

May 2025

Smoky Mountain High School

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

Blue jeans were official invented in May of 1873 after Levi Strauss and Jacob Davis obtained a patent for the pants on May 20th.

3) Piggletick w/syrup
Blueberries

Chicken Nuggets
Mashed Potatoes
Seasoned Peas
Roll
Peach Cup

1) Pancakes w/ syrup
Strawberries
Chicken Sliders
Seasoned Spiral Fries
Seasoned Mixed
Vegetables
Biscuit
Mixed Berry Cup

2) French Toast Sticks
Applesauce

Chicken Sandwich
Lettuce, Tomato, Pickles
Oven Baked Fries
Fruit Cup

Egg & Sausage Biscuit
Diced Peaches

Hamburger w/ or w/out
cheese

Lettuce, Tomato, Pickle
Oven Baked Fries
Broccoli Florets w/ dip
Mixed Berry Cup

Chicken Biscuit
Mixed Berry Cup

Kielbasa Sausage OR
Chicken Gyro
Roasted Broccoli
Caesar Salad
Fresh Apple

Egg, Sausage & Cheese
Biscuit, Mandarin Oranges

Corn Dog
Oven Baked Fries
Baked Beans
Fruit Cup

Super Donut
Strawberry Cup

Taco Salad
Lettuce, Salsa, Sour Cream
Whole Kernal Corn
Refried Beans
Spanish Rice
Mandarin Oranges

Sausage Biscuit
Fresh Apple

Meatballs w/ Rice
Glazed Carrots
Egg Roll
Fresh Orange

Breakfast Pizza
Pineapple Tidbits

Club Sandwich w/ cheese
Lettuce, Tomato,
Onion, Pickle
Chips
Fruit Cup

Bagel w/ cream cheese
Fresh Apple

Corn Dog
Oven Baked Fries
Glazed Carrots
Applesauce

Breakfast Pizza
Mandarin Oranges

Mini Corn Dogs
Glazed Carrots
Tater Tots
Strawberry Cup

Eggs, Sausage, Biscuit
Fresh Orange

Hot Dog w/ or w/out chili
Cole Slaw
Baked Beans
Oven Baked Fries
Pineapple Tidbits

Super Donut

Hamburger w/ or
w/out cheese
Lettuce, Tomato, Pickles
Tater Tots
Fruit Cup

Chicken Biscuit
Sliced Peaches

Pizza
Garden Salad w/ dressing
Broccoli w/ cheese sauce
Pineapple Tidbits

Sausage Biscuit
Strawberry Cup

Cheese Dippers
Marinara Sauce
Ceasar Salad
Fresh Apple

Biscuit & Gravy
Pineapple Tidbits

Pizza
Garden Salad w/ dressing
Carrot Sticks w/ dip
Mandarin Oranges

Chicken Biscuit
Sliced Peaches

Hot Pocket
Seasoned Green Beans
Fruit Cup

Breakfast:

Entrée, Grain/Bread, Fruit, Juice, & Milk

Additional Daily Breakfast Options:
Fruit, Yogurt & Granola Parfaits

Oatmeal and

Breakfast Bistro Boxes:

Week 1:

Peanut Butter Cup -1oz.

Graham Crackers

Apple Slices

Week 2:

Bagel, Cream Cheese Cup, Craisins

Week 3:

Boiled Egg, Cheese Stick, Cinnamon

Toast, Orange Slices

Lunch:

Choice of Entrée, Grain/Bread,
Vegetable, Fruit, Milk

Additional Daily Lunch Options:

PBJ, Chef Salad, Pizza Kit & Yogurt

Plate

USDA Regulations:

**Students must take 1/2 cup fruit
or 1/2 cup vegetable with breakfast
& lunch

Menus are subject to change according
to product availability & weather.

“USDA is an equal opportunity provider
and employer”

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