

Counseling and Crisis Intervention Resources

In general, for people with disabilities, counseling can be helpful when having to cope with stresses in their lives. Most social service agencies provide in-house counseling services or contract out to counselors. If you need assistance finding appropriate services, contacting a referral source or PACT, Inc. is a good first step. We have listed some providers and individual counselors that have experience working specifically with people with disabilities. Other counseling services are available and you should consult one of the mentioned referral sources or directories for additional listings.

DuPage County Health Department-Mental Health Division Crisis Unit 24-Hour Emergency

111 N County Farm Rd
Wheaton, IL 60187
Phone: (630) 682-7400
www.dupagehealth.org

- Serves chronically mentally ill adults, mentally ill and seriously emotionally disturbed children and adolescents, and substance abusing adults and adolescents.
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Metropolitan Family Services of DuPage

229 E. Willow
Wheaton, IL
(630) 784-4800
www.metrofamily.org

- Counseling available on a sliding fee scale
 - Bilingual therapists available
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DuPage County Department of Human Resources-Human Service Division

421 North County Farm Road
Wheaton, IL
Phone: (630) 682-7000
TDD: (630) 682-6926
www.dupagecris.org

- Provides up to date information and referral to county residents on health and social services. Available social workers.

DuPage County Medical Society

498 Hillside Ave.

Glen Ellyn, IL

Phone: (630) 858-9603

www.dcmsdocs.org

- Referrals to medical doctors, no fee

DuPage Psychologists Referral Service

579 West North Avenue Suite 103

Elmhurst, IL 60126

Phone: (630) 279-5757

- Referral Service

DuPage Center for Independent Living

739 Roosevelt Rd. Building 8 Suite 109

Glen Ellyn, IL 60137

Phone: (630) 469-2300

www.dupagecil.org

- Provides information on counseling services. Provides education and advocacy for people with disabilities.

Lutheran Child and Family Services

333 W. Lake St.

Addison, IL 60101

(630) 628-6448

www.lcfs.org

- Counseling available on a sliding fee scale.

Catholic Charities

26 W. St. Charles Rd.

Lombard, IL

(630) 495-8005

www.catholiccharities.net

- Counseling available on a sliding fee scale.

Agencies and Individuals Specializing in Counseling Services
for People with Disabilities

Mary Alice Povolny, Ph.D.
Licensed Clinical Psychologist
331 N. York Road
Elmhurst, IL 60126
Phone: (630) 415-0780

- Specializing in anxiety disorders, depression, stress and grief issues for people with disabilities. Family counseling for families who have a child with a disability.

SMS Career Counseling and Psychotherapy

Suzanne M.Sullivan, MS, LCPC, CRC
621 Plainfield Road
Willowbrook, IL 60521
Phone / Fax (630) 655-9457

Little Friends Inc.

140 N Wright
Naperville, IL
Phone: (630) 355-6533
www.littlefriendsinc.org

Self Help Groups

National Alliance for the Mentally Ill of DuPage County

1403 N Main, Suite 209
Wheaton, IL
Phone: (630) 752-0066
www.namidupage.org

West Suburban CHADD

(630) 961-0161
www.chaddonline.org

- Support group in the western suburbs for children and/or adults with ADD/ADHD