



MOONLIGHTER

SCHEDULE
OF CLASSES

SUMMER

JUNE 9—AUGUST 2, 2025

REGISTRATION BEGINS MONDAY MAY 19, 2025, 9AM

Celebrating 50 Years!



SIGN UP FOR MORE AND SAVE! SEE PAGE 3

\$20 off one class when you sign up for two or more series (multi-day) classes.

WWW.PIEDMONTADULTSCHOOL.ORG

510-594-2655

GENERAL INFORMATION

SUMMER SEMESTER BEGINS MONDAY, JUNE 9, 2025
REGISTRATION BEGINS MONDAY, MAY 19, 2025, 9AM

COURSE FORMAT

Piedmont Adult School will be offering classes either in-person or online depending on the course and the instructor.

ELIGIBILITY

Anyone who is at least 18 years of age is welcome to register and attend classes. Piedmont Adult School reserves the right to refuse admission to anyone.

REGISTRATION

Registration is on a first-come first-served basis and pre-registration is a must. Classes are typically cancelled a few days before they are scheduled to begin if enrollment is too low. Don't wait—classes can fill quickly so enroll early!

Online: Visit www.piedmontadultschool.org, browse through our online catalog and register for classes online. Online and in-person registration begins at 9:00am on Monday, May 19, 2025.

By Fax: Fax the completed registration form provided in this catalog with your credit card information and signature to: (510) 595-8173.

Walk-in: Our office hours are Mon. through Wed. 10:00am-7:00pm. Our office address, 760 Magnolia Ave., Piedmont, CA 94611, Room 49. (Millennium High School)

By Mail: Mail the completed registration form to: Piedmont Adult School, 760 Magnolia Ave., Piedmont, CA 94611.

We do not accept registrations by phone.

REFUND AND CANCELLATION POLICY

Please choose your classes carefully! No refunds or credits will be given for registration fees unless a class is cancelled by Piedmont Adult School. There are no refunds or credits on food fees. Piedmont Adult School reserves the right to cancel classes that do not meet the minimum enrollment. In these cases, refunds will be credited to the original form of payment.

CONFIRMATION OF CLASSES

Confirmation of classes will be sent by email. For a printed confirmation of classes, send a self-addressed, stamped envelope to Piedmont Adult School, 760 Magnolia Ave, Piedmont, CA 94611. Confirmations will not be given by phone. Unless you receive a call or email cancelling a class, assume that you are registered in your class(es).

PAYMENT INFORMATION

Registration can be paid by check (payable to Piedmont Adult School), money order or credit card. We accept Visa and Mastercard. A \$25 fee will be charged on all returned and "stop payment" checks.

DISCOUNTS

Receive \$20 off one class when you sign up for two or more series (multi-day) classes at the same time. In addition, seniors (55+) receive a \$10 discount for all series classes. Discounts do not apply to single-day classes.

STATE SUPPORTED CLASSES

This symbol is used to indicate classes that are state-funded. Students in these classes will be required to provide demographic information.

CAMPUS AND CLASSROOM RULES

No Smoking: The Piedmont Unified School District is a tobacco-free organization and all the school district's facilities are designated as tobacco free. Tobacco products are strictly prohibited. **Food and Beverages:** Eating and drinking are not allowed inside the classrooms.

BOOKS

Books required for classes are available at bookstores or through online vendors such as amazon.com and barnesandnoble.com. We will provide ISBN information (book number) when possible so that students can find and purchase books easily.

SPECIAL ACCOMMODATIONS DUE TO DISABILITIES

Students who need special accommodations due to disabilities should call the school to make arrangements for accommodations.

UNIFORM COMPLAINT PROCEDURES

In accordance with state guidelines, the District has adopted Uniform Complaint Procedures. Contact the Piedmont Adult School Office for a copy of the policy.

SIGN UP FOR MORE AND SAVE!

Receive \$20 off one class when you sign up for two or more series (multi-day) classes at the same time. Discount does not apply to single-day classes.

GETTING HERE

Parking is limited. We recommend carpooling. Do not park in "Resident Permit" parking spaces. AC Transit's bus route #33 runs a few blocks away, Service to Piedmont. For further information, please call AC Transit at 510-891-4777, or visit www.actransit.org.

OFFICE HOURS

Monday through Wednesday:
9:00am-7:00pm

CONTACT INFORMATION

Address: Piedmont Adult School
760 Magnolia Ave
Piedmont, CA 94611

Phone: 510-594-2655
Fax: 510-595-8173
Web: www.piedmontadultschool.org
Email: pas@piedmont.k12.ca.us

ADULT SCHOOL STAFF

Shannon Fierro, Director of Adult Ed
Ron Mockel, Administrative Coordinator
rmockel@piedmont.k12.ca.us
Michelle Lucas, Administrative Assistant,
mlucas@piedmont.k12.ca.us
Jana Branisa, High School Diploma,
jbranisa@piedmont.k12.ca.us

ADULT SCHOOL CALENDAR

SUMMER SEMESTER: JUNE 9–AUGUST 2, 2025

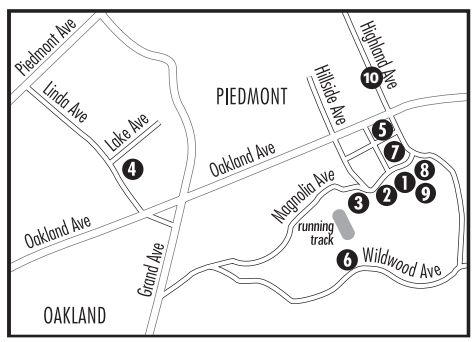
5/19 Registration Begins
6/9 Classes Begin
7/4-7/5 July 4th Weekend

PIEDMONT UNIFIED SCHOOL DISTRICT DISTRICT PERSONNEL

Dr. Jennifer Hawn, Superintendent
Ariel Dolowich, Assistant Superintendent

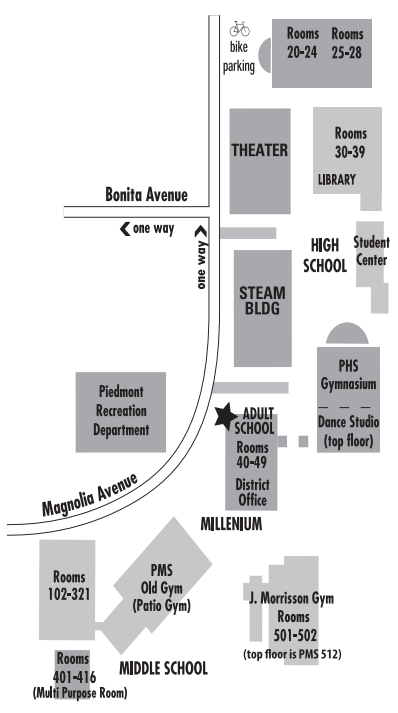
BOARD OF EDUCATION

Lindsay Thomasson, President
Ruchi Medhekar, Vice President
Michael Malione
Max Roman
Susy Struble



LOCATIONS / MAP OF CLASSES

- 1 PAS—Piedmont Adult School
800 Magnolia Ave
- 1 PHS—Piedmont High School
800 Magnolia Ave
- 2 MHS—Millennium High School
760 Magnolia Ave
- 3 PMS—Piedmont Middle School
740 Magnolia Ave
- 4 BCH—Beach Elementary School
100 Lake Ave
- 5 ED—Ellen Driscoll Playhouse/Havens
325 Highland Ave
- 6 WWD AUD—Wildwood Auditorium
301 Wildwood Ave
- 7 VH—Veteran's Hall
401 Highland Ave
- 8 DS—High School Dance Studio
800 Magnolia Ave
- 9 STU CTR—Student Center
800 Magnolia Ave
- 10 ST—STEAM Building
800 Magnolia Ave.



PIEDMONT ADULT SCHOOL MISSION STATEMENT

The Piedmont Adult School is a non-competitive adult learning environment dedicated to providing instruction that responds to the diverse needs, interests and learning goals of its students. Aligned with our value of service to community, Piedmont Adult School offers educational opportunities to self-motivated learners from the East Bay and beyond.

PIEDMONT ADULT SCHOOL STUDENT LEARNING OUTCOMES

At Piedmont Adult School a learner who participates in a course of study will:

Continue Their Educational Journey

- Initiate exploration of a variety of disciplines
- Set and meet personalized learning goals
- Develop personal and professional interests

Establish Community Connections

- Find support in the community around shared interests and values
- Connect and learn from other curious adult learners
- Engage with the community at large

Become Lifelong Learners

- Develop a foundation for future education and career advancement
- Acquire the skills to pursue deeper learning and to follow passions
- Be inspired to learn more and to seek new challenges

2025 Summer Academic Calendar

JUNE

S	M	T	W	TH	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

JULY

S	M	T	W	TH	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

AUGUST

S	M	T	W	TH	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/31	25	26	27	28	29	30

○ Holidays □ Semester Starts □ Semester Ends

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Arts & Crafts

Watercolor Fine Arts Style / Wendy Soneson

AA0025 \$235 7 meetings 6/14-7/26 SAT 10:00am-12:30pm 2D ART ST-02 limit 15

If you would like to learn watercolor from a fine arts perspective, that is, like in an art college, we will be focusing on techniques, color theory, composition, and other process oriented issues. Do not bring anything to first class, supplies will be discussed at first meeting. Kits are available and other means of getting correct supplies. Please watch these ten mini videos to get an idea of my approach before you sign up. <https://watercolorweekly.weebly.com/watercolor-mini-lessons.html> Former students welcome of course! Also you can contact instructor at wendysoneson@gmail.com with questions.



Wendy Soneson teaches Fine Arts Watercolor, emphasizing color theory and process over product. She was the John Singer Sargent artist in residence at the Museum of Fine Arts in Boston where she taught before moving to the Bay Area six years ago.

Computers/Technology

Advance Your Career with Microsoft Office: Basics /

Helen Nishikai 

CC0001 No Fee 3 meetings 6/14-6/28 SAT 9:00am-12:00pm ST127 limit 12

Most office or supervisory jobs require strong Microsoft Office skills. In this course for high-beginners, build foundation knowledge and confidence for using Word, Excel, and PowerPoint to advance your career. In three half-day sessions, we'll cover key topics such as controlling formatting in Word, creating formulas and functions in Excel, and managing slides in PowerPoint. We'll discuss keyboard shortcuts, file sharing in the workplace, tips and tricks, and more. Prerequisites: Basic experience in Word and Excel.



Helen Nishikai has been teaching computer software programs to adult students and corporate clients for over 25 years and has worked in information technology, web development, and technical consulting. She holds a California Teaching Credential in Adult Education for Computer Technology and Business Management. "I love helping people learn new skills that they can apply directly to their job or personal life," says Helen.

All fees are non-refundable unless class is cancelled.
Please read full course descriptions posted at
www.piedmontadulthoodschool.org before registering.

All About iCloud / *Mike Matthews*

CC0056	\$45	1 meeting	7/1	TUE	7:00-9:00pm	ST206	limit 15
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Think of iCloud as the glue that holds all your Apple devices together, storing and syncing information between all your devices and easily sharing it with others. Bring your devices updated to the latest version of their operating system.

Apps You Didn't Know You Had / *Mike Matthews* **NEW**

CC0050	\$45	1 meeting	7/8	TUE	7:00-9:00pm	ST206	limit 15
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Everyone knows about the Phone app, the Messages app, and Safari. But your iPhone contains a number of other apps that fly under the radar. We'll take a look at some of these hidden gems. Make sure your iPhone is updated to the latest version of iOS 18.

Get to Know Your Digital Camera / *Dennis Mockel*

CC0041	\$95	1 meeting	6/28	SAT	10:00am-4:00pm	ST126	limit 16
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Students will work with the various controls on their camera to learn the function and how the control is used. Students must bring their digital cameras with memory cards. It will also be helpful (but not required) to bring the appropriate USB cable for downloading pictures and power supply/charger in case batteries discharge. Class will include a lunch break. Students can either bring lunch or purchase it locally.

How to Get the Most From Your Digital Camera / *Dennis Mockel*

CC0042	\$125	3 meetings	6/18-7/2	WED	7:00-9:00pm	ST127	limit 16
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Are you tired of party photos that don't look "happy"? Do you want people to be drawn to really look at your photos rather than just glance at them? Do you want your child's sports photo to be something more than just a blur? The solution to these and other issues lies in those "other" buttons on your camera that you likely never touch. Bring your camera with a charged battery to this class and learn how to improve your photos.

I H8 Pa55w0rds / *Mike Matthews*

CC0046	\$45	1 meeting	6/10	TUE	7:00-9:00pm	ST206	limit 15
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Here's your chance to learn about Passkeys and password managers—which can simplify your life even as it gets more complex—and put password pain in the rear view mirror. Bring your updated Apple device(s) to class. Make sure your Apple devices are updated to the latest versions of their operating system.

Jetsetting with an iPhone / *Mike Matthews*

CC0081	\$45	1 meeting	7/7	MON	7:00-9:00pm	ST206	limit 15
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You've got a trip coming up and your iPhone is a perfect traveling companion. Whether it's planning the trip, keeping your itinerary organized, building a packing list, finding sights to see, translating languages, or recording memories—the iPhone is an indispensable tool for all this and more. Bring your iPhone updated to the latest version of iOS.

Remind Me Again / *Mike Matthews*

CC0049	\$45	1 meeting	7/9	WED	7:00-9:00pm	ST206	limit 15
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If you're a list-maker then the Reminders app is for you. More than a simple checklist, the Reminders app is a powerful tool to organize all those little bits of information in your life. Bring your Apple device updated to the latest version of its operating system.

Wallet and Apple Pay / Mike Matthews

CC0057 \$45 1 meeting 6/11 WED 7:00-9:00pm ST206 limit 15

Faster...easier...safer. With Apple Pay and the Wallet app on your iPhone, you'll not only travel lighter, your purchases will be more secure. Bring your iPhone and Apple Watch updated to the latest version of their operating system.

You Have Email / Mike Matthews

CC0070 \$45 1 meeting 6/30 MON 7:00-9:00pm ST206 limit 15

We'll cover the basics of using email and then delve into topics such as categories; searching, organizing, and sorting your mail; threads; quoting; blocking unwanted mail; and dealing with junk mail. Bring your Apple device updated to the latest version of its operating system.



Mike Matthews teaches a range of very popular courses on how to use Apple products. Many of his classes are 2-hour workshops on how to use specific Apple Apps such as Messages, Notes and Photos. He also teaches an 8-meeting course on the basics of using your iPhone. Mike is a member of the Apple Consultants Network and has been teaching classes about Apple products for over a decade.

Cooking

Our cooking classes are active, hands-on sessions. Students will be standing or moving for the entire class. \$18 food fee included in all cooking classes.

Asian Grills and BBQ Workshop / Chat Mingkwan

HC0065 \$90 1 meeting 6/28 SAT 10:30am-1:30pm STU CTR limit 12

Outdoor grilling is a popular year-round cooking technique in Asia and often uses rubs and marinades. Learn to season with Asian herbs and spices such as lemongrass, kaffir, five-spice, curry, sweet soy, etc. and make a variety of grilled foods from around Asia. We will prepare marinades, rubs, and tenderizers for a variety of meats, seafood, and vegetables. Dishes will include satay with peanut sauce, lemongrass chicken, and curried fish in banana leaves. Bring your sharp chef's knife or cleaver, cutting board, and your own beverage.

Korean Cuisine / Chat Mingkwan

HC0025 \$90 1 meeting 8/2 SAT 10:30am-1:30pm STU CTR limit 12

Tasty and simple are characteristics of Korean food, not to mention the large amount of garlic - it's intense! Join us and learn to make three popular Korean dishes—pajong pancakes, chup chae (bean noodles), and BBQ ribs. Each person please bring a sharp chef's knife or cleaver, cutting board, hand towels, your own plate, bowl, eating utensils, and beverage.

Teach for Piedmont Adult School!

Do you have a skill or expertise that you would like to share with the community?

Piedmont Adult School is actively looking for new instructors, and we would love to have you on our team! Requirements: deep knowledge, interest and enthusiasm about your topic, and an ability to share that knowledge effectively with adult learners.

Please call (510) 594-2717 for more information.

Light Thai Cooking for Summer / Chat Mingkwan

HC0063 \$90 1 meeting 6/21 SAT 10:30am-1:30pm STU CTR limit 12

Let's prepare a light Thai meal for the summer months. Learn about Thai culinary philosophy, recognize Thai tastes and flavors and create wonderful popular Thai dishes. Learn to use many herbs and spices found in Thai cuisine such as lemongrass, galangal, kaffir lime and Thai basil. We will prepare dishes such as hot and sour prawn soup, fresh salad greens with lime vinaigrette, and stir-fried noodles with Thai basil. Each person please bring your sharp chef's knife or clever, cutting board, hand towels, your own plate, bowl, eating utensils, and beverage.

Summer Sushi and Nigiri Workshop / Chat Mingkwan

HC0095 \$90 1 meeting 6/14 SAT 10:30am-1:30pm STU CTR limit 12

Summer ingredients are full of fresh and tasty flavors and perfect for sushi! Learn the basics of preparing fresh sushi. Learn to make sushi rice for use in Nigiri (finger roll) and Nori Maki (seaweed hand roll). Practice Japanese techniques of filling and wrapping by preparing a variety of sushi, such as Hamachi, Inari, Maguro, Unagi, Tobiko, and cucumber, spicy tuna, California, and Philadelphia rolls. Each person please bring a sharp pointed-tip chef's knife (min 8"), large sturdy cutting board, bamboo mat, linen hand towels, your own plate, bowl (min 6" dia), saucer, eating utensils and beverage.



The Asian cooking classes are taught by instructor **Chat Mingkwan**. A native of Thailand, Mingkwan began preparing Thai food as a child, working alongside his mother and aunt in their successful restaurant and hotel. He was classically trained in cooking in Rayon, France. Mingkwan has traveled throughout Southeast Asia, studying the local cuisines. He is currently a cooking teacher, author, food and restaurant consultant, and Asian antique trader.

General - State Financed

Navigating Your Career Path: Winning Strategies for the Current Job Market / Jason Hecker ^S

GG0004 No Fee 1 meeting 6/11 WED 6:30-8:30pm MHS45 limit 20

Unlock new professional possibilities in this 3-hour Career Navigation Workshop. Designed for job seekers and those considering a career pivot, this hands-on seminar offers expert guidance for strategic career planning, cutting-edge job search tactics, impactful resume writing (and revision), and effective interviewing techniques. Take charge of your career journey—and step confidently into your next employment chapter.



Originally from Cincinnati, Ohio, **Jason Hecker** is a seasoned workforce development instructor and program manager, with more than 20 years of experience helping individuals develop the skills and tools they need to succeed in today's rapidly changing job market. He is passionate about creating dynamic and engaging learning experiences, and is known for his enthusiastic, collaborative, and results-driven approach to teaching.

General

Beginning Improv / Griffen Bier

GG0052 \$165 5 meetings 7/1-7/29 TUE 7:00-8:30pm PHS48 limit 12

If you want to practice acting in a low-stress, fun environment, improv might be right for you. Learn the fundamentals of how to create laugh-out-loud scenes and captivating characters in a safe, inviting space. Try out a variety of easy-to-learn, hilarious-to-play games that you can share with your friends and family. No experience is needed! Recommend you bring water and wear clothes you can easily move around in.



Griffen Bier teaches Beginning Improv. He holds a BA from University of Redlands and has recently completed his MFA at Academy of Art University. Griffen has performed in 100+ improv shows both in-person and online in a variety of styles. Among them are Improvised Shakespeare, Improvised Charles Dickens and an Improvised Soap Opera (a la Dallas) set in Minnesota. You can also find him teaching at Synergy Theater and Berkeley Improv.

Travel Planning: Where Do You Want To Go? Make It Happen! / Joseph Whitehouse

GG0070 \$55 1 meeting 6/17 TUE 6:00-8:30pm MHS45 limit 25

Join Joe Whitehouse to learn how he traveled successfully to 157 countries. All phases of travel planning from selecting a destination(s) to travel modes, hotel and restaurant selection, choosing guides, using airline points, discussion on Covid issues and all the issues the class brings up. Acquire web sites to research all aspects of travel planning. Learn to select trip suppliers in any country. Find out the differences between small vs large ship travel or self-driving vs hiring a driver guide.



Joseph Whitehouse has been traveling since his Eagle Scout days in the '60s. With 154 countries in his pocket, he and his wife continue to find interesting places to go and new ways to experience them.

Stay up-to-date on new classes and other highlights from Piedmont Adult School.



If you are a Facebook or Instagram user, please follow Piedmont Adult School to receive regular updates.

You can also find current information in the "News & Updates" section of our website, piedmontadulthoodschool.org.

All fees are non-refundable unless class is cancelled.
Please read full course descriptions posted at
www.piedmontadulthoodschool.org before registering.

Health/Rec/Dance

Medical Disclaimer for Health & Recreation Classes

All Piedmont Adult School health and dance classes are non-therapeutic and intended for recreational purposes only. You should be in good physical condition and be able to participate in the exercise. The Piedmont Adult School strongly recommends that you consult with your physician before beginning any exercise program.

PAS is not a licensed medical care provider and has no expertise in diagnosing, examining, or treating medical conditions of any kind, or in determining the effect of any specific exercise on a medical condition. You should understand that when participating in any exercise or exercise program, there is the possibility of physical injury. If you engage in this exercise or exercise program, you agree that you do so at your own risk, are voluntarily participating in these activities and assume all risk of injury to yourself.

Alycia's Heart Beat—A Co-ed Aerobic Workout—Monday / Alycia Lai-Clemens

HR0004 \$75 8 meetings 6/9-7/28 MON 5:00-6:00pm BCHAUD limit 50

Please join our in-person low-impact aerobics workout where we'll improve circulation, burn calories, strengthen muscles, boost energy, and have fun exercising to music! Classes include aerobics, muscle strengthening, and relaxing stretches. Wear comfortable clothing, cross-training or other exercise shoes, bring light weights (2-5 pounds), and a mat or towel. For more information, call (510) 585-5885. In person students should be fully vaccinated and boosted.

Alycia's Heart Beat—A Co-ed Aerobic Workout—Wednesday / Alycia Lai-Clemens

HR0005 \$55 6 meetings 6/11-7/30 WED 5:00-6:00pm BCHAUD limit 50

Please join our in-person low-impact aerobics workout where we'll improve circulation, burn calories, strengthen muscles, boost energy, and have fun exercising to music! Classes include aerobics, muscle strengthening, and relaxing stretches. Wear comfortable clothing, cross-training or other exercise shoes, bring light weights (2-5 pounds), and a mat or towel. For more information, call (510) 585-5885. In person students should be fully vaccinated and boosted. No class 6/18 and 6/25.

Alycia's Heart Beat—A Co-ed Aerobic Workout—Saturday / Alycia Lai-Clemens

HR0006 \$65 7 meetings 6/14-8/2 SAT 9:00-10:00am BCHAUD limit 50

Please join our in-person low-impact aerobics workout where we'll improve circulation, burn calories, strengthen muscles, boost energy, and have fun exercising to music! Classes include aerobics, muscle strengthening, and relaxing stretches. Wear comfortable clothing, cross-training or other exercise shoes, bring light weights (2-5 pounds), and a mat or towel. For more information, call (510) 585-5885. No class 7/5. In person students should be fully vaccinated and boosted.



Alycia Lai-Clemens teaches Alycia's Heart Beat: A Co-Ed Aerobic Workout and has taught dance exercise since 1980. She has a California Adult Education Teaching Credential for Physical Fitness and Conditioning and Physical Fitness for Older Adults, as well as a degree from the University of California, Berkeley. She strives to create a positive and welcoming environment where exercise is fun, joyful, and habit-forming.

She has two grown sons, a partially-trained labradoodle, and was born and raised in Oakland.

Meditation: In Search of the Heart / *Charles Wohl***HR0073** **\$135** **4 meetings** **6/25-7/16** **WED** **6:30-8:00pm** **MHS47A** **limit 24**

This course offers a practical and accessible approach to meditation. Through guided breathwork, sensory awareness, and focused attention, you'll learn how to develop a sustainable practice that supports clarity, calm, and emotional resilience. Above all, we'll explore how the Heart—as an inner center of wisdom and presence—can become our true guide. Together we'll study the breath, the Heart, and the inner dimensions of sound, vision, and sensation. Each class includes instruction, guided practice, and time for reflection and discussion. All experience levels are welcome. Whether you're new to meditation or looking to deepen your current practice, this course meets you where you are—with tools you can carry into daily life.



Charles Wohl has practiced meditation since the 1970s, including time in Nepal under the guidance of Tibetan teachers in the high Himalaya. He has taught meditation since the 1980s and brings a grounded, no-nonsense approach that blends stillness, breath, and inner focus. His classes emphasize direct experience, the cultivation of presence, and learning to attune to the Heart as a source of guidance.

Tai Chi From the Ground Up—Beginning / *Evelyn Lee***HR0041** **\$175** **7 meetings** **6/16-7/28** **MON** **7:00-8:30pm** **PHSDS** **limit 20**

Originally a martial art, taichi is also a system of visualization and movement that can create a sense of well-being. Instruction will focus on body awareness to increase each person's coordination between their body and mind, while developing strength, flexibility and breath control in order to lend power to each movement. Each class will include relaxation, standing meditation, basic movement, and the Thirteen Energies form of Chen-style TaiChi as interpreted by Master Chen Bing. We will progress to Master Chen Bing's Thirteen Harmonies form. Wear comfortable loose clothing and comfortable shoes.

Tai Chi From the Ground Up—Continuing / *Evelyn Lee* **NEW****HR0042** **\$175** **7 meetings** **6/17-7/29** **TUE** **7:00-8:30pm** **PHSDS** **limit 20**

This class builds on the relaxation, standing meditation, silk reeling, and basic movement exercises learned in the beginning class. We will refine our skills while practicing the Thirteen Energies form of Chen-style TaiChi as interpreted by Master Chen Bing. We will continue to sample movements from the traditional Chen Laojia Yilu form and begin Master Chen Bing's Thirteen Harmonies form. Wear comfortable, loose clothing and comfortable shoes.



Evelyn Lee, a 13th-generation disciple of Chen-lineage Tai Chi, will teach Tai Chi From The Ground Up. Born in San Francisco, Evelyn has lived in Oakland since 1980. She learned Tai Chi while in college in Taiwan, and has studied extensively in China with Tai Chi Master Chen Bing. Evelyn currently co-leads the Saturday morning Tai Chi class at the Oakland Asian Cultural Center.

Language

French 1A / Jean Monnier

LL0008 \$190 7 meetings 6/10-7/22 TUE 7:30-9:30pm ST126 limit 25

This class is designed for beginners with minimal exposure to French and those who would like to review their basics. Textbook: INSPIRE1 méthode de français + cahier d'activités. Books may be purchased at European Books and Media, 6600 Shattuck Ave., Oakland, CA 94609 and online at: www.europeanbook.com.

French 1B / Jean Monnier

LL0009 \$190 7 meetings 6/10-7/22 TUE 5:30-7:30pm ST126 limit 25

This class is for advanced beginners, and follows French 1A. Textbooks are the following : EDITO 1A (Méthode +Cahier d'Activités). Books may be purchased at European Books and Media, 6600 Shattuck Ave., Oakland, CA 94609 or online at: www.europeanbook.com.

French 1C / Jean Monnier

LL0004 \$190 7 meetings 6/11-7/23 WED 5:00-7:00pm ST126 limit 25

This class is an advanced beginners level, third semester of French 1, good for continuing beginner or those who want to review their basics. Textbooks: Edito 1A, Méthode and Cahier d'activités, Available at European Bookstore 6600 Shattuck Ave. Berkeley, CA online at www.europeanbook.com.

French 2 / Jean Monnier

LL0006 \$190 7 meetings 6/11-7/23 WED 7:00-9:00pm ST126 limit 25

Intermediate French. For those who have had basic elementary French. Grammar study through conversation and exercises. Required text book: En Contact B1, méthode de français and Cahier d'activités. Available at European books, 6600 Shattuck. online at WWW.europeanbook.com.

French 3 / Jean Monnier

LL0007 \$190 7 meetings 6/9-7/21 MON 7:00-9:00pm ST126 limit 25

Advanced French. This class is taught solely in French. Textbooks: COSMOPOLITE 5, Livre de l'élève + Cahier d'activités. Available at European books, 6600 Shattuck. Online at www.europeanbook.com.



Jean Monnier has been teaching at Piedmont Adult School since 2007. He has taught at UC Berkeley, Head Royce and Campolindo high schools. In addition, he has written multiple papers and books on French involvement in the California Gold Rush and other topics.

All fees are non-refundable unless class is cancelled.
Please read full course descriptions posted at
www.piedmontadulthoodschool.org before registering.

Spanish Beginning 1 / Helmi Waits

LL0050 \$230 11 meetings 6/9-7/16 MW 7:00-8:30pm ST124 limit 25

In this class you will learn the difference between ser and estar, the present tense of regular verbs, comparatives, present progressive, possessive forms, number and gender, and time and weather expressions. Typical activities may include individual presentations, conversation in groups, acting in skits, and listening to songs. Text used in class: Como se Dice, 9th edn. ISBN#0-547-00131-2. (Chapters 1-4) Available used, at Amazon.com. No class 6/18.



Helmi Waits has been teaching the two beginning levels of Spanish at Piedmont Adult School since 2012. She lived and worked in Madrid, Spain, for 37 years, where she taught English to Cuban refugees. She later worked as a Project Manager for a small company. She wants her students to feel comfortable speaking Spanish in ALL Spanish-speaking countries. Helmi believes it is important for people to enjoy learning a new language and tries to design her classes so that students can interact with each other from the beginning.

Spanish Intermediate 1 / Stephen Szczepanek

LL0055 \$145 7 meetings 6/10-7/29 TUE 7:00-8:30pm ST124 limit 25

In this class you will learn the other past tense (the imperfect), the situations that require using the subjunctive, and informal and formal command forms of verbs. Typical activities may include individual presentations, conversation in groups, acting in skits, short readings and songs. The class is entirely in Spanish. Text used in class: Como se Dice, 9th edn. ISBN#0 547 00131 2. Available used, at Amazon.com.



Stephen Szczepanek teaches Spanish Intermediate 1 for Piedmont Adult School. A native of England, Stephen holds Bachelor's and Master's degrees from Oxford University. Stephen has lived and worked in Barcelona, Spain, and speaks Spanish, French, Italian, Greek and Polish. He has significant experience teaching Spanish, French and Italian to students of all ages.

Music**Ukulele Beginning 2 / Elizabeth Klute** NEW

MM0022 \$95 4 meetings 7/8-7/29 TUE 7:00-8:30pm PMS503 limit 12

This class will emphasize strumming and picking patterns combined with some really great songs. We'll take our time playing and singing our way through mostly 3 chord songs from traditional and contemporary folk music. We will focus on producing good tone, smooth chord changes along with a few pointers on how to make these songs come to life!



Elizabeth Klute is a retired Classroom Music Specialist. She is also a Level 2 certified instructor of The James Hill Ukulele Initiative. She is a performer who sings and plays guitar, ukulele, bass and mandolin in a variety of ensembles. In addition to teaching the guitar and ukulele classes, you can find her hosting the Creative Retirement Needlework Drop-in/Help Session.

NO REFUNDS — PLEASE SEE PAGE 2.

SUMMER 2025 REGISTRATION FORM

PIEDMONT ADULT SCHOOL • 760 Magnolia Ave., Piedmont, CA 94611
Phone: 510-594-2655 • Fax: 510-595-8173 • www.piedmontadulthoodschool.org

Please check here to be added to our mailing list.

NAME _____ DATE _____
LAST FIRST MIDDLE

MALE FEMALE SENIOR (refer to our seniors policy, pg. 2) BIRTHDATE _____

ADDRESS _____ CITY _____ ZIP _____

HOME PHONE _____ WORK PHONE _____ EMAIL _____

COURSE TITLE _____ COURSE NUMBER _____ FEE _____

INSTRUCTOR _____

COURSE TITLE _____ COURSE NUMBER _____ FEE _____

INSTRUCTOR _____

COURSE TITLE _____ COURSE NUMBER _____ FEE _____

INSTRUCTOR _____ MULTIPLE CLASS DISCOUNT: _____

SENIOR DISCOUNT: _____

TOTAL FEES: _____

For credit card charge, please complete below:

Visa MasterCard CVV _____ Cash Check (payable to: Piedmont Adult School)

ACCOUNT NUMBER _____ SIGNATURE _____ EXPIRATION DATE _____

Multiple Class Discount: \$20 off one class when you sign up for two or more series classes at the same time.

Senior Discount (55+): \$10 off each series (multi-day) class [NOTE: Discounts do not apply to single-day classes]

Confirmation will be sent by email. Please send a self-addressed, stamped envelope for a printed confirmation of classes. Consider yourself registered unless otherwise notified.

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PIEDMONT
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MOONLIGHTER

SUMMER SEMESTER:
JUNE 9 – AUGUST 2, 2025

5/19	Registration Begins
6/9	Classes Begin
7/4-7/5	4 th of July Weeked