

RESOURCES

Emergency Services

South Euclid Police 216-381-1234

South Euclid Fire 216-381-1214

Lyndhurst Police 440-473-5116

Lyndhurst Fire 440-473-5139

Poison Control Center 216-231-4455

Adult/Elder Abuse Hotline 216-420-6700

24HR Child Abuse Hotline 216-696-KIDS (5437)

Domestic Violence and Advocacy Center Hotline 216-391-HELP (4357)

Ohio AIDS Resource Center 800-332-2437

Legal Aid Society of Cleveland 216-687-1900

Suicide Prevention and Mental Health Hotline 216-623-6888

Witness/Victim Service Center 216-443-7345

Cleveland Rape Crisis Center 24HR Hotline 216-619-6192

Safe School Helpline 800-4-1-VOICE (800-418-6423)

Trafficking Victim Tip Line 216-522-1400

Human Trafficking Task Force 216-443-6085

Government

City Websites:

<https://www.cityofsoutheuclid.com/>

<https://www.lyndhurst-oh.com/>

County Website: <https://cuyahogacounty.us/>

State Website: <https://ohio.gov/wps/portal/gov/site/residents>

USA Website: www.usa.gov › [benefits](#)

- Infographic: Get Help with Living Expenses.
- Benefits and Financial Assistance from the Government.
- Apply for Unemployment Benefits.
- Food Stamps (SNAP Food Benefits)
- Welfare or Temporary Assistance for Needy Families (TANF)
- Medicaid and Children's Health Insurance Program (CHIP)

DAYCARE

<https://www.care.com/>

This site helps you find day care for your children by location.

Childcare voucher program

<https://das.ohio.gov/Divisions/Human-Resources/Benefits-Administration/Child-Care-Voucher-Program>

The Council for Economic Opportunities in Greater Cleveland invests in people, nurtures their success and transforms lives.

The Council is a designated Community Action Agency for Cuyahoga County that operates programs and services dedicated to transforming lives. One of the largest high-quality Head Start early education providers in the State. The Council delivers education, personal and professional development programs and support services to residents of Greater Cleveland. <http://www.ceogc.org/about-ceogc/>

FOOD ASSISTANCE

www.foodpantries.org/ci/oh-cleveland

[Bethany Covenant Church](#) - 5120 Ridgebury Blvd (24/7 little pantry)

[Boulevard Elementary](#) – [Cleveland Food Bank School Market](#) 216-371-7140
1749 Lee Road, Cleveland Heights, OH 44118
First Tuesday of each month during the school year from 2:30-4:30pm

[Church of the Good Shepherd](#) - 23599 Cedar Road (Free community meal last Saturday of the month)

[Garfield Memorial Church](#) - 203-516-7024 (Call for appointment 4th week of the month)

[Gearity Elementary](#) – [Cleveland Food Bank School Market](#) 216-371-6515
2323 Wrenford Road, University Heights, OH 44118
The Gearity Food Market is open every second Thursday of the month, from 2-4pm

[Heights Emergency Food Center](#)
3663 Mayfield Rd, Cleveland, OH 44121
Heights Emergency Food Center is a non-profit corporation staffed by volunteers to provide for people in emergency situations. It currently serves the cities of Cleveland Heights, University Heights, South Euclid, and Lyndhurst.
Hours: Monday 4-6pm, Tuesday 9-11:30am, Thursday 9am-2:30pm, Friday 9-11:30am
Communal Meal the last two Thursdays from 5:30-6:30pm

[Oxford Elementary](#) – [Cleveland Food Bank School Market](#) 216-371-6525
939 Quilliams Road, Cleveland Heights, OH 44121
Third Tuesday of each month from 2:30-4:30pm

FOOD ASSISTANCE CONT.

Peace Lutheran Church

3740 Mayfield Road

Hot meal 3rd Thursday of the month 5:30

South Euclid United Church of Christ BIN

4217 Bluestone Road

Second Saturday of the month opens at 9:00 AM

LOW INCOME GOVERNMENT PROGRAMS

FOOD

Supplemental Nutrition Assistance Program (SNAP)

SNAP or Food Stamps provides eligible people with a benefits card, used like a debit card, to buy food at designated grocery stores and farmers markets.

The Special Supplemental Food Program for Women, Infants, and Children (WIC) a food stamp program for nursing mothers and young children; provides food or vouchers, education, and referrals to help feed pregnant women and children up to age six.

For school-aged children, there is the Child Nutrition Program, which provides free or reduced-cost breakfasts and lunches. <https://www.sel.k12.oh.us/FoodServices.aspx>

HEALTHCARE

Affordable Care Act (ACA) the ACA includes two different subsidies for individuals and families. It also requires that most health plans cover preventive care—like vaccines, birth control, blood pressure tests, cancer screenings, and more—at no additional cost. Handles programs such as: Head Start for early childhood educations. WIC - Women, Infants, and Children. SNAP – Supplemental Nutrition Assist Program. CHIP – Children's Health Insurance Program which is a supplemental to the Social Security Program.

[Healthspherpa.com](https://www.healthspherpa.com) speaks on 10 government programs for low income individuals.

While you're applying, you can also grab our *guide to finding a free or low-cost clinic near you* for any immediate needs you have. <https://www.healthcare.gov/>

Child's Health Insurance Program (CHIP) offers free or low-cost medical and dental care to uninsured kids up to age 19 whose family income is above Medicaid's limit but below their state's CHIP limit. It also provides preventive care, such as eye exams, dental care, and regular check-ups. CHIP is also administered through CMS in the Department of Health and Human Services. <https://www.medicaid.gov/chip/index.html>

Circle Health Services* - The mission of Circle Health Services is to address vital community health needs by providing high quality health care and related services to individuals and families, regardless of their ability to pay, and by advocating for policy changes that promote greater access for the underserved and improved community-wide health and wellness outcomes. Circle Health Services offers medical, dental and behavioral health services on a sliding scale, by appointment. *Formerly: The Free Medical Clinic of Greater Cleveland

12201 Euclid Avenue Cleveland, OH 44106 TEL:(216) 721-4010 Hours: M– Th 8:30 am – 9 pm F – 8:30 am – 7 pm Two Saturdays each month. www.circlehealthservices.org

Cuyahoga Community College Dental Hygiene Clinic -The Dental Hygiene Department of Cuyahoga Community College operates a clinic as an integral part of the Dental Hygiene Program, staffed by Registered Dental Hygienists with advanced educational degrees and a Supervising Dentist. The clinic experience seeks to create an educational climate which facilitates the development of professional dental hygienists. Everyone is welcome in our clinic; however, clients 17 and younger must be accompanied by a parent or legal guardian for the entire initial appointment. Clinic hours vary from semester to semester. Please contact the Dental Hygiene Clinic at (216) 987-4413 for exact times or to schedule an appointment.

[Medicaid](#) is the nation's public health insurance program for low-income individuals and families. It is administered by the Centers for Medicaid and Medicare Services (CMS), a division of the U.S. Department of Health and Human Services. The program provides free or low-cost health benefits to adults, kids, pregnant women, seniors, and people with disabilities. <https://www.medicaid.gov/>

HOUSING

[Housing Assistance](#) helps low-income families, seniors, and people with disabilities get into affordable private or government-owned rental housing. The Housing Choice Voucher Program gives certificates to rent approved units. The subsidy allows recipients to pay no more than 30 percent of their income. https://www.hud.gov/topics/rental_assistance

[Cleveland Tenants Organization](#) (Part of Legal Aid Society of Cleveland) 216-861-5955

[Council for Economic Opportunities](#) 216-696-9077

[Hope Hotline \(Foreclosure\)](#) 1-888-995-4673

FINANCIAL ASSISTANCE

[Supplemental Security Income Program \(SSI\)](#) provides cash to low-income seniors and adults and kids with disabilities. It helps the aged, blind, and disabled buy food, clothing, and shelter. <https://www.ssa.gov/benefits/ssi/>

TEMPORARY ASSISTANCE FOR NEEDY FAMILIES (TANF)

The U.S. Department of Health and Human Services (HHS), TANF programs provide cash for a limited time to low-income families working toward self-sufficiency. TANF may also offer non-cash benefits such as childcare or job training.

ADDITIONAL FEDERAL PROGRAMS FOR LOW-INCOME FAMILIES

[Earned Income Tax Credit \(EITC\)](#) is a tax credit for families with at least one child. They must make less than \$51,567 a year to qualify. <https://www.irs.gov/credits-deductions/individuals/earned-income>

[Head Start](#) is a free or reduced cost program that provides comprehensive early childhood education, health nutrition, and parent involvement services. This program is offered to low-income children, from birth to 5 years old, and their families. <https://www.acf.hhs.gov/ohs>

[Federal Pell Grant Program](#) thru the Department of Education runs this program to promote postsecondary education (college and trade school) for students from low-income households. Grants are similar to scholarships and don't need to be repaid. They are designed to go to undergraduate students based on factors such as the cost of attendance at the school and expected family and student contribution. <https://www.2.ed.gov/programs/fpg/index.html>

[Unemployment Benefits](#) this program pays a cash amount for 13 weeks, if you lose your job through no fault of your own. You can apply for an extension once your regular benefits run out. <https://unemploymenthelp.ohio.gov/>

[Job Training Program](#) the U.S. Department of Labor runs retaining programs to apprenticeship programs to vocational skills programs to special programs for farm workers, refugees, older Americans still in the workforce, and Native Americans. You can learn about these different programs you might be able to apply for at <https://www.careeronestop.org/>

[Cobra](#) allows you to keep the health insurance you had through your previous employer by paying 100% of the monthly premiums yourself. If COBRA is too expensive or you wish to seek other health insurance plan options, don't forget that a change in employment status may qualify you for a [Special Enrollment Period](#) (SEP). This will enable you to shop and enroll in a Marketplace Obamacare plan outside of the standard Open Enrollment Period.

The [Lifeline program](#) run by the Federal Communications Commission (FCC) helps low-income individuals and families get discounted landline and cell phone service. Lifeline provides a monthly discount of up to \$9.25 on monthly telephone service, broadband Internet access service, or voice-broadband bundled service purchased from participating providers. Subscribers can receive a Lifeline discount on either a wireline or a wireless service, and you can get one Lifeline service per household.

Chemical Abuse/Dependency

[New Directions](#) 216-591-0324

Crisis/Hotlines/Hospital

[Children and Family Services \(Child Abuse\)](#) 216-696-5437 (KIDS)

[FrontLine \(Mobile Crisis\)](#) 216-623-6555

[Windsor Laurelwood Hospital](#) 440-953-3000

Community Resources

[Center for Families and Children Heights Suburban Collaborative \(formerly Heights Family to Family Collaborative\)](#)

1941 S. Taylor Road, Cleveland Heights, OH 44118 TEL: (216) 325-9132

HSC- Heights Suburban Collaborative www.thecentersohio.org The Center for Families and Children provide: Health and wellness centers that respond to the individuals 'whole' health. Services include physical health, mental health, case management, care coordination, addiction treatment and wellness activities. Additionally, the Center provides early childhood education programs, special needs resources and adult workforce training.

[First Call for Help](#) Serving 26 counties and covering 3.5 million people in Ohio, the United Way 2-1-1 Help Center provides free and confidential 24-hour access to a compassionate professional who will review your options for help, develop a plan and act as your advocate if you are faced with barriers to service. Simply dial 2-1-1 or chat with us for assistance or 216-436-2000

Grief and Loss Supports

[Cornerstone of Hope](#) 216-524-4673 (HOPE)

[The Gathering Place](#) (Cancer support) 216-455-1517

[Hospice of the Western Reserve](#) 800-707-8922

Mental Health Counseling/Therapy

[Beechbrook](#): 216-831-2255

[Bellefaire JCB](#) :

22001 Fairmount Boulevard Shaker Heights, Ohio 44118 Hours: M–F 9:00am– 5:00pm

TEL: (216)932-2800 or 800-879-2522 www.bellefairejcb.org

Among the nation's largest, most experienced child service agencies providing a variety of behavioral health, substance abuse, education and prevention services. Through more than 25 programs, Bellefaire helps more than 21,700 youths and their families each year achieve resiliency, dignity and self-sufficiency.

- Outpatient Counseling
- School-based Counseling
- Prevention and Early Intervention (SAY - Social Advocates for Youth)
- Homeless and Missing Youth Program
- Domestic and International Adoption (Hague-accredited)
- Foster Care
- Residential Treatment including Crisis Stabilization and Assessment, Drug and Alcohol Treatment, Transitional and Independent Living, and Autism Therapeutic Residential.

- Home to JDN Early Childhood Center, Jewish Big Brother Big Sister and Monarch Center for Autism, which offers programs and services for ages 3 through adulthood.

Mental Health Counseling/Therapy cont.

[Family Behavioral Health Services](#): 440-460-0140

[Family Solutions](#)

Family Solutions is here to help those in the community affected by mental illness and serious emotional disorder, to achieve their hopes, dreams and quality of life.

[Humanistic Counseling Center](#) 216-839-2273 (CARE)

[NAMI \(National Alliance on Mental Illness\)](#) NAMI is the nation's largest grassroots mental health organization dedicated to improving the lives of persons living with serious mental illness and their families. Founded in 1979, NAMI has become the nation's voice on mental illness, a national organization including NAMI affiliates in every state and in over 1200 local communities across the country who join to meet the NAMI mission through advocacy, research, support and education. <https://namigreatercleveland.org/>

[Ohio Guidestone](#) 844-622-5564

[Pipeline to God](#) 216-360-9343

[Psychological and Behavioral Consultants](#) 216-468-5000

[Signature Health](#) 440-578-2800

Cuyahoga County Resources

[Alcohol, Drug Addiction and Mental Health Services \(ADAMHS\)](#)

Board of Cuyahoga County 614 W Superior Ave # 300, Cleveland, OH 44113 General: (216) 348-4830
www.adamhsc.org

[Children's Dyslexia Center](#) - Cleveland (216) 881-2234 Masonic Temple, 3615 Euclid Ave., Cleveland, OH 44115
Cleveland@cdcinc.org Children's Dyslexia Centers – The Masonic Scottish Rite sponsors free training for teachers and free tutoring for children with dyslexia. Each center provides intensive reading instruction for students grades 1-12.

[Cleveland Department of Public Health](#) (216) 664-2324 75 Bethel Ct, Cleveland, OH 44114 www.clevelandhealth.org
Concentrates on the general public health, environmental health conditions, and communicable disease monitoring in the Cleveland area general health district. Services include well-child clinics, child and adult immunizations, occupational health services, and school health services. Hours: Monday - Friday 8:00am - 5:00pm

[Cuyahoga County Board of Developmental Disabilities \(CCBDD\)](#) (216) 241-8230 1275 Lakeside Avenue Cleveland, Ohio 44114 www.cuyahogabdd.org CCBDD offers comprehensive educational, vocational, and supportive services to individuals with moderate, severe and profound developmental disabilities and to their families. Services include information, referral, home training schools and preschool, training for employment and job placement, parent education, and special therapies. Also offers community residential options and provides information and referral for other types of residential services Hours: Monday - Friday 8:00am - 4:30pm

[Cuyahoga County Juvenile Court](#) (216) 443-8400 9300 Quincy Avenue, Cleveland, OH 44106
<http://juvenile.cuyahogacounty.us/>

Assumes responsibility for arraignments, adjudication, and disposition of cases of unruly, delinquent, neglected, dependent, or abused children, and adult cases involving the wellbeing of children, such as paternity, child support, and contributing cases. Handles juvenile traffic cases. Hours: Monday - Friday 8:15am - 4:30pm

[Domestic Violence & Child Advocacy Center](#). The Mission of Domestic Violence & Child Advocacy Center (formerly Bellflower Center) is to empower individuals, educate the community and advocate for justice to end domestic violence

and child abuse. Services include: 24-hour Domestic Violence helpline, emergency shelter, crisis intervention, prevention programs, counseling and help for victims of teen dating violence. (216) 391-HELP (4357) www.dvcac.org

[LGBT Community Center of Greater Cleveland](#)

6600 Detroit Avenue Cleveland, OH 44102 Tel: 216-651-5428 www.lgbtcleveland.org

The LGBT Community Center of Greater Cleveland offers programming for LGBTQ youth and young adults (14-24 years old) that centers on creating genuine connections between peers and increasing access to valuable resources. Our youth and young adults participate in programs geared to their age range while providing a safe and welcoming atmosphere. Programs provide monthly themes to build connection, support, life skills, speaker series, computer access, events, queer crafts, and queer quills.

[24 hour Mental Health Information/Emergency/Crisis Service for Adults and Children](#): (216) 623-6888

Enhances the quality of life for our community through a commitment to excellence in mental health and addiction prevention, treatment and recovery services coordinated through a person-centered network of community support. Hours: Monday - Friday 9:00am-5:00pm

[NEON -Northeast Ohio Network](#) - The Family Support Program (FSP) is a program of the Cuyahoga County Board of Developmental Disabilities (CCBDD). The CCBDD has entered into an agreement with North East Ohio Network (NEON) to assist with the daily operations of the program. CCBDD establishes guidelines for the program, monitors its implementation, and makes necessary modifications to the program. <http://www.neoncog.org/family-supports/cuyahoga/>

[Opportunities for Ohioans with Disabilities](#) [Opportunities for Ohioans with Disabilities \(OOD\)](#) is the state agency that partners with Ohioans with disabilities to achieve quality employment, independence and Social Security disability determination outcomes. It is accomplished through its Bureau of Vocational Rehabilitation (BVR), Bureau of Services for the Visually Impaired (BSVI) and Division of Disability Determination (DDD). A fourth area is the Division of Employer and Innovation Services (EIS), which is responsible for establishing and maintaining partnerships with employers. Counties Served: Ashtabula, Cuyahoga, Geauga, Lake Address: 14650 Detroit Ave, Ste. 200, Lakewood, OH, 44107 Phone: Voice: 216-227-3250; General FAX: 614-985-7840 Toll-Free: 866-325-0026 <https://ood.ohio.gov/wps/portal/gov/ood/>

[Stable Account](#) - Nationwide tax-free savings plan for disability related expenses. STABLE is the Ohio site for this account. <https://www.stableaccount.com/>

[WARMLINE](#) (440) 886-5950 Peer support for mental health consumers. Open seven days a week from 9:00am to 1:00am.

Education Services

[Milestones Autism Resources](#) (216) 464-7600 4853 Galaxy Parkway, Suite A, Warrensville Heights OH 44128

Milestones Autism Resources helps individuals with autism reach their unique potential. We focus on educating and coaching for family members and professionals in evidence-based practical strategies. Our conferences, workshops, professional development, referral calls and online resources connect the autism community with vital information, and each other. www.milestones.org

[Cuyahoga County Board of Developmental Disabilities](#) - The Cuyahoga County Board of DD offers a full range of services, from in-home early intervention programs for very young children and their families to leisure programs for seniors and specialized therapies (speech-language, occupational and physical), psychological services, support administration, family resources and respite care, supported living, vocational training, community employment, rehabilitation engineering and crisis intervention. www.cuyahogabdd.org

[The Arc of Greater Cleveland](#) (216) 622-0755 The ARC serves in many ways including assisting families and individuals with problems in educational, residential and vocational systems. The Arc can provide knowledgeable professionals to speak on a number of topics related to intellectual and developmental disabilities. <http://thearcofgreatercleveland.org>

[Disability Rights Ohio](#) - Disability Rights Ohio is a nonprofit corporation with a mission to advocate for the human, civil and legal rights of people with disabilities in Ohio. In 2012, Disability Rights Ohio replaced Ohio Legal Rights Service as Ohio's

Protection and Advocacy (P&A) system and Client Assistance Program (CAP). It is governed by a Board of Directors, primarily consisting of people with disabilities and family members of people with disabilities. www.disabilityrightsohio.org

[Redtreehouse](http://www.redtreehouse.org).- A program of the Ronald McDonald House, is Ohio's online resource supporting the well-being of Ohio's families and children with challenges, disabilities, and health care needs. It was created to provide a welcoming and vibrant online community for families and professionals to explore and connect to resources and supports for children and young adults. www.redtreehouse.org

[Educational Service Center at the Educational Service Center of Northeast Ohio](http://www.esc-cc.org) - our mission is to serve the needs of the students and educational community by supporting, collaborating and partnering with local, regional, state and national agencies and providing quality leadership, products, programs and professional services. www.esc-cc.org

[Saturday Tutoring Program - Church of the Covenant](mailto:saturdaytutoring@gmail.com) (216) 505-0885 saturdaytutoring@gmail.com

The Saturday Tutoring Program provides free tutoring services for students in grades 1-12 from twenty-eight school districts throughout Greater Cleveland. The program occurs in an environment of mutual learning and respect to help students achieve their academic goals. Our volunteer tutors come from universities, church congregations, service organizations, and the community at-large. Tutors and students cover a variety of subjects including math, reading, and science. Tutors also help students prepare for Ohio tests and college entrance exams.

[Adult Basic and Literary Education \(Tri-C Aspire Program\)](http://www.tri-c.org) (216) 371-7138

Delisle Options Center

14780 Superior Road - Door 9, Cleveland Heights, OH 44118

The program provides free academic skills instruction to people who need assistance acquiring the skills to be successful in college, training or a job. The Aspire program also has classes and resources for ESOL (English Speakers of Other Languages). The program is for adults, 16 and older that have skills below college level. Students applying to the GED program must submit proof of school withdrawal.

[College Now](http://www.collegenow.org) – Greater Cleveland 50 Public Square, suite 1800, Cleveland, OH 44113 (216) 241-5587

College Now is the only college access and success organization with advisors staffed in Greater Cleveland schools throughout the academic year. You can also visit us at the College Now Resource Center in downtown Cleveland or attend one of our community-based programs.

OTHER IMPORTANT WEBSITES

[HEAP](http://www.ohio.gov) - The Home Energy Assistance Program (HEAP) is a federally funded program administered by the Ohio Department of Development, Office of Community Service (OCS). It is designed to help eligible low-income Ohioans meet the high costs of home heating. HEAP provides a one-time payment for Public Utilities Commission of Ohio (PUCO) regulated utility customers for the winter heating season. Vouchers are issued to non-regulated utility customers, master-metered and other applicants who do not have a utility bill in their name. <https://www.benefits.gov/benefit/>

[LIHEAP](http://www.csd.ca.gov) is a federally funded program aimed to assist low-income households that pay a high portion of their income to meet their energy needs. <https://www.csd.ca.gov/Pages/LIHEAPProgram.aspx>

[PIPP](http://www.development.ohio.gov) - The Percentage of Income Payment Plan (PIPP) helps eligible Ohioans manage their energy bills year- round. Payments are based on a percentage of household income and are consistent year-round. https://www.development.ohio.gov/is/is_pipp.htm

[Apples to Apples](http://www.energychoice.ohio.gov): The PUCO furnishes a comparison chart for electric and natural gas providers so each household can make an educated decision in saving them money. <http://www.energychoice.ohio.gov/ApplestoApples.aspx>

Internet providers: INTERNET, CABLE TV, AND PHONE

<https://decisiondata.org>

This website compares providers packages within your area, to help you make an educated decision of what provider benefits your needs the most.

AT&T: <https://att.com/support/contact-us/>

SPECTRUM: <https://buy.spectrum.com/buyflow/buyflow-localization?v=ORG>

WOW: <https://www.wowway.com/>

SENIOR CITIZEN PROGRAMS AND DISCOUNTS

AARP Tax Prep:

This is an ever-changing and complicated service for obvious reasons. CPA is working closely with the local AARP tax prep leaders to determine the best course of action, with the health and safety of the volunteers – and you – in mind. Currently, all appointments will be made at www.aarp.org or by contacting the AARP Foundation at 1-888-687-2277

Restaurant Dining

[Applebee's Senior Discount](#): 10-15% off (varies by location) MAY require [Golden Apple Card](#) (60+)

[Arby's Senior Discount](#): 10% off – Also reports of a free drink (55+) varies by location

[A&W Senior Discount](#) All American Food: 10% Senior discount varies by location

[Boston Market Senior Discounts](#): Discount varies by location (65+)

[Burger King Senior Discount](#): 10% off (60+) plus additional discounts on coffee and soft drink

[Chick-fil-A](#) offers a free refillable senior drink, not including coffee. – Varies by location

[Dairy Queen](#): 10% off seniors (15% for coaches) varies by location (free small drink at some locations)

[Denny's](#): Senior discount varies by location, 15% off for AARP members

[Dunkin' Donuts Senior Discount](#): AARP members receive a free donut with the purchase of a large or XL beverage

[IHOP: Great discounts on senior menu](#) items (55+)

[KFC](#): Free small drink with any meal (55+)

[McCormick & Schmick's](#): 10% savings on food and beverages (excluding alcohol) for AARP members (50+)

[McDonald's](#): Discounts on coffee everyday (55+)

[Mrs. Fields](#): 10% off at participating locations (60+)

[Outback Steakhouse Discounts](#): 10% off AARP members for meals (alcohol excluded)

[Papa John's Senior Discount](#): Papa John's says to check with your local stores (meaning no standard senior discount policy). Try coupon codes GET40 or 25OFF. AMAC members receive 25% off, enter code "25SAVE"

[Subway](#): 10% off (60+) varies by location

[Taco Bell](#): 5% off; free beverages for seniors (65+)

[Waffle House Senior Discounts](#): 10% off every Monday (60+)

[Wendy's Senior Discount](#): Senior age and the special offer will vary depending on the restaurant location. Please ask the restaurant for details.

Retail Stores

[Banana Republic](#): 10% off (No regular days; 50+)

[C.J. Banks/Christopher Banks](#): 10% off every Wednesday (60+)

[Clarks](#): 10% off (62+)

[Dressbarn](#): 10% off Tues and/or Wed (call ahead-varies by location – 55+)

[Goodwill](#): 10% – 20% off one day a week (date varies by location – 55+)

[Hallmark](#): 10% off one day a week (date varies by location; age may vary depending on the product)

[Kohl's](#): 15% off on Wednesdays (60+)

[Ross Stores](#): 10% off every Tuesday (55+)

[The Salvation Army Thrift Stores](#): Up to 50% off, days vary (55+)

[SteinMart](#): 20% off red dot/clearance items first Monday of every month (55+)

[Walgreens Discounts](#): 20% off once a month, "Balance Rewards" card required. (65+ and AARP)

Prescriptions

[AARP](#): With the [AARP Prescription Discount Card](#) (provided by OptumRx), AARP members and their families can save, on average, 61% on FDA-approved generic, brand name, or specialty drugs, your current prescription insurance or Medicare Part D plan fails to cover. Must be a member of AARP to access benefits. AARP boasts acceptance by 66,000 pharmacies nationwide.

[Rite Aid](#): Sign up for the Rite Aid Rx Savings Program. Save 20% on thousands of brand-name and generic prescription drugs by signing up for the Rite Aid Rx Savings Program. When you sign up, you'll receive an Rx Savings Card that gives you access to special discounts at Rite Aid pharmacies.

[Costco Member Prescription Program](#): The Costco Member Prescription Program is a prescription savings program for you and your family. It allows Costco members, who have no prescription drug insurance or whose insurance does not cover all of their prescription medications to save up to 80%, at time of sale.

[CVS Pharmacy](#): Enroll in the [CVS ExtraCare](#) Savings and Rewards program. You'll receive "ExtraSavings" through personalized coupons delivered on receipts, and online via the [ExtraCare Coupon Center](#). ExtraBucks Rewards are earned by shopping and filling prescriptions. You can earn up to 2% back in ExtraBucks Rewards from your everyday purchases. Also, if you fill 10 prescriptions, you can earn \$5 ExtraBucks Rewards through the [ExtraCare Pharmacy & Health Rewards](#) program. [Kmart](#): The [Prescription Savings Club at Kmart](#) (Pharmacy Savings Plus) is annually \$15 per household or \$10 per person. You and the family are then covered for certain generic drugs (starting at \$5 for a 30-day supply and starting at \$10 for a 90-day supply). Also covers 10% of pet prescription and 25% off vaccinations. The [Drug Price lookup tool](#) is an easy way to see if and how much you can save.

Target: On December 16, 2015, Target pharmacies were rebranded as CVS Pharmacies. Your Target (CVS) Pharmacy will already have your prescription records on file. You can access your records and refill your prescriptions at [CVS/Target](#) or by visiting CVS Pharmacy inside Target stores. At the time of the change, Target stated, "As of December 16, 2015, Target Pharmacy guests have automatically moved to CVS Health's network. Guests are encouraged to call their health-plan provider with any questions. For general pharmacy questions, you can contact your local pharmacy or CVS Customer Relations: 1-800-SHOP-CVS (1-800-746-7287). The Target Prescription Savings Plan is no longer being offered. It will be replaced with the CVS pharmacy and CVS rewards plan (which you can review above).

Walgreens Prescription Savings Club: Membership fee required (\$20 individual or \$35 family per year). [Walgreens Prescription Savings Club](#) members get special discounts off the cash price of thousands of brand-name and generic medications as well as other benefits when they use their Prescription Savings Club Card. Additionally, if you don't save at least the cost of your membership fee in one year, Walgreens will give you the difference.

Walmart Pharmacy Services: Walmart pharmacies offer low-cost generic prescription medications that can save you money. Walmart carries both generics (where they boast \$4 refills), branded drugs, and even some pet medications. Check out the [Walmart drug list](#) to see if you can save on your medications, and check out their other services while you're at it.

Senior Discounts on Car Rentals

[Alamo Car Rental](#): Up to 25% off for AARP members

[Avis Senior Discounts](#): AARP members save \$10-\$25 off Avis Car Rental

[Budget Rent-A-Car Senior Discount](#): Everyday savings of 10-25% on all vehicles (domestic and international). Use

[Budget Customer Discount](#) (BCD) # Y508537 to get the lowest rate(s) for AARP members (50+)

[Dollar Rent-A-Car](#): 10% off (50+)

[Hertz Senior Discount](#): Hertz offers exclusive rental car deals for renters 50+. Use discount code CDP# 2007815.

[Payless Senior Discount](#): AARP members enjoy discounts at Payless Car Rental, including everyday savings of 5% on leisure daily, weekly, weekend, and monthly rates. Use Payless Promo Code KW47RY

Senior Discounts on Medical Alert Systems

[MedicalGuardian](#): One month free

[MobileHelp](#): Discounts for veterans and a partner of the Wounded Warrior Project

[LifeFone](#): Two free months with the purchase of an annual plan

Senior Discounts on Cell Phone Plans

AT&T: Discounts available for AARP members – 10% off qualified monthly AT&T voice and data wireless plans and 15% off eligible wireless accessories

Consumer Cellular: 5% discount on usage and monthly fees, 30% discount on select accessories for AARP members

Metro PCS: 5% for AARP members

Rotary club