

Sadie Halstead Middle School

We Believe & You Belong

May 2nd, 2025

Dear SHMS Parents,

Beginning in June, all students at Sadie Halstead will be provided with the sexual health and HIV curriculum beginning Monday, June 2nd. This same curriculum has been taught for several years. HOWEVER, as required by Senate Bill 5395, passed in December of 2020, 8th grade curriculum now includes a DISCUSSION ABOUT CONDOMS. That said, parents at any grade level have the right to opt out their student from instruction and can do so via the form provided. We understand and recognize the varying opinions about this topic, which is why we want to provide you with as much help and support as possible. The Newport School District recognizes that creating a sense of family begins in the home. Through nurturing and clear communication, each child grows to understand the role he or she plays as a family member. The school district realizes the diversity of families whose children attend public school and also recognizes that the parent is the primary provider of instruction in the area of sexual health, personal growth and development. This instruction is required by the State of Washington under the passed Senate Bill 5395. **PLEASE NOTE, WE WILL BE HOSTING AN INFORMATIONAL FAMILY NIGHT ON WEDNESDAY, MAY 28, 2025 @ 5:00 pm in the SHMS library.** See pages 2-9 for specific material covered at each grade level. General topics are as follows:

HIV/AIDS State Mandated Instruction

HIV/AIDS education is required annually by law for all students in grades 5-12. Students may be exempted at parent request, if parents sign and return an exclusion form. You may request a mailed copy of the curriculum overview and exclusion forms by calling (509)447-2426, or you may email SmithHoney@newportgriz.com for an electronic copy, or you may attend a presentation of materials held on **WEDNESDAY, MAY 28, 2025 @ 5:00 pm in the SHMS library.** Excluded students will have alternate educational activities.

Sexual Health Support Instruction

Sexual Health instruction is provided to students in grades 5-8. This includes lessons on puberty, the male and female reproductive systems and anatomy. Boys and girls will be taught in separate classrooms by male and female teachers respectively. **The sexual health class is optional and students may be exempted at parent request, if parents sign and return an exclusion form.** Excluded students will have alternate educational activities.

Please feel free to contact us with any further questions or concerns. We can also send you electronic copies of the curriculum so you are fully aware of the content. Please reach out to us with anything we can do to make this process best for your family. Thank you.

Sincerely,

Honey Smith, RN, District Nurse & Tony Moser, Principal, mosertony@newportgriz.com



Newport School District; Newport, Washington (509) 447-2426

5th Gr. Maturation

If you would like your son/daughter EXCLUDED from any of the instruction below, please complete the form, sign, and return the form to our office.

5th Grade Day 1-

Ground Rules

No put downs or name calling.

Everyone has the right to “pass” on any question or activity.

All questions should be put into our “Anonymous Question Box” and will be answered the following day if appropriate for class.

No talking about class member’s comments outside of class.

Speak for yourself.

Show respect for the opinions of others even if you disagree.

Use correct terminology rather than slang terms.

If a problem arises, tell the teacher.

Accurately represent to parents what the class is about.

Listen to each other and allow everyone to speak.

FEMALE students -

The Female Reproductive System (FLASH curriculum)

Identify the medical terms, locations, and functions of the structures in and near the female reproductive system including the fallopian tubes, uterus, vagina ovaries, cervix, clitoris, urethra, anus and labia.

The Process of the Female Reproductive System (FLASH curriculum)

Explain the process of the menstrual cycle

MALE students

The Male Reproductive System (FLASH curriculum)

Identify the medical terms, locations, and functions of the structures in and near the male reproductive system including the seminal vesicles, bladder, vas deferens, penis, urethra, testicles, scrotum, epididymis, anus, Cowper’s glands, and prostate gland.

The Process of the Male Reproductive System (FLASH curriculum)

Explain the process of sperm production/ejaculation.

5th Grade Day 2-

HIV Overview: Immune System (KNOW curriculum Lessons 1)

The purpose of this lesson is to help students learn basic information about HIV and AIDS, to learn how the immune system works, to identify behaviors that do and do not put individuals at risk for HIV infection, and to review ways to protect against acquiring and transmitting HIV.

5th Grade Day 3-

Abstinence and Refusal Skills (KNOW curriculum Lessons 2)

The purpose of this lesson is to review basic information about abstinence, promote a positive attitude about abstinence, and to allow students to build and practice refusal skills.

OPT OUT SECTION:

I choose for my son/daughter to NOT participate in the following day/days of instruction:

5th Grade Day 1 ____

5th Grade Day 2 ____ HIV/AIDS

5th Grade Day 3 ____ HIV/AIDS

Student : _____ Parent Name: _____

Parent Signature: _____ Date: _____

6th Gr. Maturation

If you would like your son/daughter EXCLUDED from any of the instruction below, please complete the form, sign, and return the form to our office.

6th Grade Day 1-

Ground Rules

No put downs or name calling.

Everyone has the right to “pass” on any question or activity.

All questions should be put into our “Anonymous Question Box” and will be answered the following day if appropriate for class.

No talking about class member’s comments outside of class.

Speak for yourself.

Show respect for the opinions of others even if you disagree.

Use correct terminology rather than slang terms.

If a problem arises, tell the teacher.

Accurately represent to parents what the class is about.

Listen to each other and allow everyone to speak.

ALL students -**If you are teaching females, start with the female reproductive system. If you are teaching males, start with the male reproductive system.*

The Female Reproductive System (FLASH curriculum)

Identify the medical terms, locations, and functions of the structures in and near the female reproductive system including the fallopian tubes, uterus, vagina ovaries, cervix, clitoris, urethra, anus and labia.

The Male Reproductive System (FLASH curriculum)

Identify the medical terms, locations, and functions of the structures in and near the male reproductive system including the seminal vesicles, bladder, vas deferens, penis, urethra, testicles, scrotum, epididymis, anus, Cowper’s glands, and prostate gland.

The Process of the Female Reproductive System (FLASH curriculum)

Explain the process of the menstrual cycle

The Process of the Male Reproductive System (FLASH curriculum)

Explain the process of sperm production/ejaculation.

6th Grade Day 2- Jeopardy Maturation (FLASH curriculum worksheets 3-6)

Students will identify body part words as belonging to the male, female or both. The words are penis, scrotum, cervix, bladder, vagina, testicle, fallopian tube, Cowper’s gland, labia, urethra, seminal vesicle, epididymis, ovary, prostate gland, uterus, anus, vas deferens, and clitoris

Students will be given definitions to match with the following: circumcision, conception, ejaculation, erection, fertilization, genitals, implantation, intercourse, menstruation, nocturnal emission, ovulation, ovum, pituitary, puberty, semen, and sperm.

Students are given reproductive system sentences and asked to fill in the blank with the following answers: scrotum, clitoris, urethra, vagina, epididymis, vas deferens, seminal vesicles, prostate gland, Cowper's glands, bladder, anus, uterus, testicles, labia, ovary, fallopian tubes and cervix.

Students are asked to put the menstrual cycle and the life of a sperm cell events in order.

6th Grade Day 3- HIV Overview: Transmission (KNOW Curriculum Lesson 1)

The purpose of this lesson is to help students understand how HIV is transmitted, to identify behaviors that do and do not put individuals at risk for HIV infection, and to review ways to protect against acquiring and transmitting HIV.

6th Grade Day 4- Abstinence and Refusal Skills (KNOW Curriculum Lesson 2)

The purpose of this lesson is to review basic information about abstinence, promote a positive attitude about abstinence, and to allow students to build and practice refusal skills.

OPT OUT SECTION:

I choose for my son/daughter to NOT participate in the following day/days of instruction:

6th Grade Day 1 _____

6th Grade Day 2 _____

6th Grade Day 3 _____ HIV/AIDS

6th Grade Day 4 _____ HIV/AIDS

Student : _____ Parent Name: _____

Parent Signature: _____ Date: _____

7th Gr. Maturation

If you would like your son/daughter EXCLUDED from any of the instruction below, please complete the form, sign, and return the form to our office.

7th Grade Day 1-

Ground Rules

No put downs or name calling.

Everyone has the right to “pass” on any question or activity.

All questions should be put into our “Anonymous Question Box” and will be answered the following day if appropriate for class.

No talking about class member’s comments outside of class.

Speak for yourself.

Show respect for the opinions of others even if you disagree.

Use correct terminology rather than slang terms.

If a problem arises, tell the teacher.

Accurately represent to parents what the class is about.

Listen to each other and allow everyone to speak.

ALL students -**If you are teaching females, start with the female reproductive system. If you are teaching males, start with the male reproductive system.*

The Female Reproductive System (FLASH curriculum)

Identify the medical terms, locations, and functions of the structures in and near the female reproductive system including the fallopian tubes, uterus, vagina ovaries, cervix, clitoris, urethra, anus and labia.

The Male Reproductive System (FLASH curriculum)

Identify the medical terms, locations, and functions of the structures in and near the male reproductive system including the seminal vesicles, bladder, vas deferens, penis, urethra, testicles, scrotum, epididymis, anus, Cowper’s glands, and prostate gland.

The Process of the Female Reproductive System (FLASH curriculum)

Explain the process of the menstrual cycle

The Process of the Male Reproductive System (FLASH curriculum)

Explain the process of sperm production/ejaculation.

7th Grade Day 2- Jeopardy Maturation (FLASH curriculum worksheets 3-6)

Students will identify body part words as belonging to the male, female or both. The words are penis, scrotum, cervix, bladder, vagina, testicle, fallopian tube, Cowper’s gland, labia, urethra, seminal vesicle, epididymis, ovary, prostate gland, uterus, anus, van deferens, and clitoris

Students will be given definitions to match with the following: circumcision, conception, ejaculation, erection, fertilization, genitals, implantation, intercourse, menstruation, nocturnal emission, ovulation, ovum, pituitary, puberty, semen, and sperm.

Students are given reproductive system sentences and asked to fill in the blank with the following answers: scrotum, clitoris, urethra, vagina, epididymis, vas deferens, seminal vesicles, prostate gland, Cowper's glands, bladder, anus, uterus, testicles, labia, ovary, fallopian tubes and cervix. Students are asked to put the menstrual cycle and the life of a sperm cell events in order.

7th Grade Day 3- HIV and Other STD's (KNOW Curriculum Lesson 1)

The purpose of this lesson is to review basic information about HIV and other STDs. It also aims to reinforce the belief that people can protect themselves from HIV and other STDs.

7th Grade Day 4- Abstinence, Refusal Skills and Risk Recognition (KNOW Curriculum Lesson 2)

The purpose of this lesson is to review basic information about abstinence, increase students' motivation to avoid sex, and promote a positive attitude about abstinence. It is also to provide students with refusal skills and give students an opportunity to practice these skills.

OPT OUT SECTION:

I choose for my son/daughter to NOT participate in the following day/days of instruction:

7th Grade Day 1 _____

7th Grade Day 2 _____

7th Grade Day 3 _____ HIV/AIDS

7th Grade Day 4 _____ HIV/AIDS

Student : _____ Parent Name: _____

Parent Signature: _____ Date: _____

8th Gr. Maturation

If you would like your son/daughter EXCLUDED from any of the instruction below, please complete the form, sign, and return the form to our office. **Please note, discussion about condoms on Day 4 is now a requirement from the State, as per Senate Bill 5395.**

8th Grade Day 1-

Ground Rules

No put downs or name calling.

Everyone has the right to “pass” on any question or activity.

All questions should be put into our “Anonymous Question Box” and will be answered the following day if appropriate for class.

No talking about class member’s comments outside of class.

Speak for yourself.

Show respect for the opinions of others even if you disagree.

Use correct terminology rather than slang terms.

If a problem arises, tell the teacher.

Accurately represent to parents what the class is about.

Listen to each other and allow everyone to speak.

ALL students -**If you are teaching females, start with the female reproductive system. If you are teaching males, start with the male reproductive system.*

The Female Reproductive System (FLASH curriculum)

Identify the medical terms, locations, and functions of the structures in and near the female reproductive system including the fallopian tubes, uterus, vagina ovaries, cervix, clitoris, urethra, anus and labia.

The Male Reproductive System (FLASH curriculum)

Identify the medical terms, locations, and functions of the structures in and near the male reproductive system including the seminal vesicles, bladder, vas deferens, penis, urethra, testicles, scrotum, epididymis, anus, Cowper’s glands, and prostate gland.

The Process of the Female Reproductive System (FLASH curriculum)

Explain the process of the menstrual cycle

The Process of the Male Reproductive System (FLASH curriculum)

Explain the process of sperm production/ejaculation.

8th Grade Day 2- Jeopardy Maturation (FLASH curriculum worksheets 3-6)

Students will identify body part words as belonging to the male, female or both. The words are penis, scrotum, cervix, bladder, vagina, testicle, fallopian tube, Cowper’s gland, labia, urethra, seminal vesicle, epididymis, ovary, prostate gland, uterus, anus, vas deferens, and clitoris

Students will be given definitions to match with the following: circumcision, conception, ejaculation, erection, fertilization, genitals, implantation, intercourse, menstruation, nocturnal emission, ovulation, ovum, pituitary, puberty, semen, and sperm.

Students are given reproductive system sentences and asked to fill in the blank with the following answers: scrotum, clitoris, urethra, vagina, epididymis, vas deferens, seminal vesicles, prostate gland, Cowper's glands, bladder, anus, uterus, testicles, labia, ovary, fallopian tubes and cervix. Students are asked to put the menstrual cycle events and the life of a sperm cell events in order.

8th Grade Day 3- Review of HIV and Other STDs (KNOW Curriculum Lesson 1)

This lesson reviews basic information about HIV and how it is transmitted. The game show format with classroom competition is intended to meet the learning needs of students who have already had several lessons on HIV since 5th grade, as well as those who are learning about HIV and other STDs for the first time.

8th Grade Day 4-Abstinence and Refusal Skills (KNOW Curriculum Lesson 2) & INFORMATION ABOUT CONDOMS (discussion only, no demonstration or condoms present)

The purpose of this lesson is to review basic information about abstinence, increase students' motivation to avoid sex, and promote a positive attitude about abstinence. It is also to provide students with refusal skills and give students an opportunity to practice these skills. Now required by the State of Washington, students will understand that condoms are a different method, other than abstinence, for preventing unintended pregnancy and the transmission of HIV and STDs.

OPT OUT SECTION:

I choose for my son/daughter to NOT participate in the following day/days of instruction:

8th Grade Day 1 ____

8th Grade Day 2 ____

8th Grade Day 3 ____ HIV/AIDS

8th Grade Day 4 ____ HIV/AIDS, ABSTINENCE, & **CONDOMS**

Student : _____ Parent Name: _____

Parent Signature: _____ Date: _____