

# May 2025

## LESD Breakfast Menu - CARSON

| MON                                       |                          | TUES                                       |                               | WED                         |  | THURS |  | FRI |  |
|---|--------------------------|--|-------------------------------|-----------------------------|--|-------|--|-----|--|
| 4/28                                      |                          | 4/29                                       |                               | 4/30                        |  | 5/1   |  | 5/2 |  |
| Bagel & Cream Cheese (v)                  | Variety Cereal (v)       | Chocolate Chip Muffin (v)                  | Variety Cereal (v)            | French Toast (v)            |  |       |  |     |  |
| Applesauce Cups                           | Bahama Bananas           | Orange Smiles                              | Orange Smiles or Apple Slices | Apple Slices                |  |       |  |     |  |
| 8 oz NF or 1% White Milk                  | 8 oz NF or 1% White Milk | 8 oz NF or 1% White Milk                   | 8 oz NF or 1% White Milk      | 8 oz NF or 1% White Milk    |  |       |  |     |  |
| <b>LEAP not in session May 5 - May 9.</b> |                          |  |                               |                             |  |       |  |     |  |
| 5   |                          | 6  |                               | 7                           |  | 8     |  | 9   |  |
| Bagel & Cream Cheese (v)                  | Variety Cereal (v)       | Strawberry Parfait & Granola               | Waffle + Turkey Sausage       | Cinnamon Swirl Pancakes (v) |  |       |  |     |  |
| Applesauce Cups                           | Bahama Bananas           | Harvest of the Month: Organic Strawberries | Orange Smiles or Apple Slices | Apple Slices                |  |       |  |     |  |
| 8 oz NF or 1% White Milk                  | 8 oz NF or 1% White Milk | 8 oz NF or 1% White Milk                   | 8 oz NF or 1% White Milk      | 8 oz NF or 1% White Milk    |  |       |  |     |  |
| 12  |                          | 13   |                               | 14                          |  | 15    |  | 16  |  |
| Bagel & Cream Cheese (v)                  | Variety Cereal (v)       | Chocolate Chip Muffin (v)                  | Variety Cereal (v)            | French Toast (v)            |  |       |  |     |  |
| Applesauce Cups                           | Bahama Bananas           | Orange Smiles                              | Orange Smiles or Apple Slices | Apple Slices                |  |       |  |     |  |
| 8 oz NF or 1% White Milk                  | 8 oz NF or 1% White Milk | 8 oz NF or 1% White Milk                   | 8 oz NF or 1% White Milk      | 8 oz NF or 1% White Milk    |  |       |  |     |  |
| 19  |                          | 20   |                               | 21                          |  | 22    |  | 23  |  |
| Bagel & Cream Cheese (v)                  | Variety Cereal (v)       | Strawberry Parfait & Granola               | Waffle + Turkey Sausage       | Cinnamon Swirl Pancakes (v) |  |       |  |     |  |
| Applesauce Cups                           | Bahama Bananas           | Harvest of the Month: Organic Strawberries | Orange Smiles or Apple Slices | Apple Slices                |  |       |  |     |  |
| 8 oz NF or 1% White Milk                  | 8 oz NF or 1% White Milk | 8 oz NF or 1% White Milk                   | 8 oz NF or 1% White Milk      | 8 oz NF or 1% White Milk    |  |       |  |     |  |
| 26  |                          | 27   |                               | 28                          |  | 29    |  | 30  |  |
| <b>Memorial Day</b>                       | Variety Cereal (v)       | Chocolate Chip Muffin (v)                  | Variety Cereal (v)            | French Toast (v)            |  |       |  |     |  |
| *School not in session.*                  | Bahama Bananas           | Orange Smiles                              | Orange Smiles or Apple Slices | Apple Slices                |  |       |  |     |  |
|   | 8 oz NF or 1% White Milk | 8 oz NF or 1% White Milk                   | 8 oz NF or 1% White Milk      | 8 oz NF or 1% White Milk    |  |       |  |     |  |

(v)= Vegetarian  
(p) = Contains Pork

This institution is an equal opportunity provider.

# May 2025

## LESD Lunch Menu - CARSON

| MON   |  | TUES                                   |   | WED                         |  | THURS                    |  | FRI                      |  |
|---|--|--|---|-----------------------------|--|--------------------------|--|--------------------------|--|
| 4/28  |  | 4/29                                   |   | 4/30                        |  | 5/1                      |  | 5/2                      |  |
| Hamburger (Grass Fed Beef)                      | Chicken Delights                           | Chicken Alfredo with Whole Grain Pasta | Bean & Cheese Pupusa (v)  | Yummy Cheese Pizza Slice    |  | Sliced Peaches           |  | It's Corn                |  |
| Bahama Bananas                                  | Orange Smiles                              | Applesauce Cups                        | Orange Smiles   | 8 oz NF or 1% White Milk    |  | 8 oz NF or 1% White Milk |  | 8 oz NF or 1% White Milk |  |
| Broccoli w/ Ranch                               | Baby Carrots                               | Cool Cucumbers                         | Baby Carrots  | 8 oz NF or 1% White Milk    |  | 8 oz NF or 1% White Milk |  | 8 oz NF or 1% White Milk |  |
| 8 oz NF or 1% White Milk                        | 8 oz NF or 1% White Milk                   | 8 oz NF or 1% White Milk               | 8 oz NF or 1% White Milk  | 8 oz NF or 1% White Milk    |  | 8 oz NF or 1% White Milk |  | 8 oz NF or 1% White Milk |  |
| <b>LEAP not in session May 5 - May 9.</b>       |  |  |   |                             |  |                          |  |                          |  |
| 5   |  | 6                                      |   | 7                           |  | 8                        |  | 9                        |  |
| Bean & Cheese Burrito (v)                       | Grilled Cheese (v)                         | Super Orange Chicken & Organic Rice    | Tamale: Chicken & Red Sauce & String Cheese                       | Chicken Nuggies             |  | Sliced Peaches           |  | It's Corn                |  |
| Bahama Bananas                                  | Harvest of the Month: Organic Strawberries | Applesauce Cups                        | Orange Smiles   | 8 oz NF or 1% White Milk    |  | 8 oz NF or 1% White Milk |  | 8 oz NF or 1% White Milk |  |
| Broccoli w/ Ranch                               | Baby Carrots                               | Jicama Sticks, Edamame                 | Cool Cucumbers, Harvest of the Month: Cilantro, Corn & Bean Salad | 8 oz NF or 1% White Milk    |  | 8 oz NF or 1% White Milk |  | 8 oz NF or 1% White Milk |  |
| 8 oz NF or 1% White Milk                        | 8 oz NF or 1% White Milk                   | 8 oz NF or 1% White Milk               | 8 oz NF or 1% White Milk  | 8 oz NF or 1% White Milk    |  | 8 oz NF or 1% White Milk |  | 8 oz NF or 1% White Milk |  |
| 12  |  | 13                                     |   | 14                          |  | 15                       |  | 16                       |  |
| Hamburger (Grass Fed Beef)                      | Chicken Delights                           | Mozzarella Pull Aparts                 | Beef Rolled Taco (v)  | Yummy Pepperoni Pizza Slice |  | Sliced Peaches           |  | It's Corn                |  |
| Bahama Bananas                                  | Orange Smiles                              | Apple Slices                           | Orange Smiles   | 8 oz NF or 1% White Milk    |  | 8 oz NF or 1% White Milk |  | 8 oz NF or 1% White Milk |  |
| Broccoli w/ Ranch                               | Cool Cucumbers                             | Marinara Sauce, Baby Carrots           | Cool Cucumbers  | 8 oz NF or 1% White Milk    |  | 8 oz NF or 1% White Milk |  | 8 oz NF or 1% White Milk |  |
| 8 oz NF or 1% White Milk                        | 8 oz NF or 1% White Milk                   | 8 oz NF or 1% White Milk               | 8 oz NF or 1% White Milk  | 8 oz NF or 1% White Milk    |  | 8 oz NF or 1% White Milk |  | 8 oz NF or 1% White Milk |  |
| 19  |  | 20                                     |   | 21                          |  | 22                       |  | 23                       |  |
| Bean & Cheese Burrito (v)                       | Grilled Cheese (v)                         | Super Orange Chicken & Organic Rice    | Tamale: Chicken & Red Sauce & String Cheese                       | Chicken Nuggies             |  | Sliced Peaches           |  | It's Corn                |  |
| Bahama Bananas                                  | Harvest of the Month: Organic Strawberries | Applesauce Cups                        | Orange Smiles   | 8 oz NF or 1% White Milk    |  | 8 oz NF or 1% White Milk |  | 8 oz NF or 1% White Milk |  |
| Broccoli w/ Ranch                               | Baby Carrots                               | Jicama Sticks, Edamame                 | Cool Cucumbers, Harvest of the Month: Cilantro, Corn & Bean Salad | 8 oz NF or 1% White Milk    |  | 8 oz NF or 1% White Milk |  | 8 oz NF or 1% White Milk |  |
| 8 oz NF or 1% White Milk                        | 8 oz NF or 1% White Milk                   | 8 oz NF or 1% White Milk               | 8 oz NF or 1% White Milk  | 8 oz NF or 1% White Milk    |  | 8 oz NF or 1% White Milk |  | 8 oz NF or 1% White Milk |  |
| 26  |  | 27                                     |   | 28                          |  | 29                       |  | 30                       |  |
| <b>Memorial Day</b><br>*School not in session.* | Chicken Delights                           | Mozzarella Pull Aparts                 | Beef Rolled Taco (v)  | Yummy Cheese Pizza Slice    |  | Sliced Peaches           |  | It's Corn                |  |
|   | Orange Smiles                              | Apple Slices                           | Orange Smiles   | 8 oz NF or 1% White Milk    |  | 8 oz NF or 1% White Milk |  | 8 oz NF or 1% White Milk |  |
|   | Cool Cucumbers                             | Marinara Sauce, Baby Carrots           | Cool Cucumbers  | 8 oz NF or 1% White Milk    |  | 8 oz NF or 1% White Milk |  | 8 oz NF or 1% White Milk |  |
|   | 8 oz NF or 1% White Milk                   | 8 oz NF or 1% White Milk               | 8 oz NF or 1% White Milk  | 8 oz NF or 1% White Milk    |  | 8 oz NF or 1% White Milk |  | 8 oz NF or 1% White Milk |  |

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