By Heather Lewis,
Seneca Valley Athletics & Activities Director

SPRING SPORTS ARE UNDERWAY

It is hard to imagine but our spring sport teams have weathered the spring storms, and most are on schedule in terms of section competition. As of this writing, here is where all teams stand in their respective seasons:

- **Baseball**
  4-2 section (2nd place);
  7-4 overall
- **Flag Football, Girls**
  5-0 section (1st place);
  6-0 overall
- **Lacrosse, Boys**
  1-2 section (5th place);
  6-5 overall
- **Lacrosse, Girls**
  1-5 section (9th place);
  3-6 overall
- **Softball**
  7-2 section (2nd place);
  9-2 overall
- **Tennis, Boys**
  1-6 section (7th place);
  3-8 overall
- **Track & Field, Boys**
  4-1 section (2nd place);
  5-1 overall
- **Track & Field, Girls**
  3-2 section (3rd place);
  4-2 overall
- **Ultimate Frisbee**
  4-0 overall (1st place)
- **Volleyball, Boys**
  4-1 section (1st place); 8-2 overall













WE ARE PLANNING FOR 2025-26

Physical, drug & concussion dates

The athletic department has announced its summer physical, drug testing and baseline concussion testing dates for 2025-26. Please note these plans are subject to change.

REMINDERS for 2025-26:

- All required paperwork for athletic participation in 2025-26 will be available on Parent Portal and the SV Athletics website starting May 1. **Reminder:** No paperwork may be completed prior to May 1.
- **ALL fall sport** paperwork is due in the athletic office no later than **3 p.m. on Thursday, July 31**. Coaches will not accept paperwork on the first day of tryouts.
- Dates for physicals are not yet confirmed. Once dates are set, we will announce. Please note physicals are first come, first served - we do not take reservations in advance. *We encourage families to have their physical completed as soon as possible after May 1. You may visit your PCP or any Urgent Care Clinic for an athletic physical.*
- The PIAA mandates their CIPPE form as the only permissible physical form for the doctor's signature.
- All student-athletes must register in the Parent Portal under "Sports Registration" before tryouts/practice begin. Registration opens May 1.
- Complete information available on the District's Athletics website under "Participation and TRYOUT information" starting May 1.
- Concussion baseline testing only needs to be completed every other year. Parents may call the Athletics Office at (724) 452-6040, x1752 to confirm the status of their child's baseline concussion test.

Summer Drug Testing and Baseline Concussion Testing Dates – Senior High School

- **Tuesday, July 8**, from 3-7 p.m.
- **Wednesday, July 9**, from 8 a.m. - Noon and 1-3 p.m.
- **Tuesday, July 29**, from 3-7 p.m.
- Wednesday, July 30, from 8 a.m. - Noon and 1-3 p.m.

FLAG FOOTBALL – ALL PEER TEAM



Congratulations to senior wide receiver Carmen Pietro who was chosen to the Pittsburgh Steelers Girls Flag Football All-Peer Team. These seven athletes were chosen from across the region for going above and beyond in providing mentor-like support to their teammates. The following is the nomination as submitted by head coach Chris Eden:

"Carmen is the team captain for Seneca Valley's flag football team. In her leadership role, Carmen has consistently demonstrated her ability to foster strong relationships and help her teammates build valuable life skills outside of athletics. Carmen led the efforts in organizing and designing the Seneca Valley Flag Football homecoming float. Carmen is also active in her community, volunteering at her church's summer camp, where she cares for preschool students, ensuring their safety and enjoyment. Additionally, Carmen volunteers at the Pittsburgh Holiday Banquet to serve less fortunate families in the Pittsburgh area during the holiday season."

ATHLETES OF THE MONTH, MARCH 2025



The Female Athlete of the Month for March was softball player **Lexie Hames**. The senior has had a hot start to the season, helping the Raiders to an 8-1 record and second place in the Western Pennsylvania Interscholastic Athletic League (WPIAL) 6A standings. She leads the team with a .579 batting average, five home runs and 10 RBIs (Runs Batted In). In the pitcher's circle, Lexie has already tallied over 100 strikeouts with a sub .50 ERA (Earned Run Average). Her standout game came in a 12-1 victory over WPIAL 5A defending champions Armstrong where she had three hits, four RBIs and two home runs along with 20 strikeouts. We recognized Lexie as the March Female Athlete of the Month. Congratulations, Lexie!



The Male Athlete of the Month for March was senior boys track athlete **Gavin Skarbek**. Gavin has been one of the top sprinters for the Raiders this season, placing in the top three for each of his individual events in every meet so far. In the 400-meter dash, Gavin has tailed six first-place finishes with a personal best time of 49.39 seconds, set at the TSTCA Track and Field Invite. In the 200-meter dash, he has five first-place finishes with a personal best time of 22.22 seconds, set at the Butler County Classic. Running the anchor leg of the 4 x 400m relay, Gavin has helped his relay team finish in the top four in every single meet this season. Gavin's times in the 200- and 400-meter dashes are both listed as the fourth fastest times in SV boys track and field history. For an impressive month, we recognized Gavin as the March Male Athlete of the Month. Congratulations, Gavin!

COLLEGE COMMITMENTS – CLASS OF 2025

Many Raider student-athletes made their college commitment official with the early signing period starting in mid-November. We congratulate these seniors on achieving their goals of continuing their athletic and academic careers at the next level. Each of you is a tremendous representative of Raider Athletics and we are very proud of your efforts in the classroom, in competition and in the community.

Name	Sport	College/University	Major
Aubrey Erdos	Track & Field	Grand Valley State University	Nursing
Addison Fowler	Volleyball	Robert Morris University	Health Science