

George Bush Middle School

FALCON TRACK & FIELD SCHEDULE 2024-2025

Bus departure/return times and game start times are approximate times.

ANY SCHEDULE CHANGES IN BOLD

Date	Team	Opponent	Time	Location	Leave	Return
Thurs 5/1	ALL	Montesano	4pm	THS	3pm	Parents pick up from THS after meet
Mon 5/5	Qualifying Athletes	Rochester & Hoquiam	4pm	Rochester	3pm	7:15
Tues 5/13	Qualifying Athletes	Oakland Bay & Elma	4pm	Shelton HS	3pm	7:15
Thurs 5/15	Qualifying Athletes	Tenino & Rochester	4pm	Tenino	3:10	7:10
Mon 5/19	ALL	TMS	4pm	THS	3pm	Parents pick up from THS after meet
Tues 5/27	7 th grade Qualifying Athletes	7 th grade Districts	4pm	Elma	3pm	7:20
Thurs 5/29	8 th grade Qualifying Athletes	8 th grade Districts	4pm	THS	3pm	Parents pick up from THS after meet

Practice reminders: Monday-Thursday, 2:30-4:30. Please pick your child up **promptly at 4:30 in the back of the school.**

Practice expectations:

1. Athletes must be dressed in appropriate athletic attire and running shoes to participate
2. Water bottles are required
3. Access to the building during practice will be limited. Kids must fill water bottles and use the restroom before practice begins.
4. Athletes rotate turns taking out and putting away equipment. It is expected that everyone does their part.
5. Planned absences, late arrivals, and early departures must be communicated to coaches.

Behavior Expectations:

1. Supportive, respectful sportsmanship is shown at all times to all people.
2. Directions are followed. Participation and effort are expected.
3. Bullying or unsafe behavior will not be tolerated.

If an athlete needs more than one reminder to follow behavior expectations, parents will be contacted. If reminders are needed after parent contact has been made, he/she will likely be asked to leave the BMS Track and Field team.

Track and Field Meets: * Unless otherwise updated, meets begin at 4 pm and typically run 2-3 hours.

We need YOU! Volunteers are needed for our home meet May 1st. Please [sign up HERE](#) if you are willing to help out at that track meet. Thank you!

Meet Qualification: All athletes will have the opportunity to participate in the meets at Tumwater High School on May 1 and 19th. However, a limited number of athletes will go to the three away meets. Reasons being: 1.) Limited transportation provided by the district. 2. The capability of our host teams to accommodate our full team. ***Athletes who do not go to away meets will still have practice.**

6/7th grade away meet qualification: Results from our home meet on May 1st at THS will determine which athletes will qualify. Kids will need to place in the top four in an event among BMS 6/7 graders to be considered for a spot at the away meet or to be placed on the alternate list.

Eighth-grade away meet qualification: There will be more spots reserved at away meets for 8th graders. Many of our 8th-grade athletes are returning competitive athletes. Some 8th graders will attend all away meets. However, our goal is for most 8th graders to participate in at least one away meet.

District Meets: Per league rules, the top three athletes from BMS in each event will qualify for the district meets. One relay team per relay event will qualify.

School Eligibility:

- Athletes may not be failing more than two classes when grade checks are completed.
- Athletes must attend 8 practices to be eligible to compete in meets
- Athletes must follow behavior expectations at school and at track

Uniforms: Uniforms consist of a BMS track singlet (tank top). Black shorts are encouraged, but not required. Racing flats or spikes are optional. Spikes are only allowed on the track. This is strictly enforced because spikes can damage fields and turf. We will issue track uniforms before our first meet on May 1. Uniforms needed to be returned in their original condition to avoid fines.

Spirit Wear: [Order 2025 BMS hoodies and t-shirts HERE!](#) Kids love spirit wear, and its fun for them to represent themselves as track athletes throughout the season! The spirit wear store is only open for one week. Order SOON, the online store will close next Wednesday, April 23rd, to ensure orders can be fulfilled before our first meet.

Go Falcons!

Coaches:

- Joanna Brown joanna.brown@tumwater.k12.wa.us
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