on the birth certificate.
- ☐ Sign up for [ParentSquare](#) (our communication tool). Use the email address you used for enrollment.
- ☐ If you missed Kindergarten orientation, please complete this [form](#) and turn it into the school office.

✓ School Supplies

- ☐ Watch for the **Kindergarten supply list** this summer and have materials ready before the first day.
- ☐ Ensure your student has a normal-sized backpack (not preschool size) that can fit a full-size folder or notebook.
- ☐ If you are interested in purchasing [Otter Gear](#) to start the year, our store is open year-round.

✓ General Things to Do

- ☐ Label everything, especially hoodies and cardigans (our most unclaimed items).
- ☐ Ensure your child knows how they get home after school daily (walk, bus, car pick-up).
- ☐ If you want to volunteer at any school event, field trip, or class activity, complete the [volunteer paperwork](#) and read the [handbook](#).
- ☐ Ensure your student has a backup change of clothes in their backpack.

✓ Health and Safety

- ☐ [Complete health forms](#) if your child has allergies, medications, or medical needs. No medicines are allowed at school without a doctor's order being filed with the school. This includes any over-the-counter medications.
- ☐ Schedule and complete any needed [immunizations](#) before the first day of school.
- ☐ Ensure your student is up-to-date on **vaccinations** or has a [valid exemption](#) on file to attend school.
- ☐ Practice handwashing, covering sneezes, and basic hygiene habits.

✓ Daily Readiness Skills

- ☐ Practice **independently putting on and taking off** coats, backpacks, and shoes.
- ☐ Practice **independently buttoning and zipping** pants and coats
- ☐ Have your child practice **independently opening snacks, lunch items, and water bottles.**
- ☐ Build stamina for **sitting and listening** for short periods (story time practice is excellent!).
- ☐ Practice going to places that have toilets with **automatic flushers.**
- ☐ Ensure your child can take care of their **toileting needs and hygiene independently.**

✓ Academic Readiness

- ☐ Encourage them to **recognize and write their name.**
- ☐ Practice **counting to 10** and recognizing some numbers and letters.
- ☐ Practice rhyming, swapping out sounds in words, riddles, and nursery rhymes.
- ☐ Read together every day to build a love of stories and books.
- ☐ [Reading 101 for Parents: Phonological and Phonemic Awareness](#)
- ☐ [10 Phonological Awareness Activities to Grow Your Child's Reading...](#)

✓ Social and Emotional Skills

- ☐ Practice **taking turns, sharing, and asking for help** when needed.
- ☐ Help your child recognize and talk about **their feelings.**
- ☐ Encourage using polite words like **please, thank you, and excuse me.**
- ☐ Use the language of noticing - "You ____, so ____, that was ____."
- ☐ [Kindergarten Readiness](#)
- ☐ [Free Resources for Guardians](#)
- ☐ [Free Resources for All](#)

✓ School Routines

- ☐ Talk about **morning and bedtime routines** to support a consistent school schedule.
- ☐ Practice **getting ready in the morning** with enough time to be at school on time.
- ☐ Visit the school playground and practice **walking outside to some kindergarten classrooms** - this is where they enter in the mornings on school days and after recess..

✓ Community Partners

- ☐ [Opstad PTA](#) - get involved with our school community from the start by becoming a member.
- ☐ [Snoqualmie Valley School Foundation](#) - get involved to make a district-wide impact on our school and keep them excelling.

✓ Important Dates - Mark your Calendar Now!

- ☐ **Kindergarten Orientation** – already attended or plan to read the slide deck if missed.
- ☐ **August 19, 2025—Meet and Greet**—Drop your Kindergartener off in the afternoon for another Kindergarten experience!
- ☐ **August 22, 2025** - Family Access - Log into Family Access to **learn who your child's teacher is.**
- ☐ **Aug 25-28, 2025—Family Connection Meetings**—**Prepare to sign up for a 30-minute one-on-one meeting with your child and their teacher.**
- ☐ **August 29, 2025 - First Day of Kindergarten** – mark your calendar!