Fredericksburg Independent School District
School Nutrition Services

234 Friendship Lane ✯ Fredericksburg, Texas 78624 ✯(830) 997-9551 ✯ Fax (830) 997-6164

Special Dietary Needs

Fredericksburg ISD operates the National School Meals Program of the United States Department of Agriculture (USDA) and follows the guidelines for Accommodating Children with Special Needs.

Menu Changes may be provided for either:

The school nutrition program will provide reasonable accommodations for reimbursable meals at no additional charge when (1) a student's disability restricts his/her diet and (2) the disability is supported by a medical statement signed by a medical authority that is licensed by the State to write medical prescriptions.

(1) Students who have a disability that requires and Individual Education Plan or a 504 plan and also have a special dietary need.

(2) Students who do not have a disability covered by the Americans' with Disability Act (ADA), but who have a disease that is life threatening or a food allergy that is life threatening that requires immediate medical attention such as an epi pen to treat anaphylactic shock.

First step is to have a medical doctor who is licensed to practice medicine in Texas to complete and sign the Request for Dietary Accommodation. A medical statement must include the following information in order for FISD School Nutrition to make a meal accommodation:

1) Explanation of the student's disability which includes a description that is sufficient to allow the CE to understand how this condition restricts the student's diet and what major life activity is affected by the disability.

2) Description of the accommodation to be made: food items or ingredients to be omitted, special dietary supplements, food items or ingredients to be substituted and other accommodation information as appropriate.

For children who do not meet the definition of a disability or who do not have a food allergy or disease that is life threatening that requires alternate menu provisions, our menus located on the Fredericksburg ISD web page may be used to sort and identify foods or menu items that contain specific allergens. FISD uses offer vs. serve and most of our menus offer alternate meals/sides and/or components that the students may choose from. Offer vs. Serve also means that if a student is lactose intolerant they may *choose* not to have milk. There is water available in or right by each cafeteria.

If you have questions regarding specific nutritional information you may contact Kelsey Kerr, FISD Director of School Nutrition at 830-997-9551 Ext. 1027 or email kelseyk@fisd.org.