



May 2025

Tuloso-Midway High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1	2
T4-Adventure • Alfredo Cheese Sauce • Fajita Chicken • Garlic Knot Breadstick • Penne Pasta • Roasted Broccoli • Toasted Garlic Caesar Salad	T4-Adventure • Pasta, Chicken Alfredo, WG • Penne, USDA Diced Chicken, JTM Alfredo • Garlic Breadstick • Roasted Broccoli • Toasted Garlic Caesar Salad	T4-Adventure • Alfredo Cheese Sauce • Fajita Chicken • Garlic Knot Breadstick • Penne Pasta • Roasted Broccoli • Toasted Garlic Caesar Salad	T4-Adventure • Pasta, Chicken Alfredo, WG • Penne, USDA Diced Chicken, JTM Alfredo • Garlic Breadstick • Roasted Broccoli • Toasted Garlic Caesar Salad	T4-Adventure • Alfredo Cheese Sauce • Fajita Chicken • Garlic Knot Breadstick • Penne Pasta • Roasted Broccoli • Toasted Garlic Caesar Salad
T4-Fast • American Cheese Slice • Sliced Turkey • Sliced Turkey Ham • American-style Meat Combo • Italian-style Meat Combo • Mini Sub Roll • Oven Fired Flatbread • Celery Sticks • Baby Carrots • Mixed Salad Greens	T4-Fast • American Cheese Slice • Sliced Turkey • Sliced Turkey Ham • American-style Meat Combo • Italian-style Meat Combo • Mini Sub Roll • Oven Fired Flatbread • Celery Sticks • Baby Carrots • Mixed Salad Greens	T4-Fast • American Cheese Slice • Sliced Turkey • Sliced Turkey Ham • American-style Meat Combo • Italian-style Meat Combo • Mini Sub Roll • Oven Fired Flatbread • Celery Sticks • Baby Carrots • Mixed Salad Greens	T4-Fast • American Cheese Slice • Sliced Turkey • Sliced Turkey Ham • American-style Meat Combo • Italian-style Meat Combo • Mini Sub Roll • Oven Fired Flatbread • Celery Sticks • Baby Carrots • Mixed Salad Greens	T4-Fast • American Cheese Slice • Sliced Turkey • Sliced Turkey Ham • American-style Meat Combo • Italian-style Meat Combo • Mini Sub Roll • Oven Fired Flatbread • Celery Sticks • Baby Carrots • Mixed Salad Greens
Grill • Hot & Spicy Chicken Fliet • Chicken Breast Filet, Golden Crispy • American Cheese Slice • Beef Burger Patty • hamburger bun • Mixed Salad Greens • Crinkle Cut French Fries	Grill • Hot & Spicy Chicken Fliet • Chicken Breast Filet, Golden Crispy • American Cheese Slice • Beef Burger Patty • hamburger bun • Mixed Salad Greens • Crinkle Cut French Fries	Grill • Hot & Spicy Chicken Fliet • Chicken Breast Filet, Golden Crispy • American Cheese Slice • Beef Burger Patty • hamburger bun • Mixed Salad Greens • Crinkle Cut French Fries	Grill • Hot & Spicy Chicken Fliet • Chicken Breast Filet, Golden Crispy • American Cheese Slice • Beef Burger Patty • hamburger bun • Mixed Salad Greens • Crinkle Cut French Fries	Grill • Hot & Spicy Chicken Fliet • Chicken Breast Filet, Golden Crispy • American Cheese Slice • Beef Burger Patty • hamburger bun • Mixed Salad Greens • Crinkle Cut French Fries
T4-Mexico/Fiesta/Nacho • Cheddar Cheese Sauce • Fajita Chicken • Ground Beef Taco Filling • Tortilla Chips • Mexican Black Beans • Vegetarian Refried Beans • Mixed Salad Greens	T4-Mexico/Fiesta/Nacho • Cheddar Cheese Sauce • Fajita Chicken • Ground Beef Taco Filling • Tortilla Chips • Mexican Black Beans • Vegetarian Refried Beans • Mixed Salad Greens	T4-Mexico/Fiesta/Nacho • Cheddar Cheese Sauce • Fajita Chicken • Ground Beef Taco Filling • Tortilla Chips • Mexican Black Beans • Vegetarian Refried Beans • Mixed Salad Greens	T4-Mexico/Fiesta/Nacho • Cheddar Cheese Sauce • Fajita Chicken • Ground Beef Taco Filling • Tortilla Chips • Mexican Black Beans • Vegetarian Refried Beans • Mixed Salad Greens	T4-Mexico/Fiesta/Nacho • Cheddar Cheese Sauce • Fajita Chicken • Ground Beef Taco Filling • Tortilla Chips • Mexican Black Beans • Vegetarian Refried Beans • Mixed Salad Greens
Pizza • Cheese Pizza • Pepperoni Pizza • Sausage Pizza • Garden Side Salad • Roasted Broccoli	Pizza • Buffalo Chicken Pizza • Cheese Pizza • Pepperoni Pizza • Parmesan Green Beans • Toasted Garlic Caesar Salad	Pizza • Pepperoni Pizza • Supreme Pizza • Crispy Panko Broccoli and Cauliflower • Garden Side Salad	Pizza • Pepperoni Pizza • Southwest BBQ Chicken • Pizza • Parmesan Green Beans • Toasted Garlic Caesar Salad	Pizza • Cheese Pizza • Pepperoni Pizza • Meatlovers Pizza • Garden Side Salad • Roasted Broccoli

- T4-Fast
- American Cheese Slice
 - Sliced Turkey
 - Sliced Turkey Ham
 - American-style Meat Combo
 - Italian-style Meat Combo
 - Mini Sub Roll
 - Oven Fired Flatbread
 - Celery Sticks
 - Baby Carrots
 - Mixed Salad Greens

Grill

- Hot & Spicy Chicken Fllet
- Chicken Breast Filet, Golden Crispy
- American Cheese Slice
- Beef Burger Patty
- hamburger bun
- Mixed Salad Greens
- Crinkle Cut French Fries

- T4-Mexico/Fiesta/Nacho
- Cheddar Cheese Sauce
 - Fajita Chicken
 - Ground Beef Taco Filling
 - Tortilla Chips
 - Mexican Black Beans
 - Vegetarian Refried Beans
 - Mixed Salad Greens

Pizza

- Cheese Pizza
- Pepperoni Pizza
- Sausage Pizza
- Garden Side Salad
- Roasted Broccoli

T4-Adventure

- Chicken Parmesan
- Spaghetti Noodles
- Parmesan Green Beans

- T4-Fast
- American Cheese Slice
 - Sliced Turkey
 - Sliced Turkey Ham
 - American-style Meat Combo
 - Italian-style Meat Combo
 - Mini Sub Roll
 - Oven Fired Flatbread
 - Celery Sticks
 - Baby Carrots
 - Mixed Salad Greens

Grill

- Hot & Spicy Chicken Fllet
- Chicken Breast Filet, Golden Crispy
- American Cheese Slice
- Beef Burger Patty
- hamburger bun
- Mixed Salad Greens
- Crinkle Cut French Fries

- T4-Mexico/Fiesta/Nacho
- Cheddar Cheese Sauce
 - Fajita Chicken
 - Ground Beef Taco Filling
 - Tortilla Chips
 - Mexican Black Beans
 - Vegetarian Refried Beans
 - Mixed Salad Greens

Pizza

- Buffalo Chicken Pizza
- Cheese Pizza
- Pepperoni Pizza
- Parmesan Green Beans
- Toasted Garlic Caesar Salad

T4-Adventure

- Frito Chili Pie
- Seasoned Carrot Coins

- T4-Fast
- American Cheese Slice
 - Sliced Turkey
 - Sliced Turkey Ham
 - American-style Meat Combo
 - Italian-style Meat Combo
 - Mini Sub Roll
 - Oven Fired Flatbread
 - Celery Sticks
 - Baby Carrots
 - Mixed Salad Greens

Grill

- Hot & Spicy Chicken Fllet
- Chicken Breast Filet, Golden Crispy
- American Cheese Slice
- Beef Burger Patty
- hamburger bun
- Mixed Salad Greens
- Crinkle Cut French Fries

- T4-Mexico/Fiesta/Nacho
- Cheddar Cheese Sauce
 - Fajita Chicken
 - Ground Beef Taco Filling
 - Tortilla Chips
 - Mexican Black Beans
 - Vegetarian Refried Beans
 - Mixed Salad Greens

Pizza

- Pepperoni Pizza
- Supreme Pizza
- Crispy Panko Broccoli and Cauliflower
- Garden Side Salad

T4-Adventure

- Chicken Honey Mustard Bites
- Cilantro Lime Rice

- T4-Fast
- American Cheese Slice
 - Sliced Turkey
 - Sliced Turkey Ham
 - American-style Meat Combo
 - Italian-style Meat Combo
 - Mini Sub Roll
 - Oven Fired Flatbread
 - Celery Sticks
 - Baby Carrots
 - Mixed Salad Greens

Grill

- Hot & Spicy Chicken Fllet
- Chicken Breast Filet, Golden Crispy
- American Cheese Slice
- Beef Burger Patty
- hamburger bun
- Mixed Salad Greens
- Crinkle Cut French Fries

- T4-Mexico/Fiesta/Nacho
- Cheddar Cheese Sauce
 - Fajita Chicken
 - Ground Beef Taco Filling
 - Tortilla Chips
 - Mexican Black Beans
 - Vegetarian Refried Beans
 - Mixed Salad Greens

Pizza

- Pepperoni Pizza
- Southwest BBQ Chicken Pizza
- Parmesan Green Beans
- Toasted Garlic Caesar Salad

T4-Adventure

- Beef Lasagna, Scratch
- Twisted Breadstick
- Parmesan Green Beans

- T4-Fast
- American Cheese Slice
 - Sliced Turkey
 - Sliced Turkey Ham
 - American-style Meat Combo
 - Italian-style Meat Combo
 - Mini Sub Roll
 - Oven Fired Flatbread
 - Celery Sticks
 - Baby Carrots
 - Mixed Salad Greens

Grill

- Hot & Spicy Chicken Fllet
- Chicken Breast Filet, Golden Crispy
- American Cheese Slice
- Beef Burger Patty
- hamburger bun
- Mixed Salad Greens
- Crinkle Cut French Fries

- T4-Mexico/Fiesta/Nacho
- Cheddar Cheese Sauce
 - Fajita Chicken
 - Ground Beef Taco Filling
 - Tortilla Chips
 - Mexican Black Beans
 - Vegetarian Refried Beans
 - Mixed Salad Greens

Pizza

- Cheese Pizza
- Pepperoni Pizza
- Meatlovers Pizza
- Garden Side Salad
- Roasted Broccoli

T4-Adventure

- Baked Lemon Pepper Fish
- Breadstick
- Rice Pilaf
- Steamed Corn

12

- T4-Fast**
- American Cheese Slice
 - Sliced Turkey
 - Sliced Turkey Ham
 - American-style Meat Combo
 - Italian-style Meat Combo
 - Mini Sub Roll
 - Oven Fired Flatbread
 - Celery Sticks
 - Baby Carrots
 - Mixed Salad Greens
- Grill**
- Hot & Spicy Chicken Fliet
 - Chicken Breast Filet, Golden Crispy
 - American Cheese Slice
 - Beef Burger Patty
 - hamburger bun
 - Mixed Salad Greens
 - Crinkle Cut French Fries
- T4-Mexico/Fiesta/Nacho**
- Cheddar Cheese Sauce
 - Fajita Chicken
 - Ground Beef Taco Filling
 - Tortilla Chips
 - Mexican Black Beans
 - Vegetarian Refried Beans
 - Mixed Salad Greens
- Pizza**
- Cheese Pizza
 - Pepperoni Pizza
 - Sausage Pizza
 - Garden Side Salad
 - Roasted Broccoli
- T4-Adventure**
- Korean BBQ Pork
 - Fried Rice
 - Steamed Broccoli

13

- T4-Fast**
- American Cheese Slice
 - Sliced Turkey
 - Sliced Turkey Ham
 - American-style Meat Combo
 - Italian-style Meat Combo
 - Mini Sub Roll
 - Oven Fired Flatbread
 - Celery Sticks
 - Baby Carrots
 - Mixed Salad Greens
- Grill**
- Hot & Spicy Chicken Fliet
 - Chicken Breast Filet, Golden Crispy
 - American Cheese Slice
 - Beef Burger Patty
 - hamburger bun
 - Mixed Salad Greens
 - Crinkle Cut French Fries
- T4-Mexico/Fiesta/Nacho**
- Cheddar Cheese Sauce
 - Fajita Chicken
 - Ground Beef Taco Filling
 - Tortilla Chips
 - Mexican Black Beans
 - Vegetarian Refried Beans
 - Mixed Salad Greens
- Pizza**
- Buffalo Chicken Pizza
 - Cheese Pizza
 - Pepperoni Pizza
 - Parmesan Green Beans
 - Toasted Garlic Caesar Salad
- T4-Adventure**
- Cheese Enchiladas
 - Vegetarian Refried Beans

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- T4-Fast**
- American Cheese Slice
 - Sliced Turkey
 - Sliced Turkey Ham
 - American-style Meat Combo
 - Italian-style Meat Combo
 - Mini Sub Roll
 - Oven Fired Flatbread
 - Celery Sticks
 - Baby Carrots
 - Mixed Salad Greens
- Grill**
- Hot & Spicy Chicken Fliet
 - Chicken Breast Filet, Golden Crispy
 - American Cheese Slice
 - Beef Burger Patty
 - hamburger bun
 - Mixed Salad Greens
 - Crinkle Cut French Fries
- T4-Mexico/Fiesta/Nacho**
- Cheddar Cheese Sauce
 - Fajita Chicken
 - Ground Beef Taco Filling
 - Tortilla Chips
 - Mexican Black Beans
 - Vegetarian Refried Beans
 - Mixed Salad Greens
- Pizza**
- Pepperoni Pizza
 - Supreme Pizza
 - Crispy Panko Broccoli and Cauliflower
 - Garden Side Salad
- T4-Adventure**
- Chili Lime Chicken
 - Cilantro Lime Rice
 - Corn Confetti

15

- T4-Fast**
- American Cheese Slice
 - Sliced Turkey
 - Sliced Turkey Ham
 - American-style Meat Combo
 - Italian-style Meat Combo
 - Mini Sub Roll
 - Oven Fired Flatbread
 - Celery Sticks
 - Baby Carrots
 - Mixed Salad Greens
- Grill**
- Hot & Spicy Chicken Fliet
 - Chicken Breast Filet, Golden Crispy
 - American Cheese Slice
 - Beef Burger Patty
 - hamburger bun
 - Mixed Salad Greens
 - Crinkle Cut French Fries
- T4-Mexico/Fiesta/Nacho**
- Cheddar Cheese Sauce
 - Fajita Chicken
 - Ground Beef Taco Filling
 - Tortilla Chips
 - Mexican Black Beans
 - Vegetarian Refried Beans
 - Mixed Salad Greens
- Pizza**
- Pepperoni Pizza
 - Southwest BBQ Chicken Pizza
 - Parmesan Green Beans
 - Toasted Garlic Caesar Salad
- T4-Adventure**
- Classic Chicken Alfredo Macaroni
 - Breadstick
 - Mixed Garden Vegetables

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- T4-Fast**
- American Cheese Slice
 - American-style Meat Combo
 - Sliced Turkey Ham
 - Sliced Turkey
 - Italian-style Meat Combo
 - Oven Fired Flatbread
 - Mini Sub Roll
 - Mixed Salad Greens
 - Celery Sticks
 - Baby Carrots
- Grill**
- Hot & Spicy Chicken Fliet
 - Beef Burger Patty
 - American Cheese Slice
 - Chicken Breast Filet, Golden Crispy
 - hamburger bun
 - Mixed Salad Greens
 - Crinkle Cut French Fries
- T4-Mexico/Fiesta/Nacho**
- Cheddar Cheese Sauce
 - Fajita Chicken
 - Ground Beef Taco Filling
 - Tortilla Chips
 - Vegetarian Refried Beans
 - Mexican Black Beans
 - Mixed Salad Greens
- Pizza**
- Pepperoni Pizza
 - Meatlovers Pizza
 - Cheese Pizza
 - Garden Side Salad
 - Roasted Broccoli
- T4-Adventure**
- Glazed Chicken Drumstick
 - Steamed Brown Rice
 - Roasted Summer Squash

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- T4-Fast**
- American Cheese Slice
 - American-style Meat Combo
 - Sliced Turkey Ham
 - Sliced Turkey
 - Italian-style Meat Combo
 - Oven Fired Flatbread
 - Mini Sub Roll
 - Mixed Salad Greens
 - Celery Sticks
 - Baby Carrots
- Grill**
- Hot & Spicy Chicken Fliet
 - Beef Burger Patty
 - Chicken Breast Filet, Golden Crispy
 - American Cheese Slice
 - hamburger bun
 - Mixed Salad Greens
 - Crinkle Cut French Fries
- T4-Mexico/Fiesta/Nacho**
- Cheddar Cheese Sauce
 - Fajita Chicken
 - Ground Beef Taco Filling
 - Tortilla Chips
 - Vegetarian Refried Beans
 - Mexican Black Beans
 - Mixed Salad Greens
- Pizza**
- Sausage Pizza
 - Cheese Pizza
 - Pepperoni Pizza
 - Roasted Broccoli
 - Garden Side Salad
- T4-Adventure**
- Chicken Pesto Pasta
 - Garlic Knot Breadstick
 - Parmesan Green Beans

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- T4-Fast**
- American Cheese Slice
 - American-style Meat Combo
 - Sliced Turkey Ham
 - Sliced Turkey
 - Italian-style Meat Combo
 - Oven Fired Flatbread
 - Mini Sub Roll
 - Mixed Salad Greens
 - Celery Sticks
 - Baby Carrots
- Grill**
- Hot & Spicy Chicken Fliet
 - Chicken Breast Filet, Golden Crispy
 - Beef Burger Patty
 - American Cheese Slice
 - hamburger bun
 - Crinkle Cut French Fries
 - Mixed Salad Greens
- T4-Mexico/Fiesta/Nacho**
- Cheddar Cheese Sauce
 - Fajita Chicken
 - Ground Beef Taco Filling
 - Tortilla Chips
 - Vegetarian Refried Beans
 - Mexican Black Beans
 - Mixed Salad Greens
- Pizza**
- Pepperoni Pizza
 - Buffalo Chicken Pizza
 - Cheese Pizza
 - Parmesan Green Beans
 - Toasted Garlic Caesar Salad
- T4-Adventure**
- Beef Picadillo
 - Flour Tortilla
 - Pinto Beans

21

- T4-Fast**
- American Cheese Slice
 - American-style Meat Combo
 - Sliced Turkey Ham
 - Sliced Turkey
 - Italian-style Meat Combo
 - Oven Fired Flatbread
 - Mini Sub Roll
 - Mixed Salad Greens
 - Celery Sticks
 - Baby Carrots
- Grill**
- Hot & Spicy Chicken Fliet
 - American Cheese Slice
 - Beef Burger Patty
 - Chicken Breast Filet, Golden Crispy
 - hamburger bun
 - Mixed Salad Greens
 - Crinkle Cut French Fries
- T4-Mexico/Fiesta/Nacho**
- Cheddar Cheese Sauce
 - Fajita Chicken
 - Ground Beef Taco Filling
 - Tortilla Chips
 - Vegetarian Refried Beans
 - Mexican Black Beans
 - Mixed Salad Greens
- Pizza**
- Pepperoni Pizza
 - Supreme Pizza
 - Crispy Panko Broccoli and Cauliflower
 - Garden Side Salad
- T4-Adventure**
- Smothered Bean & Cheese Burrito
 - Corn Mexicali

22

- T4-Fast**
- American Cheese Slice
 - American-style Meat Combo
 - Sliced Turkey Ham
 - Sliced Turkey
 - Italian-style Meat Combo
 - Oven Fired Flatbread
 - Mini Sub Roll
 - Mixed Salad Greens
 - Celery Sticks
 - Baby Carrots
- Grill**
- Hot & Spicy Chicken Fliet
 - American Cheese Slice
 - Beef Burger Patty
 - Chicken Breast Filet, Golden Crispy
 - hamburger bun
 - Crinkle Cut French Fries
 - Mixed Salad Greens
- T4-Mexico/Fiesta/Nacho**
- Cheddar Cheese Sauce
 - Fajita Chicken
 - Ground Beef Taco Filling
 - Tortilla Chips
 - Vegetarian Refried Beans
 - Mexican Black Beans
 - Mixed Salad Greens
- Pizza**
- Pepperoni Pizza
 - Southwest BBQ Chicken Pizza
 - Parmesan Green Beans
 - Toasted Garlic Caesar Salad
- T4-Adventure**
- Meatloaf
 - Twisted Breadstick
 - Whipped Potatoes

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