

Wellness Committee Meeting
December 4, 2018
Agenda

1. Introduction of Committee
2. Review Wellness Policy / Administrative Guidelines
 - a. Evaluate fundraisers to be sure of compliance – nutritionally speaking
 - b. Discuss putting menus and nutrition information on the website
3. District Wellness Efforts
 - a. Physical Activities – District Wide Step Challenge
4. Goals
 - a. Nutritional Goals
 - b. Physical Goals
5. Other