

Measles



What is Measles?

- ⇒ An **extremely spreadable** virus. Up to 90% of unvaccinated people exposed to measles will get sick.
- ⇒ Can be spread up to 4 days before the rash starts
- ⇒ Each sick person will infect around 12-18 other people (**10x more than flu**).
- ⇒ More cases in US during Jan-Mar 2025 than the whole year of 2024.
- ⇒ Almost all cases (95%) are in unvaccinated people.



Measles Symptoms

High Fever, Cough, Runny Nose, Red Eyes, **White Spots in the Mouth**, **Face/body rash** starts 3-5 days after symptoms start



Rash starts on the face
and moves down.



Measles Prevention

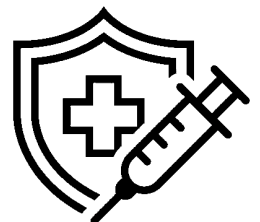
- **Vaccine**—Best way to prevent Measles
- The first dose **protects you 93%** from getting measles.
- If you are pregnant, you should **not** receive the vaccine, but others in your house can get it.

Treatment:

- 1 in 5 people with measles have to be in the hospital (**Compared to 1 in 100 with the Flu**).
- Measles can spread to the lungs and brain and in pregnancy can cause stillbirths.
- Measles has no specific treatment, but most recover with rest and fluids.

To get more information or schedule a vaccination:

Call Adams Medical Group (1-833-724-3627) or
Adams Health Department (260-724-5327, option 1)



Source:
www.cdc.gov/measles