



NORTH PLAINFIELD

FREE SPORTS PHYSICALS JUNE 10TH 2025

TIME BLOCKS 4:30PM-6:45PM

25-26 SPORTS PHYSICAL PACKET PROCEDURE



- 1) Pick-up a 25-26 Sports Physical Packet from the MS Main Office. There are packets in English & Spanish. You can also print a packet off in either language from the 'Athletics' webpage located on the NP School District Website.
- 2) Have your parent/guardian complete pages 1-3. At the bottom of Page 2, the athlete and parent/guardian must sign and date. Page 3 must also be signed by the athlete, parent/guardian, and dated.
- 3) Page 4 & 5 **ONLY** need the name of the athlete and date of birth
- 4) Once completed turn into the Middle School Nurse's office. They will review your packet and assign a time for your physical on Tuesday, June 10th 2025.