Los Angeles County Office of Education

Teen Talk Overview

Los Angeles County Office of Education

Presentation by:
Aryanna Chavez & Shay Fairchild

Disclosure Statement

- Norwalk La Mirada Unified school district does NOT permit anyone to videotape, audiotape, and/or record any part of this presentation.
- This presentation will be made available to everyone, when requested.
- Copies of the curriculum are available to review at every school site and district office upon request.

CA Healthy Youth Act (CHYA)

- The CHYA, mandates that schools must provide sexual health education, at least once in middle school (7th or 8th grades) and at least once in high school (9th-12th grades).
- Parents/guardians have the right to opt their child out of the curriculum

We believe:

Parents/ caregivers are their children's primary sexual health educators.

Schools are responsible for providing:

- fact based,
- unbiased,
- medically accurate,
- age appropriate

knowledge and **skills** in order to promote the best possible health outcomes for all students.

NORWALK - LA MIRADA UNIFIED SCHOOL DISTRICT
Every Student. Future Ready. Our Promise!

Parents/caregivers and schools can work together to meet the need of the student community.

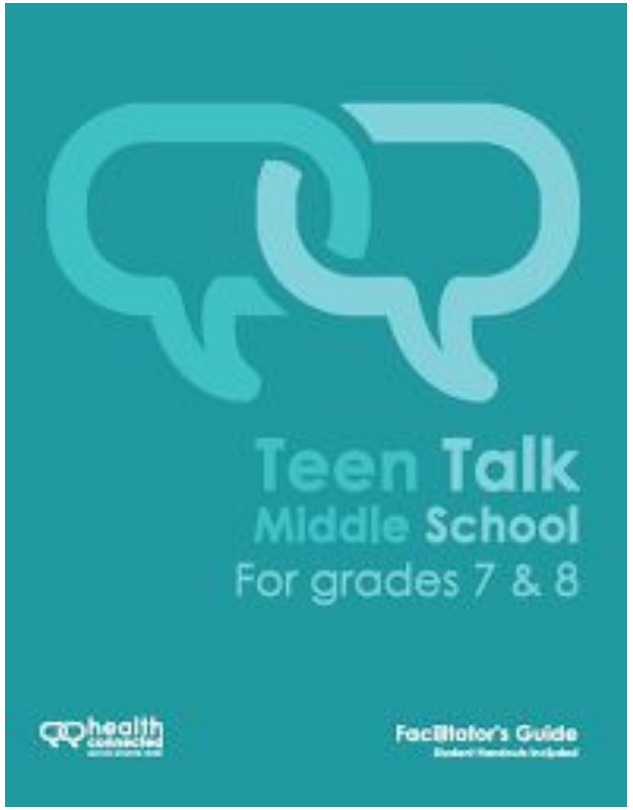
CA ED Code § 51930-51939

- 51930-Purpose of the law
- 51931-Definitions and inclusion of charter schools
- 51932-What the law does NOT apply to
- 51933-Criteria for ANY grade levels of education (The how we have to teach)
- 51934-Content required in Middle School/High School only (The What)
- 51935-Teacher training
- 51936-Using outside consultants
- 51937-51939-Parent notification and excuse

California LEGISLATIVE INFORMATION

NORWALK-LA MIRADA UNIFIED SCHOOL DISTRICT
Every Student. Future Ready. Our Promise!

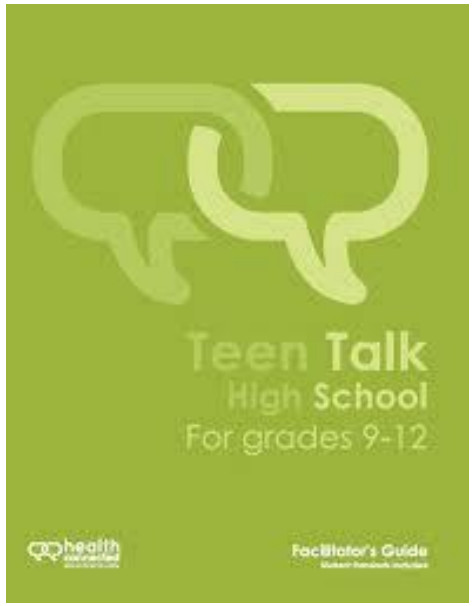
Teen Talk Lesson Sequence-Middle School



- Lesson 1: Introduction, Values, Parent Communication
- Lesson 2: Sexual and Reproductive Anatomy
- Lesson 3: Gender and Sexual Identities
- Lesson 4: Not Having Sex: Abstinence
- Lesson 5: Birth Control
- Lesson 6: Pregnancy Options;'
- Lesson 7: Sexually Transmitted Infections
- Lesson 8: Relationships
- Lesson 9: Body Image and the Media
- Lesson 10: Sexual Violence Prevention
- Lesson 11: Communication and Decision Making
- Lesson 12: Review

NORWALK-LA MIRADA UNIFIED SCHOOL DISTRICT
Every Student. Future Ready. Our Promise!

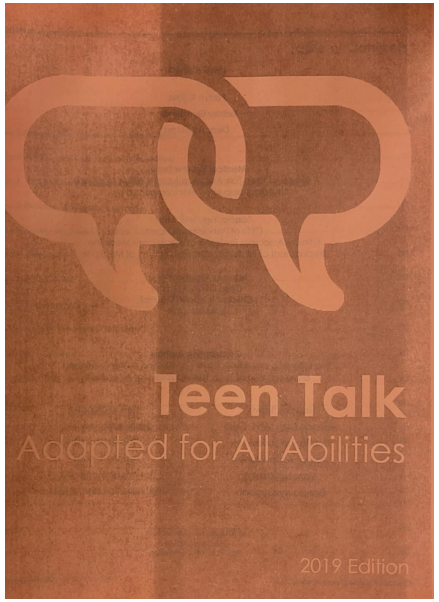
Teen Talk Lesson Sequence-High School



- Lesson 1: Introduction, Values Clarification, Parent Communication
- Lesson 2: Sexual and Reproductive Anatomy
- Lesson 3: Gender and Sexual Identities
- Lesson 4: Birth Control
- Lesson 5: Pregnancy Options
- Lesson 6: Sexually Transmitted Infections
- Lesson 7: Relationships
- Lesson 8: Sexual Violence Prevention
- Lesson 9: Abstinence, Sex, and Decision Making
- Lesson 10: Sex in the Media
- Lesson 11: Review

NORWALK- LA MIRADA UNIFIED SCHOOL DISTRICT
Every Student. Future Ready. Our Promise!

Teen Talk Lesson Sequence- Adapted for All Abilities



- Lesson 1: Introduction, Values Clarification, Parent Communication
- Lesson 2: Public and Private Places and Body Parts
- Lesson 3: Puberty Changes & Sexual and Reproductive Anatomy
- Lesson 4: Decision Making and Conception
- Lesson 5: Gender and Sexual Identities
- Lesson 6: Relationships
- Lesson 7: Birth Control
- Lesson 8: Pregnancy Options
- Lesson 9: Sexually Transmitted Infections
- Lesson 10:Sexual Safety
- Lesson 11: Future Goals and Review

Parents' Rights-CA Ed Code § 51937-51939

- Parents must be notified (beginning of year and/or 14 days prior)
- Parents have the right to review instructional material to assist in determining decision for instruction
- Parents may opt their child out of instruction (all or a portion of the lesson content except for lessons about people (ie LGBT specific lessons)
- Students may not be penalized for being removed from CHYA instruction

NORWALK-LA MIRADA UNIFIED SCHOOL DISTRICT
Every Student. Future Ready. Our Promise!

Implementation Plan for 2024-25

MAR 7:

- Parent Letter sent home

MAY 2:

- DELAC Presentation

May 9-30:

- Implementation

NORWALK - LA MIRADA UNIFIED SCHOOL DISTRICT
Every Student. Future Ready. Our Promise!

IF YOU HAVE ANY QUESTIONS
Email or Call:

Aryanna Chavez

AChavez@nlmusd.k12.ca.us

NORWALK - LA MIRADA UNIFIED SCHOOL DISTRICT
Every Student. Future Ready. Our Promise!