

Summer School June 2025



Seisen International School

Monday						Tuesday						Wednesday						Thursday						Friday					
9						10						11						12						13					
Spaghetti Bolognese (Beef) (V) Spaghetti w. Caponata Focaccia Grilled Italian Vegetable Mix Mixed Salad Drink Banana						Tandoori Chicken (V) Tandoori Tofu Flour Tortilla Roast Potato Mixed Salad Drink Vanilla Yogurt						Braised Pork w. Onion (V) Chickpeas in Tomato & Herb Sauce White Rice Steamed Kabocha Squash Mixed Salad Drink Apple Wedges						Chicken Cacciatori (V) Mushrooms Cacciatore in Cream Sauce Mashed Potatoes Steamed Cauliflower Mixed Salad Drink Orange Cake						Menchi-Katsu (Deep Fried Ground Meat) (V) Soy Meat & Tofu Meatballs White Rice Braised Cabbage Mixed Salad Drink Panna Cotta					
	DAIRY	WHEAT			SOY		DAIRY	WHEAT			SOY			WHEAT			SOY	EGG	DAIRY	WHEAT	SESAME		SOY	EGG	DAIRY	WHEAT	SESAME		SOY
16						17						18						19						20					
Butter Chicken Curry (V) Tomato Curry Yellow Rice Steamed Corn Mixed Salad Drink Lassi						Beef Parmigiana (V) Tofu Parmigiana Fillet French Fries Roasted Vegetables Mixed Salad Drink Chocolate Custard Cream						Yakitori (Chicken Skewer) (V) Vegetarian Skewers Onigiri (Salted Rice Ball w. Seaweed) Grilled Shishito Peppers Mixed Salad Drink Orange Wedges						Tuna Pasta w. Tomato Cream Sauce & Olives (V) Pasta w. Creamy Tomato Sauce Garlic Cheese Bread Steam Broccoli Mixed Salad Drink Coconut Tapioca						Adobo Chicken (Filipino-Style Braised Chicken) (V) Adobo Tofu White Rice Grilled Vegetables Mixed Salad Drink Vanilla Yogurt					
	DAIRY				SOY	EGG	DAIRY	WHEAT			SOY			WHEAT			SOY		DAIRY	WHEAT		FISH	SOY		DAIRY	WHEAT			SOY
23						24						25						26						27					
Kung Pao Chicken (V) Vegetarian Kung Pao White Rice Grilled Vegetables Mixed Salad Drink Agepan (Deep Fried Bread Rolls)						Penne Carbonara (V) Mushroom Penne Carbonara Focaccia Steam Broccoli Mixed Salad Drink Fruit Jelly						Beef Stroganoff (V) Shitake Stroganoff White Rice Steamed Peas Mixed Salad Drink Orange Wedges						Chicken Karaage (V) Tofu Croquette White Rice Spinach Ohitashi Mixed Salad Drink Fruit Jelly						Pizza Day (Pepperoni & Margherita) (V) Pizza Day (Margherita) French Fries Eggplant Caponata Mixed Salad Drink Chocolate Cake					
EGG	DAIRY	WHEAT			SOY	EGG	DAIRY	WHEAT			SOY		DAIRY	WHEAT			SOY	EGG	DAIRY	WHEAT	SESAME	FISH	SOY	EGG	DAIRY	WHEAT			SOY

Cezars Kitchen menu does not contain nuts
Menu may change depending on ingredient availability