SHAC Meeting Notes 4/30/2025

Meeting recording

Meeting start time: 1:09pm

Call to Order & Introductions: Jennifer Garrigan, Director of Counseling & Health Services

Agenda:

- ➢ Wellness Policy Triennial Assessment Recap
- ➢ Subcommittee Work and Considerations for Board Recommendations
- ➢ Topics for the 2025-2026 School Year
- ➢ SHAC Member End of Year Survey
- ➢ Adjournment

Wellness Policy Triennial Assessment Recap

Presented by Marissa Bell, Dietitian & Marketing Coordinator, Food & Nutrition Services
Wellness Policy Triennial Assessment Update

Notes:
Rule refers to the actual policy requirements.
Plan refers to the district's action plan on implementation.
Policy requires adoption and approval by the board and the action plan does not.
Both are available for review here.

3 steps for Triennial Assessment for district level.

Step 1) Compare Policy Language to a Model Policy
Step 2) Assess Implementation & Compliance
Step 3) Describe Progress and Make Results Public

School wellness policies are evaluated based on the degree to which they address a number of policy items. The WellSAT Policy provides two scores: a comprehensiveness score,reflecting the extent to which recommended content areas are covered in the policy, and a strength score, describing how strongly the content is stated.

Triennial Assessment Report: 2025 Triennial Assessment LTISD (ES) (3/2025)
Triennial Assessment Report: 2025 Triennial Assessment LTISD (MS/HS) (3/2025)

Discussion of suggested edits/comments to Wellness Policy and Wellness Plans:

Wellness Policy
Wellness Plan

Subcommittee Work and Considerations for Board Recommendations

- Two subcommittees in session at the April 30th meeting: Bullying and Cellphone Use in the Classroom.

Break for subcommittee work at 1:46pm

Reconvening of SHAC committee at 2:27pm

Topics for the 2025-2026 School Year - Recommendations to the Board

- Mirror the cell phone policy currently in place at the middle school level to the high school for the 25-26 academic year. No cell phones, bell to bell. Exceptions in place for smartwatches, chromebooks and laptops during lunch so students are still able to complete homework at their discretion.

- Increase parent and student education and awareness on what bullying is and isn't and the process and steps taken within the district once bullying is reported. Video content created for parents and students linked on the school district‘s bullying prevention website, in student handbooks and on district social media.

- Consider a “culture of kindness, respect and grace” in the board’s mission and vision statement. Setting the tone by adopting a resolution to address bullying. Subcommittee to address languaging on the above for both parents and students.

- Implement a Kindness Award for parents at the annual Recognitions board meeting to recognize those parents demonstrating a culture of kindness.

SHAC Member End of Year Survey qr code shared with the group and also to be sent to committee members along with a deadline in follow up communication for those members unable to attend today’s meeting.

Final thank you and meeting adjournment at 2:30pm