

The Interplay Between Anxiety and School

March 25th from 5:00pm - 6:30pm



Join the School Counselor and our Family Liaison in this pertinent conversation around anxiety and how it impacts our kids thriving in school

This engaging evening will feature:

- * We'll explore the signs and symptoms of anxiety in children and adolescents.
- * We'll provide helpful tools and techniques for managing anxiety at home and at school.
- * We'll create a safe space for open dialogue and sharing of experiences.
- * We will have time for question and answer sessions.

Why Attend?

- * Gain valuable insights and practical strategies to support your child's success.
- * Connect with other families and build a supportive community.
- * Learn about school resources and support services..
- * We'll share practical strategies for overcoming attendance challenges and building consistent routines.
- * We'll clarify school attendance policies and procedures.

We believe that strong partnerships between home and school are essential for our students' well-being and academic growth. We encourage all families to attend and participate in this important event.

RSVP - March 24th

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530-676-0164 ext: 2037

Valley View Charter Montessori will be hosting this open event in the library, please arrive promptly at 5pm
1665 Blackstone Parkway El Dorado Hills, 95672